

Context

Main objective of the project	Innovation
Project Title	Digi-Ageing – overcoming Loneliness
Project Acronym	Digi-Ageing
Project Start Date (yyyy-mm-dd)	2020-10-01
Project Total Duration	34 months
Project End Date (yyyy-mm-dd)	2023-07-31
National Agency of the Applicant Organisation	AT01 OeAD – OeAD (Österreichische Austauschdienst)-GmbH
Language used to fill in the form	English

For further details about the available Erasmus+ National Agencies, please consult the following page:

<https://ec.europa.eu/programmes/erasmus-plus/contact>

Project Summary

Please provide a short summary of your project. Please recall that this section (or part of it) may be used by the European Commission, Executive Agency or National Agencies in their publications. It will also feed the Erasmus+ Project Results Platform.

Be concise and clear and mention at least the following elements: context/background of project; objectives of your project; number and profile of participants; description of activities; methodology to be used in carrying out the project; a short description of the results and impact envisaged and finally the potential longer term benefits. The summary will be publicly available in case your project is awarded.

In view of further publication on the Erasmus+ Project Results Platform, please also be aware that a comprehensive public summary of project results will be requested at report stage(s). Final payment provisions in the contract will be linked to the availability of such summary.

The project aims to support VET-Providers, Caregivers and the final beneficiaries, the elderly people, to find solutions in preventing and coping with loneliness with the help of dedicated Training, Counselling and digital Tools.

Loneliness is widely recognized as among the most significant and entrenched issues facing our aging society, which is sadly proofed by the actual CoViD-19 Crisis. The social isolation from the current COVID-19 pandemic triggers an ethical dilemma, especially for institutionalized older people who may be visited by a carer twice a day. Its importance is shown by the fact that this public health measure reduces the risk of infection, but that loneliness is the answer to emotional, social and existential isolation. The effects of loneliness can also be seen in negative health-related outcomes.

Loneliness is a negative emotion associated with a perceived gap between existing relationships and desired ones. The effect of loneliness is harmful to health and increases the risk of disability.

Through the development of a blended learning solution, caregivers will be empowered to identify and reach lonely individuals, to measure and to understand the nature of an individuals loneliness and to support them to access social contacts and appropriate services.

A partnership of 7 organisations (VET Provider and HEIs with continuing Training programmes) came together from 5 partner countries (Austria, Cyprus, Italy, Lithuania and Spain), all of them with longstanding expertise in the field of elderly care to develop a holistic approach to identify and intervene against loneliness.

Main products of the project will consist in five Intellectual outcomes:

IO1: Country Research reports on loneliness, specification book for diagnostic- and intervention-tools; including Country specific adaptations

IO2: Prevent-Loneliness Networks (real-life and virtual) and Policy Recommendations

IO3: Digital Diagnostic Tool on Identifying Loneliness

IO4: Digital Tool on Preventing Loneliness

IO5: Curricula for blended training programme on prevention of loneliness

Target groups and final beneficiaries are initial and continuous VET-Provider in the field of elderly care, (including HEIs with continuous VET Training programme for "in Service staff"), Elderly Care Centres, vocational educators in these centers, caregivers (nurses, social workers, etc) and elderly people themselves.

Within this project, also 14 head trainers will participate in a short term staff training to receive needed competences to deliver train the trainer programmes in their countries, at least 60 VET-Trainer and HEI lectures and will be facilitators of the blended learning programme and at least 125 caregivers get trained to use the tool. This will lead to a countable number of elderly people who will be supported to overcome their loneliness.

As long term impact, this project pilots "Loneliness prevention Networks" as good practice for sustainable implementation, it enhances competencies on the use of digital tools in the elderly care sector and for elderly people themselves and to mainstream different efforts to combat the huge challenge of a lonely aging society.

And, not to forget the extraordinary importance of the project outcomes in times of quarantine caused by pandemics like in early 2020.

Applicant Organisation

Organisation ID	Legal name	Country
E10061578	HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH	Austria

Partner Organisations

No	Organisation ID	Legal name	Country
1	E10209122	UNIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH	Austria
2	E10208585	UNIVERSITY OF CYPRUS	Cyprus
3	E10152134	AGECARE (CYPRUS) LTD	Cyprus
4	E10019696	Consulenza Direzionale di Paolo Zaramella	Italy
5	E10030595	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL	Spain
6	E10191520	MYKOLO ROMERIO UNIVERSITETAS	Lithuania

Project Budget Summary

Budget Items	Grant
Project Management and Implementation	68.000,00 EUR
Transnational Project Meetings	31.835,00 EUR
Intellectual Outputs	203.201,00 EUR
Multiplier Events	23.000,00 EUR
Learning, Teaching, Training Activities	12.120,00 EUR
Exceptional Costs	14.000,00 EUR
Total Grant	352.156,00 EUR

Transnational Projects Meetings

ID	Meeting Title	No. of Participants	Grant
1	kick off meeting	8	4.005,00 EUR
2	Second Partner Meeting	9	4.395,00 EUR
3	Third Partner Meeting	9	4.950,00 EUR
4	Forth Partner Meeting	14	7.600,00 EUR
5	Fifth Partner Meeting	9	4.395,00 EUR
6	Final dissemination Meeting	12	6.490,00 EUR
Total			31.835,00 EUR

Intellectual Outputs

ID	Output Title	Category of Staff	No. of Working Days	Grant
O2	Prevent-Loneliness Networks (real-life and virtual) and Policy Recommendations	Teachers/Trainers/Researchers/Youth workers	224	39.024,00 EUR
O5	Curricula for blended training programme on prevention of loneliness	Teachers/Trainers/Researchers/Youth workers	222	42.064,00 EUR
O4	Digital Tool on Preventing Loneliness	Teachers/Trainers/Researchers/Youth workers	191	33.163,00 EUR
O3	Digital Diagnostic Tool on Identifying Loneliness	Teachers/Trainers/Researchers/Youth workers	222	37.410,00 EUR
O1	Country Research reports on loneliness, specification book for diagnostic- and intervention-tools; including Country specific adaptations	Teachers/Trainers/Researchers/Youth workers	186	31.610,00 EUR
O4	Digital Tool on Preventing Loneliness	Technicians	90	9.180,00 EUR
O3	Digital Diagnostic Tool on Identifying Loneliness	Technicians	90	9.180,00 EUR
O1	Country Research reports on loneliness, specification book for diagnostic- and intervention-tools; including Country specific adaptations	Administrative support staff	10	1.570,00 EUR
Total			1,235	203.201,00 EUR

Multiplier Events

ID	Event Title	Country of Venue	Local Participants	Foreign Participants	Grant
E5	Awareness Raising on Loneliness and discussion of coping strategies	Lithuania	20	0	2.000,00 EUR
E6	Disseminate tools and innovative approaches for elderly	Austria	25	0	2.500,00 EUR
E7	Disseminate tools and innovative approaches for elderly	Cyprus	25	0	2.500,00 EUR
E8	Disseminate tools and innovative approaches for elderly	Italy	20	0	2.000,00 EUR
E9	Disseminate tools and innovative approaches for elderly	Spain	20	0	2.000,00 EUR
E10	Final Dissemination Event together with Project Meeting	Lithuania	20	5	3.000,00 EUR
E1	Awareness Raising on Loneliness and discussion of coping strategies	Austria	25	0	2.500,00 EUR
E2	Awareness Raising on Loneliness and discussion of coping strategies	Cyprus	25	0	2.500,00 EUR
E3	Awareness Raising on Loneliness and discussion of coping strategies	Italy	20	0	2.000,00 EUR
E4	Awareness Raising on Loneliness and discussion of coping strategies	Spain	20	0	2.000,00 EUR
Total			220	5	23.000,00 EUR

Learning, Teaching, Training Activities

ID	Activity Type	Travel Grant	Grant for Exceptional Costs for Expensive Travel	Individual Support Grant	Linguistic Support Grant	Grant
C1	Short-term joint staff training events	3.640,00 EUR	0,00 EUR	8.480,00 EUR	0,00 EUR	12.120,00 EUR
Total		3.640,00 EUR	0,00 EUR	8.480,00 EUR	0,00 EUR	12.120,00 EUR

Exceptional Costs

ID	Description and Justification	Grant
1	Translation-support for IO1-IO5	900,00 EUR
2	Translation-support for IO1-IO5	900,00 EUR
3	Translation-support for IO1-IO5	900,00 EUR
4	Translation-support for IO1-IO5	1.200,00 EUR
5	Cost of External Evaluation. External evaluation is required to provide independent advice, and act as a critical friend in the development process. The key role is to ensure the quality of the products and advise for sustainable implementation of the results.	3.000,00 EUR
6	Video production, audio voice over	900,00 EUR
7	Video production, audio voice over	900,00 EUR
8	Video post production, audio voice over	900,00 EUR
9	Translation-support for IO1-IO5	900,00 EUR
10	Video production (footage and postproduction), audio voice over	1.500,00 EUR
Total		14.000,00 EUR

ID	Description and Justification	Grant
11	Video production (footage and postproduction), audio voice over	2.000,00 EUR
Total		14.000,00 EUR

Budget per Participating Organisation

Organisation	Country of Organisation	Grant
HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)	Austria	94.665,00 EUR
UNIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	Austria	44.586,00 EUR
UNIVERSITY OF CYPRUS (E10208585, CY)	Cyprus	50.552,00 EUR
AGECARE (CYPRUS) LTD (E10152134, CY)	Cyprus	37.487,00 EUR
Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	Italy	50.859,00 EUR
ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	Spain	38.990,00 EUR
MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	Lithuania	35.017,00 EUR

Budget Details per Participating Organisations (HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT))

Budget Items	Grant
Project Management and Implementation	17.000,00 EUR
Transnational Project Meetings	6.490,00 EUR
Intellectual Outputs	64.471,00 EUR
Multiplier Events	2.500,00 EUR
Learning, Teaching, Training Activities	2.204,00 EUR
Exceptional Costs	2.000,00 EUR
Total Grant	94.665,00 EUR

Budget Details per Participating Organisations (UNIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT))

Budget Items	Grant
Project Management and Implementation	8.500,00 EUR
Transnational Project Meetings	4.395,00 EUR
Intellectual Outputs	25.787,00 EUR
Multiplier Events	2.500,00 EUR
Learning, Teaching, Training Activities	2.204,00 EUR
Exceptional Costs	1.200,00 EUR
Total Grant	44.586,00 EUR

Budget Details per Participating Organisations (UNIVERSITY OF CYPRUS (E10208585, CY))

Budget Items	Grant
Project Management and Implementation	8.500,00 EUR
Transnational Project Meetings	3.800,00 EUR
Intellectual Outputs	34.252,00 EUR
Multiplier Events	2.500,00 EUR
Exceptional Costs	1.500,00 EUR
Total Grant	50.552,00 EUR

Budget Details per Participating Organisations (AGECARE (CYPRUS) LTD (E10152134, CY))

Budget Items	Grant
Project Management and Implementation	8.500,00 EUR
Transnational Project Meetings	3.800,00 EUR
Intellectual Outputs	20.687,00 EUR
Multiplier Events	2.500,00 EUR
Learning, Teaching, Training Activities	1.100,00 EUR
Exceptional Costs	900,00 EUR
Total Grant	37.487,00 EUR

Budget Details per Participating Organisations (Consulenza Direzionale di Paolo Zaramella (E10019696, IT))

Budget Items	Grant
Project Management and Implementation	8.500,00 EUR
Transnational Project Meetings	4.395,00 EUR
Intellectual Outputs	29.960,00 EUR
Multiplier Events	4.000,00 EUR
Learning, Teaching, Training Activities	2.204,00 EUR
Exceptional Costs	1.800,00 EUR
Total Grant	50.859,00 EUR

Budget Details per Participating Organisations (ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES))

Budget Items	Grant
Project Management and Implementation	8.500,00 EUR
Transnational Project Meetings	4.950,00 EUR
Intellectual Outputs	17.536,00 EUR
Multiplier Events	4.000,00 EUR
Learning, Teaching, Training Activities	2.204,00 EUR
Exceptional Costs	1.800,00 EUR
Total Grant	38.990,00 EUR

Budget Details per Participating Organisations (MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT))

Budget Items	Grant
Project Management and Implementation	8.500,00 EUR
Transnational Project Meetings	4.005,00 EUR
Intellectual Outputs	10.508,00 EUR
Multiplier Events	5.000,00 EUR
Learning, Teaching, Training Activities	2.204,00 EUR
Exceptional Costs	4.800,00 EUR
Total Grant	35.017,00 EUR

Timetable

Note that Transnational Project Meetings, Intellectual Outputs, Multiplier Events and Learning, Teaching and Training activities will be listed in this table automatically once you have created them in the dedicated section of the form.

ID	Activity Type	Starting Period	Description
1	Transnational Projects Meeting	10-2020	kick off meeting
2	Intellectual Output	10-2020	Country Research reports on loneliness, specification book for diagnostic- and intervention-tools; including Country specific adaptations
3	Intellectual Output	01-2021	Prevent-Loneliness Networks (real-life and virtual) and Policy Recommendations
4	Intellectual Output	03-2021	Digital Diagnostic Tool on Identifying Loneliness
5	Multiplier Event	04-2021	Awareness Raising on Loneliness and discussion of coping strategies
6	Multiplier Event	04-2021	Awareness Raising on Loneliness and discussion of coping strategies
7	Multiplier Event	04-2021	Awareness Raising on Loneliness and discussion of coping strategies
8	Multiplier Event	04-2021	Awareness Raising on Loneliness and discussion of coping strategies
9	Multiplier Event	04-2021	Awareness Raising on Loneliness and discussion of coping strategies
10	Transnational Projects Meeting	05-2021	Second Partner Meeting
11	Intellectual Output	05-2021	Digital Tool on Preventing Loneliness
12	Intellectual Output	07-2021	Curricula for blended training programme on prevention of loneliness
13	Transnational Projects Meeting	12-2021	Third Partner Meeting
14	Short-term joint staff training events	06-2022	TRAIN THE TRAINER PROGRAM
15	Transnational Projects Meeting	07-2022	Forth Partner Meeting
16	Multiplier Event	09-2022	Disseminate tools and innovative approaches for elderly

ID	Activity Type	Starting Period	Description
17	Multiplier Event	09-2022	Disseminate tools and innovative approaches for elderly
18	Multiplier Event	09-2022	Disseminate tools and innovative approaches for elderly
19	Multiplier Event	09-2022	Disseminate tools and innovative approaches for elderly
20	Transnational Projects Meeting	01-2023	Fifth Partner Meeting
21	Multiplier Event	05-2023	Final Dissemination Event together with Project Meeting
22	Transnational Projects Meeting	06-2023	Final dissemination Meeting

Participating Organisations

Please note that the Organisation ID has replaced the PIC as the unique identifier for the organisation to apply for Erasmus+ and European Solidarity Corps actions managed by National Agencies. Organisations that have a PIC and have previously applied for funding in these programmes through the National Agencies have been assigned an Organisation ID automatically. Please use the Erasmus+ and European Solidarity Corps platform to check an Organisation ID, update information linked to it or register a new organisation: <https://webgate.ec.europa.eu/erasmus-esc/organisation-registration>

Applicant Organisation

Organisation ID	E10061578
Legal name	HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH
Legal name (national language)	Hafelekar
National ID (if applicable)	FN251806D
Address	Eschenbachgasse 58/2
Country	Austria
Postal Code	3040

City	Neulengbach
Website	www.hafelekar.at
Email	paul.schober@hafelekar.at
Telephone	+43277220480, +436769215566

Profile

Type of Organisation

Research Institute/Centre

Is the organisation a public body?

No

Is the organisation a non-profit?

No

Associated Persons

Please provide information about this organisation's legal representative and contact persons for the project. Legal representative is the person authorised to sign legally binding documents on behalf of the organisation, while the contact persons are people who will be managing the project.

One of the contact persons must be designated as 'preferred contact'. This person will be contacted by the National Agency if there are questions about the project or the organisation, and in case the project is selected they will receive access to project management and reporting tools.

Legal Representative (HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH)

Title	Dr.
Gender	Male
First Name	Paul
Family Name	Schober
Department	Management
Position	Managing Director
Email	paul.schober@hafelekar.at
Telephone	+436769215566
Preferred Contact	No
If the address is different from the one of the organisation	No

Contact Person (HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH)

Title	Maga.
Gender	Female
First Name	Karin
Family Name	Lackner
Department	EU-Projekte
Position	Leitung EU-Projekte
Email	karin.lackner@hafelekar.at
Telephone	+43277220480
Preferred Contact	Yes
If the address is different from the one of the organisation	No

Background and Experience

Please briefly present the organisation/group (e.g. its type, scope of work, areas of activity and if applicable, approximate number of paid/unpaid staff, learners and members of the group)

Hafelekar (HAF) was founded in 2001. Hafelekar combines expertise in managerial, social and educational sciences. Customers are business companies, non-profit organisations as well as clients in the public sector.

Hafelekar is mainly engaged in the following lines of business: Consulting, Research, Studies, Surveys, Evaluation, Validation of informal and non-formal learning, Development of (ICT) training models, Curricula design, Analysis of training needs, Vocational orientation, Career guidance, Process Management, EU-funded projects. A close cooperation exists with the University of Innsbruck (Department for Knowledge Organisation) in the area of qualitative social research. Hafelekar also cooperates with other Applied Universities in Austria. Furthermore Hafelekar is integrated in a dense network of VET and related institution and bodies.

Hafelekar is very experienced in digital media production, distance and blended learning solutions, as we have high-level pedagogical experience and we cooperated in various projects developing different E-learning systems.

Hafelekar has a very flexible organisation with a core team of 4 employees (project manager), together with part time back office administratives and around 10 to 15 freelancer working on different projects.

Within our group we train around 100 executives and around 50 vocational trainers a year, in cooperation with applied Universities in Austria we train another 100 students.

What are the activities and experience of the organisation in the areas relevant for this project? What are the skills and/or expertise of key persons involved in this project?

Hafelekar has a long lasting experience in Research and Consulting in the Elderly Care Sector: We consulted the Regional Governments of Tyrol ("Evaluation und Handlungsempfehlungen für die Stationäre Pflege in Tirol") and Upper Austria ("Studie Sozialhilfeverbände") in huge Change projects for the public Health Care sector as well as various communities and Elderly Care Homes in Tyrol.

Hafelekar as a subcontractor, together with two other partners of the project (UMIT and Consulenza Direzionale) carried out an Interreg CBC programme on improvement of elderly care:

- CaRe project (Interreg Italy - Austria) is focused on "case and care" management tools; and it is setting up an holistic approach for elderly people, putting together private and public institutions, creating also local networks;

DR PAUL SCHOBER

PHD in economics, post graduated academic education management, certified Symbol Coach and Supervisor, public relations and accounting for a non profit organisation in health and handicapped sector, development of workshops & trainings; trainer, coach; development of an e-learning centre;

Currently: managing director of Hafelekar, development and management of EU-projects, lecturer at the University of Innsbruck and Management Center, publications in the field of education, Evaluation of Elderly Care, Migration, apprenticeship, entrepreneurship, knowledge management, change management and innovation strategies.

MAG. (FH) Margot Cammerlander

Master degree in social work at applied university, post graduate training in family counselling and symbol work. More than 20 years experience in work with young people in various settings. Streetworker, outreach adviser, advisory service for drug addicts, family counsellor, volunteer in Montessori School, involved in different training activities, chair person in an association for refugees, expert in family therapy and drug prevention

KARIN LACKNER

Masters degree in cultural studies; freelance at the publishing company News GmbH; head of department 'Organisation' in business area 'IT & Organisation' at VA TECH / Vienna; EU project management, human resource development and quality management for the National Agency for Lifelong Learning / Vienna; official expert on EU projects working for the European Commission and the National Agency Austria; Since 2011: business line manager EU projects at Hafelekar responsible for management and coordination of EU projects and innovative technology projects, general project management and consulting in public and private sector.

Has the organisation participated in a European Union granted project in the 3 years preceding this application?

Yes

Please indicate:

EU Programme	Year	Project Identification or Contract Number	Applicant/Beneficiary Name
Erasmus+ CBHE	2019	610447-EPP-1-2019-UK-EPPKA2-CBHE-JP	University of Gloucestershire
Erasmus+ KA2	2019	2019-1-HU01-KA201-060962	Rogers Személyközpontú Alapítvány
Erasmus+ KA2	2019	2019-1-UK01-KA202-061965	University of Gloucestershire
Erasmus+ KA2	2019	2019-1-IE01-KA202-051543	Ballymun Job Centre
Erasmus+ KA2	2019	2019-1-ES01-KA202-064348	Asociación Caminos
Erasmus+ KA2	2018	2018-1-DE02-KA202-005183	Sozialwerk Dürener Christen
Erasmus+ KA2	2018	2018-1-DE02-KA202-005218	Betriebswirtschaftliches Forschungszentrum für Fragen der mittelständischen Wirtschaft e. V. an der Universität Bayreuth
Erasmus+ KA2	2017	2017-1-UK01-KA203-036715	University of Gloucestershire

Partner Organisations

Organisation ID	E10209122
Legal name	UMIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH
Legal name (national language)	UMIT
National ID (if applicable)	215003G
Address	EDUARD WALLNOEFER - ZENTRUM 1
Country	Austria
Postal Code	6060
City	HALL IN TIROL
Website	
Telephone	+43508648-3000
Fax	+43508648-67300

Profile

Type of Organisation

Higher education institution (tertiary level)

Is the organisation a public body?

No

Is the organisation a non-profit?

Yes

Accreditation

Accreditation Type**Accreditation Reference**

Erasmus Charter for Higher Education

A INNSBRU20

Associated Persons

Please provide information about this organisation's legal representative and contact persons for the project. Legal representative is the person authorised to sign legally binding documents on behalf of the organisation, while the contact persons are people who will be managing the project.

One of the contact persons must be designated as 'preferred contact'. This person will be contacted by the National Agency if there are questions about the project or the organisation, and in case the project is selected they will receive access to project management and reporting tools.

Legal Representative (UMIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH)

Title	Univ. Prof. Dr.
Gender	Female
First Name	Sabine
Family Name	Schindler
Department	Rectorate
Position	Rector
Email	rektorat@umit.at
Telephone	+435086483890
Preferred Contact	No
If the address is different from the one of the organisation	No

Contact Person (UMIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH)

Title	Assoc.-Prof. MMag. Dr.
Gender	Female
First Name	Eva
Family Name	Schulc
Department	Nursing Science
Position	Assoc. Prof.
Email	eva.schulc@unit.at
Telephone	+435086483833
Preferred Contact	Yes
If the address is different from the one of the organisation	No

Background and Experience

Please briefly present the organisation/group (e.g. its type, scope of work, areas of activity and if applicable, approximate number of paid/unpaid staff, learners and members of the group).

The university is divided into four departments: Biomedical Informatics and Mechatronics, Public Health, Healthcare Research and Health Technology Assessment, Nursing Science and Gerontology, Psychology and Medical Sciences.

At the Department of Nursing Science and Gerontology, nursing and age are considered a responsibility of society as a whole which must be proceeded with in an interdisciplinary and holistic manner. A clear orientation towards the requirements of nursing practice and towards the needs of the people and society characterize the methods and the prioritization of the individual research

areas (www.umit.at). From 2006 up to now three types of Nursing Science Study Programs have been provided: the Bachelor Study of Nursing Science, the Master Study of Nursing Science, the Doctoral Study of Nursing Science. Within the Bachelor Study 1115 graduates obtained their degrees, within the Master Study 246 graduates and within the Doctoral Study 108 Graduates obtained their degrees.

In 2018, nursing education at the tertiary education level was launched for the first time in Austria within the framework of cooperation with the Health University of Applied Sciences Tyrol. This results in new fields of research with regard to the transfer of knowledge. Through this cooperation, we are able to access about 350 students.

What are the activities and experience of the organisation in the areas relevant for this project? What are the skills and/or expertise of key persons involved in this project?

The Department of Nursing Science & Gerontology addresses the following topics within the scope of research, development and teaching:

- People in Old Age (housing, life and autonomy in old age, care dependency; aging in cultural, social and economic contexts; effects of the demographic development...)
- Nursing Interventions and Quality of Care (e.g. assessment instruments; effectiveness and efficiency; nursing-related pain and symptom management; user perspectives and patient preferences; decision making...)
- Training & Professionalization in Nursing (development of new skills profiles; development of new study programs; ...)
- Innovative Care Concepts (e.g. palliative care and hospice movement; care forms for patients with dementia; health promotion – preventive home visit; case and care management; ...)

key staff and experience

Univ.-Prof. Dr. Christa Them is an acknowledged expert in the sector of nursing science with postdoctoral lecture qualification. She was Rector of UMIT, the Private University for Health Sciences, Medical Informatics and Technology from 2009 to 2015, and has been head of the Institute of Nursing Science at UMIT in Hall in Tirol (Austria) since 2006.

Christa Them is a Registered nurse. From 1991 to 2006 she was in the position as head of the nursing education department at the AZW training center for healthcare professions in Innsbruck.

Christa Them has been pursuing an ongoing academic career.

She attended the diploma studies of pedagogics in Vienna as well as the doctoral studies of pedagogics at the University of Innsbruck. In 2003, she was promoted to professor in health Sciences under special consideration of nursing science at UMIT in Hall in Tirol. In 2006, she was appointed university professor at UMIT.

Assoc.-Prof. Dr. Eva Schulc is an acknowledged expert in the sector of nursing science with postdoctoral lecture qualification. She started her academic career as physiotherapist and Sports and Health Scientist. In 2010, she finished her doctoral studies in Nursing Science at UMIT – Private University for Health Sciences, Medical Informatics and Technology in Hall in Tirol, Austria, and was

appointed Assistant Professor in 2015.

In 2017, she was awarded the Venia docendi in Nursing Science for her habilitation thesis entitled „Community-Based Health Promotion and Prevention of Elderly People“ at UMIT.

She was appointed Associate Professor in 2018. Her research focus is on Public/Community Health Nursing and Healthcare research.

Mrs. Alessandra Gessl is a research associate and doctoral candidate in Public Health at UMIT – Private University for Health Sciences, Medical Informatics and Technology in Hall in Tirol, Austria.

With a background in Psychology (BSc), she obtained her master's degree (MA) in Health Management in 2017 with her thesis on personality, resilience and technology acceptance among the future elderly. She is among the first to investigate and write a publication on the link between resilience and technology acceptance. Her research interests lie in health economics, public health, and personal resilience factors that influence health prevention and promotion.

Has the organisation participated in a European Union granted project in the 3 years preceding this application?

Yes

Please indicate:

EU Programme	Year	Project Identification or Contract Number	Applicant/Beneficiary Name
Interreg V-A Italia-Österreich	2017	CCI-N. 2014TC16RFCB052	UMIT
Erasmus+ Sport	2019	613598-EPP-1- 2019-1-SI-SPOSCP	Slovenska Antidoping Organizacija
Erasmus+	2019	2019-1-ES01- KA203-065836	FUNDACIO TECNOCAMPUS MATAROMARESME
Erasmus+ Sport	2018	598587-EPP-1- 2018-1-EL-EPPKA2- CBHE-JP	TECHNOLOGICAL EDUCATIONAL INSTITUTE OF CRETE

Partner Organisations

Organisation ID	E10208585
Legal name	UNIVERSITY OF CYPRUS
Legal name (national language)	UCY
National ID (if applicable)	LAW 144/1989

Department (if applicable)	Department of Computer Science
Acronym	UCY
Address	KALLIPOLEOS STREET 75
Country	Cyprus
P.O. Box	20537
Postal Code	1678
City	NICOSIA
Website	www.ucy.ac.cy
Telephone	+35722894288
Fax	+35722894472

Profile

Type of Organisation

Higher education institution (tertiary level)

Is the organisation a public body?

Yes

Is the organisation a non-profit?

Yes

Accreditation

Accreditation Type

Accreditation Reference

Erasmus Charter for Higher Education

CY NICOSIA01

Associated Persons

Please provide information about this organisation's legal representative and contact persons for the project. Legal representative is the person authorised to sign legally binding documents on behalf of the organisation, while the contact persons are people who will be managing the project.

One of the contact persons must be designated as 'preferred contact'. This person will be contacted by the National Agency if there are questions about the project or the organisation, and in case the project is selected they will receive access to project management and reporting tools.

Legal Representative (UNIVERSITY OF CYPRUS)

Title	Dr.
Gender	Male
First Name	Marios
Family Name	Demetriades
Department	-
Position	Head of Research Support Services
Email	demetriades.a.marios@ucy.ac.cy
Telephone	+35722894287
Preferred Contact	No
If the address is different from the one of the organisation	No

Contact Person (UNIVERSITY OF CYPRUS)

Title	Dr.
Gender	Male
First Name	Christos
Family Name	Mettouris
Department	Department of Computer Science
Position	Researcher
Email	mettour@cs.ucy.ac.cy
Telephone	+35722892684
Preferred Contact	Yes
If the address is different from the one of the organisation	No

Contact Person (UNIVERSITY OF CYPRUS)

Title	Dr.
Gender	Male
First Name	George A.
Family Name	Papadopoulos
Department	Department of Computer Science
Position	Professor
Email	george@cs.ucy.ac.cy
Telephone	+35722892693
Preferred Contact	No
If the address is different from the one of the organisation	No

Background and Experience

Please briefly present the organisation/group (e.g. its type, scope of work, areas of activity and if applicable, approximate number of paid/unpaid staff, learners and members of the group).

UCY participates in the project through the Software Engineering and Internet Technologies (SEIT) Laboratory, an integral part of the Department of Computer Science. SEIT focuses its research activities on two important areas of Information Technology, namely Software Engineering and Internet Technologies. In the second area, the Laboratory concentrates on the development of ICT-enabled Creativity and Enhanced Learning Environments, platforms and tools for implementing Health monitoring and support services, Smart and Personalised services for Elders and Assistive Technologies for people with disabilities. The lab is also actively involved in activities related to E-Business, E-Government, Multimedia Communication Platforms, and Frameworks for elders' social inclusion, active ageing and independent living. SEIT was actively involved in more than 50 EU funded projects in numerous different programmes and attracted more than €6M in funding. The Laboratory currently occupies 12 personnel, including 4 post doctoral scientists and 3 PhD researchers, and has access to extensive hardware and software facilities.

SEIT has extensive experience in the area of applying ICT (Information and Communication Technologies) to e-Learning, m-Learning and Open and Distance Learning in general as well as Life Long Learning in particular. This expertise is both at technical level and at developing policies and qualification frameworks for such activities. Regarding only the Erasmus+ related themes, SEIT has recently coordinated four Erasmus+ projects (VeLoCiTy, World-of-Physics, DiFens, IDEA) and currently coordinates one Erasmus+ project: WINGS (begun in 2018), and also participates in 14 more: EASIER, EPUM, ELSE, AT-SGIREs, SENSE, WINDEXT, Dig-It, ISSA, ICT-4TVET, TOOLS, PRIMAE, QHELP, Digi-Sporting and Job-Jo. SEIT has also participated in 13 Leonardo da Vinci projects, 3 EUMEDIS projects, 2 FP (Framework Programs), 1 INCO-DC and 3 projects funded by national funds. It has also participated in the EMUNI project and the VUSCC initiative, both related to policy making or reform and qualifications accreditation, as well as in the Interreg IVC project Innofun, on developing policies for entrepreneurship and innovation. SEIT is currently participating in two AAL projects: eSticky, and GUIDed, and in one national project: ReaDI-STANCE.

What are the activities and experience of the organisation in the areas relevant for this project? What are the skills and/or expertise of key persons involved in this project?

The SEIT Lab of the University of Cyprus has the following experience/competences:

Technology Enhanced Learning, Creativity and e-Health platforms: In this area the focus of the lab is on the development of e-learning, e-health and creativity systems and platforms for effective life-long training of technical and practical skills. We apply our research expertise on context-awareness for the specification, design and implementation of ubiquitous and intelligent systems that support collaborative, creative and personalized e-Learning and e-health platforms. We have defined, designed and developed such systems and platforms during participation in EU projects such as SCICHALLENGE HORIZON 2020, idSpace FP7, INFORM JUST, EPUM & DiFens Erasmus+, V-ALERT LLP, VALS LLP, CVN AAL, UNITE IST, healthservice24, MEDFORIST and MEDICATE. In these projects our strategic role was enhancing creativity, learning, health monitoring and support by defining and building context management and context-aware recommendation capabilities in e-learning platforms, creativity support tools and platforms and e-commerce platforms. Most closely related projects:

- AAL CVN: The European AAL ConnectedVitality project aims to develop 'the second best connection' a video communication network, coined 'The ConnectedVitality Network', enabling immobile senior citizens to organize their social network and choose the activity and select levels of social interaction according to their individual needs, abilities and chosen lifestyle. Goal of this project was to develop a technological answer to the growing problem of loneliness amongst elderly people in Europe, as for elderly, loss of a life partner or immobility problems greatly contribute to feelings of helplessness and isolation. Reconnecting to others has huge advantages, both emotional and practical. The development of the ICT- tool was grounded in firm scientific research. The tool itself was developed in close contact with end users to make sure it would really meet their requirements.
- Prosperity4All FP7: Over 2 billion people worldwide have different types, degrees, or combinations of disability, literacy, digital literacy or aging related barriers that impede or prevent use of ICT. The project aims to develop the infrastructure, tools and ecosystem that will facilitate accessibility mainly through assistive technologies and allow for a ubiquitous auto-personalization of interfaces and materials, based on user needs and preferences, to grow (promote self-rewarding collaboration, reduce redundant development, lower costs, increase market reach and penetration internationally). The core goal is at creating an ecosystem in which everyone will benefit, matching user needs with product and service developers. The University of Cyprus was mainly involved in the development of the Integrated Runtime Development, designed to offer adaptive user interfaces, AT Middlewares and remote sensor management in distributed environments. UCY was leading this task.
- AAL GUIDed Assisted-Living and Social Interaction Platform (GUIDED): The main target areas of the GUIDed smart kit and platform are smart home control features, safety enhancement, outdoor navigation, health improvement and socialisation/communication. The end-users will be guided with a tablet-based Augmented Reality (AR) tutoring service to simplify smart kit use and optimise usability. The AAL GUIDED project sits within the Health & Care, Information & Communication, Safety and Abilities AAL TAALxonomy.
- AAL Electronic Sticky Notes for Dementia Care (eSticky Notes): eSticky Notes aims to support people with memorization problems to maintain their autonomy of life. The main target group (primary end-users) are people with age-related obliviousness, people with early stages of dementia and people with early Alzheimer's disease. A set of networked graphical displays (the digital eSticky Notes) assist the person having memory problems by presenting important information including scheduled events, medication reminders and nutrition recommendations or notifications of events in the building that need attention.
- EASIER Erasmus+ (Knowledge Alliance): EASIER involves leading higher education institutions and companies in bringing together different training technologies to provide a multi-skills learning experience for surgical and interventional education. It proposes an innovative solution for teaching and learning technical and nontechnical skills based on TEL. The solution will integrate TEL assets (virtual reality, augmented video, augmented box trainers, etc.), providing residents and mentors with a learning management system to programme training activities, have access to ubiquitous learning and monitor progress on their learning experience. SEIT is responsible (among other) for the design and development of the Learning Management System, and its integration with existing solutions.

Has the organisation participated in a European Union granted project in the 3 years preceding this application?

Yes

Please indicate:

EU Programme	Year	Project Identification or Contract Number	Applicant/Beneficiary Name
Erasmus+ KA2 - Cooperation for innovation and the exchange of good practices KA204 - Strategic Partnerships for adult education	2019	2019-1-NO01- KA204-060263	NORGES TEKNISKNATURVITENSKAPELIGE UNIVERSITET (NTNU) - Norway
KA2 - Cooperation for innovation and the exchange of good practices KA202 - Strategic Partnerships for vocational education and training	2019	2019-1-EL01- KA202-063019	INSTITOUTO EKPEDEFTIKIS POLITIKIS (IEP), Greece
Erasmus+ KA2 - Cooperation for innovation and the exchange of good practices KA203 - Strategic Partnerships for higher education	2019	2019-1-PL01- KA203-065062	UNIWERSYTET OPOLSKI, Poland
Erasmus+ KA2 - Cooperation for innovation and the exchange of good practices KA204 - Strategic Partnerships for adult education	2019	2019-1-UK01- KA204-061975	IKKAIDO LTD
Erasmus+ KA2 - Cooperation for innovation and the exchange of good practices KA203 - Strategic Partnerships for higher education	2019	2019-1-EE01- KA203-051708	TARTU ULIKOOL, Esthonia
Erasmus+ KA2 - Cooperation for innovation and the exchange of good practices KA203 - Strategic Partnerships for higher education	2019	2019-1-ES01- KA203-065505	Universidad de Castilla-La Mancha
Erasmus + KA2 Cooperation for Innovation and the Exchange of Good Practices KA202 - Strategic Partnerships for vocational education and training	2018	2018-1-CY01- KA202-046856	University of Cyprus, Cyprus

Partner Organisations

Organisation ID	E10152134
Legal name	AGECARE (CYPRUS) LTD
Legal name (national language)	MATERIA GROUP
National ID (if applicable)	HE114938
Address	41 ATHALASSIS STR
Country	Cyprus
Postal Code	2221
City	NICOSIA
Website	www.materia.com.cy
Telephone	+35722573577
Fax	+35722571555

Profile

Type of Organisation

Small and medium sized enterprise

Is the organisation a public body?

No

Is the organisation a non-profit?

No

Associated Persons

Please provide information about this organisation's legal representative and contact persons for the project. Legal representative is the person authorised to sign legally binding documents on behalf of the organisation, while the contact persons are people who will be managing the project.

One of the contact persons must be designated as 'preferred contact'. This person will be contacted by the National Agency if there are questions about the project or the organisation, and in case the project is selected they will receive access to project management and reporting tools.

Legal Representative (AGECARE (CYPRUS) LTD)

Title	Mrs.
Gender	Female
First Name	Marina
Family Name	Polycarpou
Position	CEO
Email	agecare@cytanet.com.cy
Telephone	+35799607567
Preferred Contact	No
If the address is different from the one of the organisation	No

Contact Person (AGECARE (CYPRUS) LTD)

Title	Mrs.
Gender	Female
First Name	Sotiria
Family Name	Moza
Position	Project officer
Email	sotiria@materia.com.cy
Telephone	+35722573577
Preferred Contact	Yes
If the address is different from the one of the organisation	No

Background and Experience

Please briefly present the organisation/group (e.g. its type, scope of work, areas of activity and if applicable, approximate number of paid/unpaid staff, learners and members of the group).

MATERIA is a private sector, multi-shareholder social enterprise, based in Nicosia, Cyprus. MATERIA's vision is the improvement of the quality of life of older adults living in Cyprus. The mission is to provide a diverse range of Care, Nursing and Rehabilitation Services to the older population, whether in the clients' own home, or in Materia's 24hour care units, either as residents, short-term stay clients, day-care clients or outpatients. Services include: physiotherapy, cognitive enhancement therapy, art therapy, speech therapy, occupational therapy, assistive technology support, nutritional counselling, home-care, psycho-social support and counselling, caregiver training programs, transportation services for people with mobility problems and others. Management and Operations team is based on an interdisciplinary approach, aiming at providing the best value services for end user and their families. MATERIA is also a recognized training center for health and social sciences students from several universities in Nicosia, and has a growing research department specializing in EU funded projects relating to ageing, disability, public health and social inclusion.

MATERIA owns two fully-equipped facilities (90 beds and currently at the stage of expansion to 120 beds) providing 24hr nursing care in different areas of the capital city, operated by a multi-disciplinary team (doctors, large nursing/caregiver team, gerontologist, clinical and neuro-psychologists, physiotherapists, sociologists, speech therapists, music and drama therapists, social workers, finance/economics managers, accountants, nursing staff of all levels), providing a full range of care /rehabilitation / skilled nursing /dementia care services. For specific projects, the Home Care participants and alumni clients and families are approached, since the trials take place with older adults in the community. MATERIA also has a fully functioning administration department with offices in both units in Nicosia.

What are the activities and experience of the organisation in the areas relevant for this project? What are the skills and/or expertise of key persons involved in this project?

MATERIA employs a multidisciplinary team of professionals including caregivers, nurses, clinical psychologists, neuropsychologists, physiotherapists, sociologists, speech therapists, music and drama therapists, social workers providing a diverse range of care services mainly to older adults. Furthermore, MATERIA has an experience EU research department handling EU grants for research activities related to active aging and technology. MATERIA's role in EU projects is usually two-fold, including both end-user tasks and applied research methodologies.

Our enterprise has expertise in providing nursing and care services for older adults and is familiar with the needs and requirements of older adults in their everyday life. We acknowledge the important contribution of psychological wellbeing in older adults' quality of life and therefore strive to offer a diverse range of individualized socialization opportunities and entertaining activities for its customers, including music, arts and drama, intergenerational activities, interaction with smart technology and more.

Furthermore, MATERIA is an organisation with experience in training formal caregivers and healthcare professionals, as a registered training center from the Cyprus Human Resource Development Authority and serves as a training centre for international healthcare students from various Universities of Cyprus. MATERIA organises various seminars to inform family members/ healthcare professionals and students on topics concerning the psychology of older adults, strategies to manage the behavioural symptoms of dementia and the associated impact for caregivers and other relevant topics. In addition, employees of Materia Group are consultants, on a volunteering basis, to many patient NGOs and PwD associations for patients aged 18+.

Our enterprise offers a diversity-friendly work environment, employing personnel from different age-groups, countries and backgrounds. Our competencies in research and collaborative project management are relatively high since Materia Group's key staff members have participated in relatively complex EU projects since 1995.

As a provider of holistic healthcare services for older adults in Cyprus, MATERIA is strongly interested in enriching its activities with digital tools addressing psychological discomfort, such as loneliness among people of this age group. Besides, the increasing needs for mental care and psychological support among older adults further highlight the importance of such initiatives towards the creation, standardization and implementation of such tools.

Key personell:

Marina Polycarpou holds an M.Sc. in Gerontology from Kings College London (1997) and a B.A. in Gerontology and Psychology with highest distinction from the University of Kansas (1995). She has worked as a manager and director in non-profit and community services for Older Adults between 1997 and 2000. She co-founded Materia Group in 2000 and was the General Manager of the organization from then until 2010, when she was appointed as CEO and board member with the expansion of Materia Group. She is a board member of Cyprus registered NGOs Gerontology Research Center and Youth Empowerment Foundation. She is also a scientific advisor at Aktios Nursing Units Group in Athens, Greece, a clinical associate of St George's Medical School at the University of Nicosia, and a certified, experienced trainer by the Cyprus Human Resource Development Authority. She leads the EU projects department since 2016.

Sotiria Moza is currently pursuing her PhD in Cognitive Psychology and Neuropsychology. She holds a bachelor degree in Psychology and a master's degree in Cognitive Psychology and Neuropsychology from the Aristotle University of Thessaloniki. She is experienced in neuropsychological assessment and rehabilitation and is a member of the Hellenic Neuropsychological Society. She has gained multifaceted experience with older adults for the last five years, offering psychological support and counselling for individuals with dementia and their caregivers and performing one-to-one cognitive assessment and rehabilitation sessions, as well as, group animation activities.

Andria Hadjicosta has graduated from the department of Radiotherapy and Oncology of Sheffield Hallam University and holds an MBA degree in Business Administration from the University of Cyprus with a focus on Service Management and Customer Service Path. Andria has more than seven years of working experience with older adults through her extensive work experience in the healthcare sector both in the NHS, UK and Cyprus. Andria is skilled in several personnel related aspects such as Human Resources, Personnel Management and Team Leading. Andria has experience with the development and revision of quality control procedures in healthcare. She currently works in EU funded research projects focused on improving quality of life for older people using technological advancements.

Has the organisation participated in a European Union granted project in the 3 years preceding this application?

Yes

Please indicate:

EU Programme	Year	Project Identification or Contract Number	Applicant/Beneficiary Name
AAL programme	2019	aal-2019-6-190-CP	Materia Group
AAL programme	2019	aal-2019-6-188-CP	Materia Group
AAL programme	2019	2019-6-182-CP	Geolmaging Ltd
AAL programme	2019	AAL/0218/0008	Ideable solutions, SL
AAL programme	2018	AAL/0217/077	Geolmaging Ltd
AAL programme	2017	KOINA/AAL/0216/04	MOB, Rotterdam
AAL programme	2017	KOINA/AAL/2016/052	Connected Care Services b.v

Partner Organisations

Organisation ID	E10019696
Legal name	Consulenza Direzionale di Paolo Zaramella
Legal name (national language)	
Department (if applicable)	Training and consultancy
Acronym	CDPZ
Address	VIALE STAZIONE 30
Country	Italy
P.O. Box	35013
Postal Code	35013
City	CITTADELLA
Website	
Email	paolo.zaramella@studiocentroveneto.com
Telephone	+393356242730, +393356242730

Fax

+390444512420

Profile

Type of Organisation

Small and medium sized enterprise

Is the organisation a public body?

No

Is the organisation a non-profit?

No

Associated Persons

Please provide information about this organisation's legal representative and contact persons for the project. Legal representative is the person authorised to sign legally binding documents on behalf of the organisation, while the contact persons are people who will be managing the project.

One of the contact persons must be designated as 'preferred contact'. This person will be contacted by the National Agency if there are questions about the project or the organisation, and in case the project is selected they will receive access to project management and reporting tools.

Legal Representative (Consulenza Direzionale di Paolo Zaramella)

Title	Mr.
Gender	Male
First Name	Paolo
Family Name	Zaramella
Position	Director
Email	paolo.zaramella@studiocentroveneto.com
Telephone	+393356242730
Preferred Contact	No
If the address is different from the one of the organisation	No

Contact Person (Consulenza Direzionale di Paolo Zaramella)

Title	Mr
Gender	Male
First Name	Alberto
Family Name	Maistrello
Position	supervisor
Email	alberto.maistrello@gmail.com
Telephone	+393356242730
Preferred Contact	Yes
If the address is different from the one of the organisation	No

Background and Experience

Please briefly present the organisation/group (e.g. its type, scope of work, areas of activity and if applicable, approximate number of paid/unpaid staff, learners and members of the group).

“Consulenza Direzionale di Paolo Zaramella” (CDPZ) is an Italian consultancy and training firm, founded 12 years ago.

The company offers a wide set of services: consultancy for micro and SMEs; training programme for managers, entrepreneurs, workers; research activities; EU projects.

The company experience includes also EU projects (mainly Leonardo, Erasmus +, Interreg and H2020).

As small company, often it acts as main coordinator of a local network, composed i.e. by Universities, Chambers of Commerce, Trade associations and other training/VET providers.

The company worked with other 700 micro and small businesses, not only coming from Veneto Region (North East part of Italy) but also centre/south.

The CEO and founder, Mr Paolo Zaramella, 47 years old, is a senior consultant and trainer, with a degree in business administration.

Since over 20 years he collaborated with a local training and consulting firm, in charge of research, training and consulting, with particular reference to European initiatives (with the involvement in about 45 projects in recent years) on the topic of business continuity, family business, transfer of innovation, sustainable development, clusters, training profiles certification, etc.

In 2002, for the Veneto Region Industry department he has helped to achieve such a survey on business continuity, then take part in a working group, which led to the drafting of an innovative bill on the subject (the first in Europe).

He represents (since 2008) in the Veneto and Trentino Alto Adige regions, the National Association of management consultants and organization (APCO), with internationally recognized certification. Today sits on the Board of Directors of National APCO. He got in 2000 the CMC – Certified Management Consultant – international qualification.

And he has been, for Padua University, official research in two specific topics (business transfer and regional development).

He is a civil and commercial mediator, since, 2009, regularly enrolled in a private institution of mediation, after the training course. He also took (in 2015/2016) a master degree in internationalization.

And author of many articles on the main topic (family business and business transfer); also regularly participates as a speaker, both in Italy and in Europe, in seminars and workshops on the topics of business continuity, entrepreneurship, family business and clusters.

About the project topic, we have done several activities and projects, at local and regional level, like: researches about the impact of digitalization for the elderly care and age management; good practices collection in that field, also for VETs and HES; several initiatives/projects about ESCO classification and (part) certification of job profiles, including training materials, on line tools for assessment, web-platform definition and e-contents, etc.

In the last 5/6 years, CDPZ also built up a wide local/regional network composed by several bodies (public and private) that are dealing with elderly people issues. The main local partners are: health district, some elderly care centers (for example in Vicenza and Verona); several local associations and foundations; the Vicenza municipality social department, etc.

CDPZ has a flexible professional team that, year by year, is able to involve several expertise (trainers and consultants) depending on specific project needs, in term of research activities, training materials, implementation, dissemination and follow up. Concerning the digital transformation, CDPZ is very active in "Start up Grind" community; that world wide association is supporting private and public bodies in digitalization, in term of awareness, training and concrete implementation.

For Example, CDPZ signed a partnership with Padua University (psychology department) that is able to support IO1 (country reports) thanks to a contract with a researcher;

Last but not least, CDPZ can also involve ZOE (Zambon Open Education; <https://fondazionezoe.it>) that is a very dynamic foundation (based in Vicenza; they just celebrated 10 years activity). They do a lot of activities about health prevention. They could support the Italian partner above all for awareness activities and communication / dissemination.

What are the activities and experience of the organisation in the areas relevant for this project? What are the skills and/or expertise of key persons involved in this project?

"Consulenza Direzionale" is able to play a key role in all the project activities/phase, due to the wide experience in EU projects, and the excellent network that has built up at local and regional level.

Moreover, the founder and his collaborators/experts are a wide experience in the project topics: desk analysis/research: in each region/country data and information collection, about the "status quo" in term of initiatives, pilot projects, good practices; definition of an online platform where i.e. youth can connect with other workers, start-uppers, managers and entrepreneurs for potential collaborations; integration of ESCO classification with project contents and outputs; support in the creating a prototype of the digital tools and testing phases; definition of some recommendations (handbook or guide lines) for further improvements, useful for sharing them with some local stakeholders; "train the trainers" courses; last but not least, dissemination activities in cooperation with local bodies, public and private (e.g. schools/universities, regional government, websites, Chamber of Commerce system, training providers, Trade Unions and Associations, etc.).

We also have done two specific projects about that issues; i.e. a Grundvig that concerns digital tools for elderly cares workers and trainers and, more recently, we supported an Interreg Italy/Austria for the "Case & Case manager" topic (status quo analysis; definition of an innovative implementation model, including training paths; piloting in three Regions; definition of a web portal, etc).

In term of skills and expertise of key staff involved in the project:

Paolo Zaramella, senior consultant and trainer, degree in business administration.

For over 20 years he collaborated with the StudioCentroVeneto of Vicenza and is in charge of research, training and consulting, with particular reference to European initiatives (with the involvement in about 45 projects in recent years) in particular on the topic of business continuity, family business and generational transfer.

For the Veneto Region has helped to achieve such a survey on business continuity, then take part in a working group, which led to the drafting of an innovative bill on the subject.

He has represented (2008-2015) in the Veneto and Trentino Alto Adige regions, the National Association of management consultants and organization (APCO), with internationally recognized certification.

Today sits on the Board of Directors of National APCO. He got in 2002 the CMC – Certified Management Consultant – international qualification.

He is a civil and commercial mediator, regularly enrolled in a private institution of mediation, after the training course; and also TEM – Temporary Export Manager, with the Ministry of Industry and IA – Italian Trade Agency certification.

And author of many articles on the main topic (family business and business transfer); also regularly participates as a speaker, both in Italy and in Europe, in seminars and workshops on the topics of business continuity, entrepreneurship, family business and clusters.

He also got several experiences in age management processes, knowledge transfer and digital processes.

Alberto Maistrello, ex bank manager (HR department responsible, for the biggest Italian bank, "Intesa San Paolo spa"). He got the degree in statistics. He is now the senior advisor of "Consulenza Direzionale" company, and he cooperates in the following topics: training, digital curricula, social/economics surveys and researches, SMEs development and creation of job profiles. He is also President of the "Committee for elderly" in Vicenza (the committee represents over 40 associations and foundations that are dealing with elderly issues). He is also dealing the local "Salvi" volunteers association, with around 240 people that are supporting elderly and their families.

Ana Laura Benachio: degree in art and web marketing, she is involved in some EU projects (Erasmus plus in particular) and in several ESF – European Social Fund regional projects, focused on family business, business transfer and knowledge transfer from senior to junior. She also got a wide experience in didactic tools (on line and off line) for Senior and elderly people too.

Has the organisation participated in a European Union granted project in the 3 years preceding this application?

Yes

Please indicate:

EU Programme	Year	Project Identification or Contract Number	Applicant/Beneficiary Name
Erasmus+ KA2	2018	2018-1-DE02-KA202-005218	Betriebswirtschaftliches Forschungszentrum für Fragen der mittelständischen Wirtschaft e. V. an der Universität Bayreuth
Interreg IT AT	2018	ITAT3009	Tyrolean Private University UMIT GmbH
Erasmus+ KA2	2019	2019-1-DE02-KA202-006528	Betriebswirtschaftliches Forschungszentrum für Fragen der mittelständischen Wirtschaft e. V. an der Universität Bayreuth

Partner Organisations

Organisation ID	E10030595
Legal name	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL
Legal name (national language)	Asociación Caminos
National ID (if applicable)	605955
Acronym	Caminos
Address	PZA LAS CHOZAS 13
Country	Spain
P.O. Box	000
Postal Code	29718
City	TRIANA
Website	www.asoccaminos.org
Email	office@asoccaminos.org
Telephone	+34634409120

Profile

Type of Organisation

Non-governmental organisation/association

Is the organisation a public body?

No

Is the organisation a non-profit?

Yes

Associated Persons

Please provide information about this organisation's legal representative and contact persons for the project. Legal representative is the person authorised to sign legally binding documents on behalf of the organisation, while the contact persons are people who will be managing the project.

One of the contact persons must be designated as 'preferred contact'. This person will be contacted by the National Agency if there are questions about the project or the organisation, and in case the project is selected they will receive access to project management and reporting tools.

Legal Representative (ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL)

Title	Ms Mag.
Gender	Female
First Name	Angela
Family Name	Pittl
Position	President
Email	office@asoccaminos.org
Telephone	+34634409120
Preferred Contact	No
If the address is different from the one of the organisation	No

Contact Person (ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL)

Title	Ms Mag.
Gender	Female
First Name	Angela
Family Name	Pittl
Position	President
Email	office@asoccaminos.org
Telephone	+34634409120
Preferred Contact	Yes
If the address is different from the one of the organisation	No

Background and Experience

Please briefly present the organisation/group (e.g. its type, scope of work, areas of activity and if applicable, approximate number of paid/unpaid staff, learners and members of the group).

The activities of the non-profit association “Caminos”, founded in 2014, are dedicated to the field of education and social work.

Our name “Caminos” (Spanish for “paths”) indicates the importance of finding new ways to reach goals and discover individual resources and opportunities to overcome challenges together.

We focus on the development and transfer of innovative methods from other countries within the European context to Spanish entities that offer permanent services.

We are currently collaborating with different organizations and institutions in Andalusia such as:

- Centro de Estudios Andaluces
- Junta de Andalucía – Andalucía Emprende Vélez-Málaga and Torre del Mar
- Municipality of Vélez-Málaga – Youth department
- Municipality of Granada – Youth department
- Municipalities in the Axarquía and Costa Tropical
- Employment Services in the Axarquía and Costa Tropical
- Málaga Acoge - Málaga and Torre del Mar
- Diputación de Granada
- Cámara de Comercio de Granada
- Guadalinfo
- Arrabal AID
- JENIR – Jóvenes empoderados de la zona norte con ideas renovadas
- ALFA – Almanjáyar en Familia

Main objectives include fostering the exchange and communication, improving individual opportunities of development, supporting the social inclusion of disadvantaged people and developing innovative methodologies in the field of training, education and social development through national and international cooperation.

Due to our staff experience our main target groups are:

- Groups at risk of social exclusion
- Pupils and teachers
- Young people (professional and personal issues)
- Women and gender projects
- Migrants and their integration

Caminos association provides experienced operating staff and board working with different targets groups in various educational and participatory settings.

Actually, we are working in 15 European Erasmus+ KA2 and 1 KA3 projects and are accredited as EVS sending and hosting organisation.

Andalucía is one of the European regions with the highest unemployment rates, thus many young people are moving to the bigger cities or going abroad. So small villages are often populated by old people or those who do not have the chance to go. Andalusia is dominated by agriculture and on the costal areas tourism. On the Costa del Sol there are also high numbers of retired people from different European countries (in our region majority British and german citizens) who after years still have poor spanish language skills and social Integration.

What are the activities and experience of the organisation in the areas relevant for this project? What are the skills and/or expertise of key persons involved in this project?

Caminos staff has long experience in labour market interventions and training provision in experience based and empowerment methodologies. Caminos staff has also long lasting experience in international project management and leadership of enterprises. The development of educational tools and methodologies and the implementation of dissemination activities to exploit the project outcomes. Our staff also includes people with experience working with migrants providing basic education trainings and a psychologist specialised in mindfulness and emotional intelligence.

Via our cooperation with stakeholders like the Center of Andalusian Studies in Seville, the Municipalities in the Axarquía, which is east of Málaga and Andalucía Emprénde we can reach different target groups and relevant stakeholders for the implementation and promotion of the project.

Caminos has been and is lead partner for dissemination in several European projects, thus for developing dissemination strategy, coordination and reporting, webpage and folders design, as well as developing an exploitation strategy to guarantee sustainable use of the products.

From 2020 on Asociación Caminos has its own Web Development specialist. Therefore we have internally the qualifications to develop and implement Web solutions for learning tools.

- Mag. Angela Pittl: Graduated in Education in the university of Innsbruck, Austria and has diplomas in tourism, international affairs and export, project management and mediation and conflict management. She has 14 years' experience in providing trainings in different educational settings for young people, mostly outdoor trainings on soft skills and crisis intervention, but also in the context of professional education and training. 9 months experience in intense educational settings with young people at risk of social exclusion since 2012 in Spain.

Adult education in various contexts, lately providing trainings in the context of leadership, innovation and change management for CEOs in Austria and trainings and lectures on gender & diversity issues. International project leadership experience in the context of migration issues and domestic violence in Austria from 2012 to 2014 and 2014 in Spain in the field of international employment projects.

Leadership experience as CEO of a SME with more than 100 employees in the field of child care and women's counselling in Austria from 2006 to 2012 and from 2016 to 2018 as president of the association; in this position responsible for Human Resources, budgeting, development of offers and products as well the implementation of marketing strategies, negotiations with stakeholders and public administration for funding.

Since 2014 Angela Pittl is president of Asociación Caminos and there responsible for the development of new projects, quality evaluation and financial issues. Since 2015 Angela Pittl is involved in 2 Erasmus+ Strategic Partnerships and 1 Justice Project as external evaluator.

- Christie Scott Hands: Graduated in Psychology with a special mention in Clinical Psychology. Practices at San Juan de Dios Health Centre in the Psychogeriatric unit, working with elderly patients with psychological disorders. Working experiences as a psychologist, advising for the creation of IT programs for psychotherapists. Specialized in Mindfulness and Emotional Intelligence and completed different trainings like Forensic Psychology, Hypnosis applied to Psychology, Sport and Drug Addictions Prevention. At Caminos he is responsible for the management of projects about social inclusion of people with special needs.

- Ana Lancha Montes: Graduated in Translation and Interpreting at Universidad de Málaga. She also completed her Master's Degree in Translation for the Publishing World at the

same university. Working experience as a translator and receptionist, and was introduced to Erasmus+ while doing her European voluntary service in an NGO in Germany, where she mostly worked with migrants and young people. At Caminos she assists the Project Management team carrying out activities like helping to submit new project ideas, disseminating and implementing the activities planned by the organisation.

Has the organisation participated in a European Union granted project in the 3 years preceding this application?

Yes

Please indicate:

EU Programme	Year	Project Identification or Contract Number	Applicant/Beneficiary Name
Erasmus+ KA2	2017	2017-2-ES02-KA205-009786	Asociación Caminos
Erasmus+ KA2	2017	2017-2-CY02-KA205_001073	Cardet
Erasmus+ KA2	2018	2018-1-DE02-KA202-005183	Sozialwerk Düren
Erasmus+ KA2	2018	2018-2-HR01-KA205-047588	Documenta
Erasmus+ KA1	2018	2018-2-DE04-KA105-016922	EJBW
Erasmus+ EVS	2018	2018-1-ES02-KA125-010985	Asociación Caminos
Erasmus+ KA2	2019	2019-1-ES01-KA202-064348	Asociación Caminos
Erasmus+ KA2	2019	2019-1-IS01_KA204-051136	Einurd
Erasmus+ KA2	2019	2019-1-UK01-K204-061966	University of Glostershire
Erasmus+ KA2	2019	2019-2-IT03-KA205-016717	Per Eempio

Erasmus+ KA2	2019	2019-1-DE02- KA204-006105	Volkshochschule Cham
Erasmus+ KA2	2019	2019-1-RO01- KA204-063798	Asociatia Habilitas
Erasmus+ KA2	2019	2019-1- DE02_KA202- 006171	Sozialwerk Düren
Erasmus+ KA2	2019	2019-1-UK01- KA204-062112	Peshkar Production Limited
Erasmus+ KA2	2019	2019-1-UK01- KA201-062092	The IARS International Institute
Erasmus+ KA3	2019	612176-EPP-1- 2019-1-AT- EPPKA3-IPI-SOC- IN	Verein Multikulturell
Erasmus+ KA2	2019	2019-1-PT01- KA204-061388	Ensino e Investigacao e administracao SA
Erasmus+ KA2	2019	2019-1-IT02- KA204-063200	Associazione TDM 2000
Erasmus+ KA2	2019	2019-2-TR01- KA205-078672	MOZAIK
Erasmus+ ESC	2019	2019-3-ES02- ESC11-013898	Asociación Caminos

Partner Organisations

Organisation ID	E10191520
Legal name	MYKOLO ROMERIO UNIVERSITETAS
Legal name (national language)	MYKOLAROMERIS UNIVERSITY
National ID (if applicable)	111951726
Address	ATEITIES G 20
Country	Lithuania
P.O. Box	000
Postal Code	08303
City	VILNIUS
Website	www.mruni.eu
Email	roffice@mruni.eu
Telephone	+37052714625
Fax	+37052676000

Profile

Type of Organisation

School/Institute/Educational centre – Vocational Training (tertiary level)

Is the organisation a public body?

Yes

Is the organisation a non-profit?

Yes

Accreditation

Accreditation Type

Accreditation Reference

Erasmus Charter for Higher Education

LT VILNIUS06

Associated Persons

Please provide information about this organisation's legal representative and contact persons for the project. Legal representative is the person authorised to sign legally binding documents on behalf of the organisation, while the contact persons are people who will be managing the project.

One of the contact persons must be designated as 'preferred contact'. This person will be contacted by the National Agency if there are questions about the project or the organisation, and in case the project is selected they will receive access to project management and reporting tools.

Legal Representative (MYKOLO ROMERIO UNIVERSITETAS)

Title	Dr.
Gender	Female
First Name	Inga
Family Name	Zaleniene
Position	Rector
Email	roffice@mruni.eu
Telephone	+37052714625
Preferred Contact	No
If the address is different from the one of the organisation	No

Contact Person (MYKOLO ROMERIO UNIVERSITETAS)

Title	Dr.
Gender	Female
First Name	Irena
Family Name	Zemaitaityte
Position	Professor
Email	irene@mruni.eu
Telephone	+37068045581
Preferred Contact	Yes
If the address is different from the one of the organisation	No

Background and Experience

Please briefly present the organisation/group (e.g. its type, scope of work, areas of activity and if applicable, approximate number of paid/unpaid staff, learners and members of the group).

MRU is an international university located in Lithuania. Modern, creative and entrepreneurial academic community has raised MRU to the leading university in social sciences and interdisciplinary research in Lithuania. MRU cooperates closely with over 300 universities, public and private institutions, takes part in academic, professional and inter-sectorial networks. MRU has a full membership of the following international higher education organizations: International Association of Universities, European University Association, European Association for International Education, European-Asian Knowledge Consortium Social Technologies for Smart and Inclusive Society, etc. Currently MRU enrolls approximately 9.000 students and employs over 700 academic staff. The university offers more than 100 doctoral, master and bachelor study programmes, over 80% of them have international accreditation. The most popular study programmes are law, management, public administration, psychology, social work, public security, etc. MRU is structured within the Faculty of Economics and Finance Management, Faculty of Politics and Management, Faculty of Law, Faculty of Public Security, Institute of Educational Sciences and Social Work, Institute of Humanities, Institute of Psychology. Research and innovation is implemented at the Social Innovations Laboratory Network MRU LAB that includes 16 laboratories and Research and Innovation Support Centre. MRU research and innovation is carried out in the framework of the interdisciplinary priority research area Social Innovations for Global Growth and 5 research programmes:

- Justice, Security and Human Rights;
- Social Technologies;
- Sustainable Growth in the Context of Globalization;
- Improving the Quality of Life and Advancing Employment Opportunities;
- Continuity and Change of Values in Global Society.

MRU has modern infrastructure: the latest research and educational ICT equipment, one of the most modern academic libraries in Europe, open access to research resources, research and innovation management platforms, online studies facilities, etc. According to the latest data of Rotten WiFi the quality of WiFi places MRU in second place among universities in the world. Each year MRU organizes over 100 academic events.

What are the activities and experience of the organisation in the areas relevant for this project? What are the skills and/or expertise of key persons involved in this project?

MRU mission and strategic documents emphasize constant and thorough education of a person and the society. MRU is one of 29 European universities and one of two Lithuanian universities who in 2009–2011 participated in the EUA project “Shaping Inclusive and Responsive University Strategies” (SIRUS). In the course of this project, LLL and entrepreneurship strategies of universities were created.

MRU views LLL and social services as an umbrella concepts, which links studies, research activity and services to the society. It encompasses studies of all cycles and forms: full-time, part-time, minor and partial studies, distance studies, non-formal learning, and validation of competences of nonformal and informal learning. The Institute of Educational Science and Social Work implement bachelor and master degree study programmes “Social Work”, “Social gerontology”. The Institute of Educational Science and Social Work prepares professionals for the sphere of social services. In addition to general studies such as theoretical, methodological and practical training in social work, psychology, education, sociology and legal studies, students also have the opportunity to enhance their competences in fields as social policy, social services, demographic development and economics.

The Institute has many years of experience working with NGOs which provided by various social services for those who have been crushed. The Institute is partner in 15 international projects that are related to issues of social work, social policy and social service. The last Major projects related social services and education of older people are: Location-based games as a contemporary, original, and innovative method of seniors’ teaching and learning, Erasmus+ projektas, 2017-1-PL01-KA204-038869; INNOMEK – Innovative Management and Educational Practices in Elderly Care Centres”, Nr. 539829-LLP-1-2013-1-IT-GRUNDTVIG-GMP.

MRU implemented nonformal and informal learning outcomes and the recognition of such ways of learning.

MRU organizes professional qualification improvement courses, which are usually ordered by private or public institutions according their need. Qualification improvement courses are intended for social works, civil servants, business representatives and persons, who need to improve their qualification, to requalify and for other forms of studies, ensuring possibilities of continuing education through one’s entire life.

Key personell:

Irena Žemaitaitytė. A Professor at the Institute of Education Science and Social Work, Mykolas Romeris University, Lithuania. She is involved as researcher and trainer in the fields of lifelong learning, non-formal and informal adult education. She was project manager of many projects concerning adult education, older person participation in social life, in favor of migrants and other marginalized groups. She is trainer in andragogy and facilitator in participatory methods, working on these issues both at local, national and transnational level. She is a member of the European Society for Research on the Education of Adults and a member of the Editorial Board of Societal Studies Research

Jolanta Pivorienė is an associated professor at Mykolas Romeris university, Vilnius, Lithuania. She is teaching at bachelor, master and doctoral level, at the home university and abroad, has over 20 years’ experience in initiation, implementation, monitoring and evaluation of the national and international projects. Pivorienė was working at European Commission advisory board – since 2012 she was Vice Chair of Sectorial Reference Group “Human Healthcare and Social Services activities”. This activity allowed her to understand in depth healthcare field on EU and national levels.

Raminta Bardauskienė is a doctor and lecturer at Mykolas Romeris university, Vilnius, Lithuania. She is teaching at bachelor and master level at home university and abroad. She has over 17 years of experience in teaching, national and international (Erasmus Mundus, Erasmus Intensive Programmes etc.) project activities, participation as an expert for preparation or evaluation of national legislation acts (e.g.: comments for the Law on Consolidation the Family, provision of consultation and training for the public or economic entities about management and administration as well as improvement of quality of social services. She is experienced in collaboration with international partners and coordination of joint activities.

Agata Katkonienė is a lecturer at Mykolas Romeris university, Institute of Education Science and Social Work, she has Master's degree in Education (Social Education Branch).

Katkonienė has 18 years’ experience in education. Lecturer at Institute of Educational Sciences and Social Work since 2008. Scientific interests: digitizing learning process and social services, teachers’ educations, training trainers. Agata took part in 11 international projects as coordinator, tutor or group leader.

Has the organisation participated in a European Union granted project in the 3 years preceding this application?

Yes

Please indicate:

EU Programme	Year	Project Identification or Contract Number	Applicant/Beneficiary Name
ERASMUS+ KA2 STRATEGIC PARTNERSHIP FOR HIGHER EDUCATION	2019	2019-1-LV01-KA203-060423	Turiba University
ERASMUS+ SPORTS CHAPTER	2019	613227-EPP-1-2019-1-HR-SPO-SCP	Croatian Olympic Committee
H2020	2019	830892	Universita Di Bologna
H2020	2019	814177	University of Maribor
EUROPEAN COMMISSION, JUSTICE PROGRAMME	2019	831628	Turiba University
EUROPEAN COMMISSION, JUSTICE PROGRAMME	2019	854024	Mykolas Romeris university
ERASMUS+ KA2	2018	2018-1-DE02-KA202-005218	University of Bayreuth
ERASMUS+ KA2	2018	2018-1-FIO1-KA203-047242	Turku university of applied sciences
ERASMUS+ STRATEGIC PARTNERSHIP IN HIGHER EDUCATION	2017	2017-1-PL01-KA204-038869	Fundacja Pro Scientia Publica
ERASMUS+ STRATEGIC PARTNERSHIP IN HIGHER EDUCATION	2017	2017-1-HR01-KA203-035359	University of Osijek
ERASMUS+ STRATEGIC PARTNERSHIP IN HIGHER EDUCATION	2017	2017-1-DK01-KA203-034270	University College of Northern Denmark
ERASMUS+ SPORTS CHAPTER	2017	579667-EPP-1-	European Observatoire

		2016-1-FR-SPO-SSCP	of Sport and Employment
SECTOR SKILLS ALLIANCES: LOT 1	2017	575668-EPP-1-2016-1-FR-EPPKA2-SSA-N	European Observatoire of Sport and Employment
Nordplus Higher Education	2017	NPHE-2016/10071	Tallinn University of Technology
Nordplus Higher Education	2017	NPHE-2017/10209	Youth and Leisure Studies
H2020	2017	642007	Christian-Alberchts-Universitaet Zu Kiel
ERA-NET	2017	ERA-NET BIODIVERSA	Escola Superior Agrária de Coimbra
ERA-NET ENSUF	2017	ERA-NET ENSUF	Carlos Smaniotto Costa, Universidade Lusófona, CeIED Interdisciplinary Research Centre for Education and Development

Project Description

Priorities and Topics

Please select the most relevant horizontal or sectoral priority according to the objectives of your project.

VET: Supporting the uptake of innovative approaches and digital technologies for teaching and learning

If relevant, please select up to two additional priorities according to the objectives of your project.

HORIZONTAL: Social inclusion

HORIZONTAL: Innovative practices in a digital era

Please comment on your choice of priorities.

The proposal addresses ERASMUS+ sectoral priority "Supporting the uptake of innovative approaches and digital technologies for teaching and learning", as well as the horizontal priorities of "social inclusion" and "innovative practices in a digital era". The activities proposed under the current proposal aim to address loneliness among older adults which is a prominent social issue in modern societies with multifaceted implications at a personal, financial and societal level (Crewdson, 2016). The present proposal aims to tackle loneliness by combining innovative digital tools and an integrated blended continuous VET-learning programme for caregivers in the elderly care sector under the collaboration of organizations with expertise in older adults and their requirements, technology, dissemination and training.

A vast amount of recent research data indicate that the risk of loneliness is high among older adults with detrimental implications for their mental and physical status as well as the society and the economy. According to a conservative estimate by the AARP Foundation indicates that more than 8 million people aged 50+ are affected by isolation (AARP, n.d. ; Holt-Lunstad, 2017). Isolation is associated with depression, generalized anxiety and suicidal ideation, more visits to healthcare professionals, exhibition of worse everyday life habits such as drinking and smoking, reduced cognitive functioning and more issues (Jacob, Haro, & Koyanagi, 2019 ; Beutel et al, 2017 ; Ellwardt, Aartsen, Deeg, & Steverink, 2013). The increase of the aforementioned issues puts a strain in healthcare structures and governments and decreases the involvement of older adults in activities which could contribute to the society such as volunteering and child care. Research shows that isolation among older adults and its devastating effects have been aggravated during this time with the Covid19 pandemic (Armitage & Nellums, 2020). These data indicate that it is an imperative to develop digital tools tackling loneliness and promoting awareness and good practices among healthcare professionals. Literature review and expert experience indicates that modern healthcare systems and structures supporting older adults could highly benefit from the production of a targeted intervention combating loneliness. More specifically, we aim to address raise awareness and share effective and innovative methods for identifying, preventing and treating loneliness with formal caregivers (e.g., nurses, social workers, doctors), as well as, Universities and VET organisations aiming to optimize and strengthen their practices, based on international good practices and strategies. Since, the EC Digital Education Action Plan calls for systematic approaches to "the initial and continuous professional development of VET teachers, trainers and mentors in both school and work-based settings, including through the development of effective digital, open and innovative education and pedagogies, as well as practical tools" (Erasmus+ Guide 2020, p. 105) this priority is a particular focus of the application.

Furthermore, the project will contribute to the priority "Supporting the uptake of innovative approaches and digital technologies" by developing a diagnostic tool to identify the risk level of loneliness among older adults and based on this an intervention tool to address loneliness and different factors contributing to it, as well as, increasing the use of digital media for the training of caregivers. New and effective diagnostic and learning techniques could enhance the skills of caregivers both at an initial training level and regarding continuous professional development. Although recent research shows that technology could highly contribute to the effectiveness, quality and access to training and diagnostic and intervention tools for this target group, (e.g., Fairburn & Cooper, 2011). the use of digital media is still sparse. . In addition, the majority of VET teachers in the elderly care sector and most care organisations lack the digital competencies needed to use and adapt digital tools and learning material, as there are no effective, viable and sustainable instruments available at the moment.

The project partners will form a partnership to promote this innovative approach to initial and continuous VET-Providers in the elderly care sector.

Please select up to three topics addressed by your project.

Social dialogue

Inclusion - equity

Health and wellbeing

Project Description

Please explain the context and the objectives of your project as well as the needs and target groups to be addressed. Why should this project be carried out transnationally?

Context: Loneliness is widely recognized as among the most significant and entrenched issues facing our ageing Society, which is sadly proofed by the actual CoViD-19 Crisis. The social isolation from the current COVID-19 pandemic triggers an ethical dilemma, especially for institutionalized older people who may be visited by a carer twice a day. Its importance is shown by the fact that this public health measure reduces the risk of infection, but that loneliness is the answer to emotional, social and existential isolation. The effects of loneliness can also be seen in negative health-related outcomes.

The use of digital tools can make a big contribution to reducing loneliness, which is a negative emotion associated with a perceived gap between existing relationships and desired ones. The effect of loneliness is harmful to health and increases the risk of disability. Despite this major problem, there are still few tools for identification and intervention and very few training courses for the nursing staff. In most European countries the level of loneliness amongst elderly people has increased over recent decades and became a prevailing factor. In this scenario, caregivers, nurses, social workers and adult educators engaged in Elderly Care Centres (ECCs) are facing new challenges: how to better integrate their interventions, in order to promote an holistic wellbeing of older people; which kind of diagnostic and intervention tools should be taken into account to support caregivers to deal with this social phenomena; which competencies should be improved by these practitioners to increase the educational supply and to be more integrated in the local community. On the other side, the reduction of resources for the elderly care policies forces social workers to cover a wider range of functions with the risk of losing their fundamental contribution to the social exclusion prevention of older people and as activators of common resources for maintaining/creating their best living conditions.

According to Eurostat, the share of elderly, who live alone is around 32%, and around 6% of the total population doesn't have anyone with whom they could discuss their matters. In Austria, 600,000 elderly people live alone and most of them are threatened by loneliness. The need of old people for interlocutors thus increases. Their significance is particularly evident in the actual CoVid-19 crisis. Also the problem that the economic pressure in mobile care has led to a view of the clock dominating the work. Loneliness feelings can never be completely banished from life. In Italy, 13.2% of Italian adults (over 16 yrs) say, they do not have a trusted person to ask for help. Whether it's a reality or a perceived feeling, this rate of loneliness is a very significant indicator of the quality of life of a not inconsiderable proportion of Italian inhabitants. According to Istat (National Institute of Statistics) in Italy over 5 million elderly people live alone, the rise in the age of the population will bring with it several problems: people who are not self-sufficient will increase and loneliness and social exclusion will become widespread phenomena. The problems will be care and assistance. But also pensions and social security. Situation in Cyprus, Spain and Lithuania is quite similar.

Objectives of the project: The project aims to combat against loneliness of elderly people with the help of digital tools and train and empower caregivers with the help of a blended learning programme. The project set up a methodology, by addressing three main key challenges of loneliness prevention:

1. Reaching lonely individuals with local loneliness networks and writing policy recommendations (IO2)
2. Understanding loneliness with the help of a diagnostic tool (IO3)
3. Supporting lonely individuals to access social contacts using a digital intervention tool (IO4)

Target groups and final beneficiaries: Target groups of the project are initial and continuous VET-Provider in the field of elderly care, Elderly Care Centres, vocational educators in these centers, caregivers (nurses, social workers, etc) and elderly people themselves.

Needs of target groups: VET providers and elderly care centers have not been educated in the effective use of digital tools and blended learning approaches. There is also a shortage on available online training material in the care sector, the topic of loneliness intervention strategies is rarely addressed in regular training programmes and the usage of digital tools is highly innovative.

This project needs to be carried out transnationally, as loneliness is a common challenge for all European countries and will even be more important in the future, as Europe can be seen as ageing societies. Intervention strategies have to be developed accross borders in a multiprofessional and diverse project consortium to enhance mutual learning and understanding as base of social innovation for a better future for elderly peopl

What results are expected during the project and on its completion?

Upon its completion, the project will produce a number of results structured around the following 5 intellectual outputs (IO):

IO1: Country Research reports on loneliness, specification book for diagnostic- and intervention-tools; including Country specific adaptations

IO2: "Local loneliness networks" (in social networks and in real life) and Policy recommendations

IO3: Digital Diagnostic Tool on Identifying Loneliness

IO4: Digital Tool on Preventing Loneliness

IO5: Curricula for blended training programme on prevention of loneliness

5-day short term staff training with min. 14 participants in partner organizations to act as Head Trainer and to run national piloting and dissemination events, Building of competences and techniques.

min. 10 Multiplier Events (min 2 in each partner Country), including a Final Dissemination Conference in Lithuania with the attendance of all project Partners as a kick off for sustainable implementation activities

Results:

14 VET-trainer in partner organizations trained

60 VET-Trainers trained as facilitators of blended learning solution (Project partner train own staff and other VET organizations to act as facilitators). All involved HEIs do also provide further education for "In-Service" Nurses and other experts as part of their VET-activities.

min. 125 caregivers get trained in partner countries during pilots (5x25)

300 participants and students from VET-Providers and HEIs (initial and continuous Training) get trained by partner institutions

5000 visits reach at social media channels

225 participants in the multiplier events (5x20 and 5x25 visitors)

A. The immediate results of the projects will be:

- The improvement of the knowledge and competence to deal with loneliness on around 450 VET

trainers, VET participants as well as HEI-students in initial Training at University level. They will be able to understand strategies against loneliness and how to use the tools in daily work

- Improved awareness of loneliness issues for caregivers and community due to dissemination activities and "virtual and real-life loneliness prevention Networks"
- Improved digital competences of elderly people through the use of the intervention tools
- Enhancing social networks of elderly people through the use of the intervention Tools

B. Expected results after the project's completion:

- Enhanced competencies on the use of digital tools in the elderly care sector
- Continuing availability of state of the art Open Educational Resources OER on combat against loneliness (tools and blended learning solutions)
- Enhanced learning competency of caregivers through a sustainable blended learning Programme supporting life-long learning.
- Further development and dissemination of other topics on the base of the developed methodology through partner organizations and network

In what way is the project innovative and/or complementary to other projects already carried out by the participating organisations?

Technical innovation and modern digital tools play a significant role in supporting quality of life in old age. Digital strategies to combat against loneliness are highly recognized as part of the active ageing approach.

Loneliness is a phenomenon with high prevalence among older adults and high impact on their physical, psychological and mental status (Hawkey & Cacioppo, 2010). However, and despite the research efforts till now, data indicate that its insidious pathways of affect and its implications have not been fully clarified yet while tools to evaluate it have not been incorporated in modern healthcare settings (Perissinotto, Holt-Lunstad, Periyakoil, & Covinsky, 2019). This indicates that it is an imperative to launch activities such as the Digi-Ageing project which aim not only to develop new holistic tools based on scientific research and expertise but also, raise awareness in general public about loneliness and its detrimental effects.

The main innovative aspect of this project is a clear alignment of our project methodology in addressing three key challenges of loneliness prevention:

1. Reaching lonely individuals: we foster the personal relationships of caregivers and elderly by means of Loneliness Networks (virtual and real life) (IO2), to empower families, friends and neighbors to play the role of attentive supporters
2. Understanding the nature of an individual's loneliness: we develop the diagnostic tool (IO3) in order to understand and measure the impact of loneliness in later life and to have an assessment to plan further intervention strategies.
3. Supporting lonely individuals to access social contacts and to access appropriate services: here we empower elderly people directly with the help of the digital intervention tool (IO4), as well as we provide a knowledge base for caregivers about successful strategies to combat loneliness in later life (IO5).

Also the holistic approach, the combination of digital tools and blended learning Programme is innovative in the care sector.

The partner have extensive experience in the field of elderly care and can build upon prior projects.

The Coordinator Hafelekar has huge experience in Research and Consulting in the Elderly Care Sector: They consulted the Regional Governments of Tyrol and Upper Austria in big change-projects for the public Health Care sector as well as various communities and Elderly Care Homes in Tyrol.

Hafelekar, together with two other project-partners (UMIT and Consulenza Direzionale) cooperate in an Interreg CBC programme on improvement of elderly care:

- CaRe project (Interreg Italy - Austria) is focused on "case and care" management tools; and it is setting up an holistic approach for elderly people, putting together private and public institutions, creating also local networks;

The Italian partner was also involved in another ICT-Development for the care sector:

- Innomec project (Grundvig program) has been a trans-national initiative focused on elderly People needs; and it tested some e-tools and ICT applications in 5 European countries.

UCY from Cyprus carried out the European AAL CVN project (<http://www.connectedvitality.eu/>).

The European AAL ConnectedVitality project developed 'the second best connection' a Video communication network, coined 'The ConnectedVitality Network', enabling immobile senior Citizens to organize their social network and choose the activity and select levels of social interaction according to their individual needs, abilities and chosen lifestyle. Goal of this project was to develop a technological answer to the growing problem of loneliness amongst elderly people in Europe, as for elderly, loss of a life partner or immobility problems greatly contribute to feelings of helplessness and isolation.

Agecare (Cyprus) Ltd collaborate with experts in developing the FrailSafe system funded under the Horizon2020 call and is currently involved into the development of the frAAgiLe system funded under the AAL programme. Both projects aim to develop an ICT tool to holistically and multiparametrically assess frailty in older adults. Despite the multifaceted assessment of healthcare domains performed in both projects, loneliness is a phenomenon not taken under account in the assessment of the frailty risk. However, given the association of the phenomenon of loneliness with psychological disorders such as depression and anxiety as well as mental decline, it would be beneficial to consider it as a stressing factor contributing to frailty. In fact, recent research shows that loneliness can lead to the deterioration of frailty among older adults (Gale, Westbury & Cooper, 2018) which shows that

it could have an added value to implement the digital diagnosis and intervention tool in such frailty-assessing systems.

Lithuanian Partner MRU and Caminos (Spain) can also build upon numerous experiences on development projects at local and European level, IPR-Rights from prior projects are already clarified

How did you choose the project partners and what will they bring to the project? Does it involve organisations that have never previously been involved in a Strategic Partnerships project?

The project also builds an innovative multi sectorial consortium and an active network of non-formal training providers, representatives of different professions involved concretely in the project design and implementation.

The choice of partners was based on several criteria:

1) Previous cooperation between partners.

2) Geographical coverage, to ensure different social and economic contexts and to have a broader understanding and exchange of knowledge amongst partners. This is of utmost importance to the relevance of the outputs and the scope of the dissemination.

3) Expertise/experience – the partners were selected according to the fields of expertise that were indispensable to the project needs and objectives.

So, partnership has been chosen taking in consideration the previous trans-national experiences of each partner, and the specific skills and competences connected to the project topic. All Partners know each other, since many years (because they have done several cooperations, above all at european level). This condition will guarantee quality and effectiveness in the project duration.

Hafelekar (Austria) has a wide experience in EU projects, local policies and social issues, with also several initiatives (at local, national and trans-national level) connected with project goals and contents.

UMIT (Austria) is a modern health university, where traditional studies curricula (i.e. gerontology) are

combined also with i.e. ICT / mecatronic, etc. Although UMIT is a very experienced Research University with significant third-party funding , the Department of Nursing Science and Gerontology have never been Partner in Strategic Partnership projects.

UCY (Cyprus) is a technical expert in ICT development. It has participated in a number of projects, more related of which is AAL CVN (<http://www.connectedvitality.eu/>).

AgeCare (Cyprus) is an expert Organisation and service provider in the elderly care sector itself and offers a diverse range of nursing, care and rehabilitation services for older adults, both in residential/nursing units and the community. They also developed various innovative Solutions in the care sector and participated in AAL Programme (Ageing Well in the digital World).

CONSULENZA DIREZIONALE (Italy) is a consultancy and training firm, with also a wide experience in EU projects, and several initiatives connected with project goals. Moreover, even if it is a private organizations, it has a wide network of public and private institutions and stakeholders.

MIKOLAS ROMERIS UNIVERSITY (Lithuania) is a big HE institution in Vilnius, with several departments and faculties, including social sciences, social work and ICT.

Last but not least, the non-profit association “CAMINOS” (Spain) is focused on the field of education and social work.

All partners have done several Erasmus plus, KA2 in particular, projects.

How will the tasks and responsibilities be distributed among the partners?

Hafelekar (coordinator / lead Partner) will be responsible for:

- Overall management, including the financial management.
- On behalf of the project representation towards and communication with the National Agency and other relevant authorities.
- Production of IO1: country Research reports on loneliness.
- Contributions to all other IOs
- Supervision of the development of the methodological Approach for Network development in IO2
- Supervision of tool production (IO3 and IO4)
- Supervision of Curricula development in IO5
- Promotion of the project results at regional, national and European level through its channels (website, social media, events, networks and associated organizations)
- Participating in Train the Trainer Programme and Train 2 staff Members as Head Coaches
- Organisation of a project meeting in Lower Austria and a multiplier event.

UMIT will be responsible for:

- The curricula development for blended training program (IO5)
- Scientific contribution to IO1, set up of National Loneliness Network (IO2) as well as contribution to other IOs
- Close cooperation with its wide member network enriching the project results and outputs with knowledge from throughout Europe and promoting the results throughout this network of digital enabling non-formal education centers.
- Promotion of the project results at European level through its channels (website, social media, newsletter, online campaigns, events)
- Participating in Train the Trainer Programme and Train 2 staff Members as Head Coaches
- Organisation of a project Meeting in Tyrol and a multiplier event.

University of Cyprus (UCY) will be responsible for:

- The production of IO4
- Technical Realisation of IO3 - ICT development
- Strongly contributing to IO2 and IO5.
- Contribution to IO1, primarily for the technical specification book and Need Analysis related to the tools
- Promotion of the project results at regional, national and European level through its channels (website, social media, events, networks and organizations)
- Participating in Train the Trainer Programme and Train 2 staff Members as Head Coaches
- Organisation of a project meeting, a multiplier event and hosting the "train the trainer" activities in Cyprus.

AgeCare will be responsible for:

- The production of IO3 – Concept development
- Strongly contributing to IO2 and IO4.
- Contribution to IO1 as National lead for the Country Report and for the Content specification of the tools
- Promotion of the project results at regional, national and European level through its channels (website, social media, events, networks and organizations)

- Organisation of a Multiplier Event
- Participating in Train the Trainer Programme and Train 2 staff Members as Head Coaches
- Co-organising project meeting and the "train the trainer" activities in Cyprus (together with UCY)

CONSULENZA DIREZIONALE (CDPZ) will be responsible for:

- Production of IO2: loneliness Networks (real life and virtual Networks) and writing Policy recommendations
- Strong contribution to IO1 for National Country report and IO3 and IO4, as well as contribution to IO5.
- Overall responsibility for European dissemination on behalf of the project producing dissemination plan, the project visual identity and a project website. Responsibility for dissemination reporting. Also for promotion of project results at regional and national level.
- Participating in Train the Trainer Programme and Train 2 staff Members as Head Coaches
- Organisation of a project meeting in Italy and two multiplier events.

CAMINOS will be responsible for:

- Co-Lead of IO2 loneliness Networks (real life and virtual Networks) and writing Policy recommendations, together with CDPZ
- Contribution to all IOs for Country specific data in Spain
- Promotion of the project results at regional, national and European level through its channels (website, social media, events, networks and organizations)
- Participating in Train the Trainer Programme and Train 2 staff Members as Head Coaches
- Organisation of a project meeting in Spain and two multiplier events
- support for the quality management (internal evaluation)

MRU will be responsible for:

- Co-Lead of IO1 country Research reports on loneliness, together with Hafelekar
- Contribution to all IOs for Country specific data in Spain
- Promotion of the project results at regional, national and European level through its channels (website, social media, events, networks and organizations)
- Participating in Train the Trainer Programme and Train 2 staff Members as Head Coaches
- Organisation of a project meeting and Dissemination conference in Lithuania (the closing event) and another multiplier events.
- lead in quality management (internal evaluation)
- liaison and cooperation with external evaluator

If relevant, please identify and explain the involvement of associated partners, not formally participating in the project. Please explain how they will contribute to the implementation of specific project tasks/activities or support the dissemination and sustainability of the project.

Hafelekar, together with the private Health University Hall has a tense network of organisations, operating in the mobile care for elderly people ("Sozialsprengel"), which will support the piloting as well as the sustainable implementation of the project results. Through the "CaRe-project", they already set up regional Networks where they can build upon.

UCY and AgeCare, as part from Materia Group have an excellent Network in the Elderly Care Sector in Cyprus. from Cyprus. Materia Group (<http://www.materia.com.cy>), Group is a private sector service provider itself, and offers a diverse range of nursing, care and rehabilitation services for older adults, both in residential/nursing units and the community. In this context, Materia has access to a large group of current and previous clients aged 65+ with a diverse range of demographic characteristics, as well as, their families and wider network. As an organization, Materia is under the close supervision of the public Department of Social Welfare. In addition, the Ministry of Health purchases services from Materia Group for the care of chronic patients requiring skilled nursing care. We also closely collaborate with municipality daycare centers and senior day clubs in Nicosia, retired persons associations, retired professionals' associations and NGOs, i.e., Cyprus Alzheimer's Association. Furthermore, Materia Group has a long history of collaboration with a wide range of healthcare professionals who attend to its clients, including gerontologists, geriatrists, nurses, speech therapists, psychologists, neurologists, psychiatrists, neuropsychologists, physiotherapists, music, art and drama therapists, working in private or governmental institutions. In addition, our enterprise maintains close collaboration with several universities in Cyprus, e.g., University of Cyprus, University of Nicosia, European University Cyprus, both in R&D projects and as a training site for their students from multiple health and social disciplines (i.e., Medical School). Finally, Materia Group has been closely collaborating with a wide range of private sector organizations, companies and stakeholders in Cyprus, Greece, Europe and Middle-East, including technology vendors and product and service providers, e.g. Noesis Cognitive Center & Tech Solutions Ltd, GJK HealthPharma Services Ltd, business consultants, IT and ethics experts. All aforementioned stakeholders can participate in project activities, provide useful feedback and support the dissemination of the project.

For Italy there are some associated partners, that come from the Veneto Region; in particular:

- IPAB di Vicenza, that is a big size (700 workers) public body in the field of elderly care centres (they are running 9 houses);
- "Consulta degli anziani" (Elderly people Committee) that is a compulsory body within the Vicenza municipality; it represents 44 local associations, cooperatives and foundations that are dealing with elderly people issues;
- "Fondazione Centro Assistenza Fermo Sisto Zerbato": the Foundation will support the Italian partner above all for mobility care (for IO3 and IO4 in particular, like for example implementation of pilots) because they are dealing with mobility care too;
- local (Vicenza) volunteers association (over 240 people) will support some activities;
- last but not least, Health District in Vicenza, and in particular the Health and Social Department.

We already got a concrete involvement of the single management directors.

Camino will cooperate with the "Amigos de los Mayores", an NGO that fights against the loneliness of the elderly, who live alone. They have initiatives to connect them socially, an observatory of solitude (research) and offer training to their volunteers.

Also MRU (Lithuania) will cooperate with Birštonas - University of the Third Age (U3A). It is an independent, voluntary public organization, a non-formal adult education institution, whose activities ensure the integration of older people into society. TAU's activities are based on the principles of justice, fairness, proportionality, respect for individual rights and freedoms, comprehensive personal development, openness and public benefit. U3A cooperates with state institutions of the Republic of Lithuania on issues of non-formal adult education. Develops cooperation relations with other scientific institutions, social and business partners, actively participates in international projects.

So, all these associated partners will be able to support the project activities in the following tasks:

- how to involve in the best way the local and regional stakeholders;
- how to promote the project activities since the beginning;
- strong support in the dissemination, for the interim and final results;

- and, above all, they will support the partnership in a key goal that is the “sustainability after EU grant” (how to ensure the continuation of the project activities).

Participants

Please briefly describe how you will select and involve participants in the different activities of your project.

In the first stages of the project, mostly the experts of the partners will participate, together with colleagues from strategic partners. Some might include outside experts at this level too. In later activities, we include VET-trainer and HEI-lecturers from partner institutions, strategic partners and from the already existing network of partner organizations. As the consortium consists of 4 VET-providers and 3 universities (also with Continuing VET Programme , 2 of them with dedicated departments of elderly care, they have a huge network on own students, alumni, and cooperating institutions in the care sector.

Participants for Piloting the Intellectual Outcomes (IO2-IO5) and for the recruitment of the Focus Groups and Interviews in IO1:

Austria: Umit, together with Hafelekar, guides a Pilot Region for Care and Case Management in Tyrol, including several elderly care homes, mobile care Providers and other Service Providers, which will be used as implementing Partner in the piloting.

Cyprus: AgeCare, as part of the Materia Group is a Service Provider for elderly Care itself and runs 2elderly care homes with around 100 places and provides 24hr nursing and is therefore an ideal implementing Partner for piloting of the project Outcomes.

Italy: CDPZ has a longterm relationship with IPAB (runs some elderly care homes and mobile care Provider), which employs more than 700 caregivers and is very interested in piloting our Tools and training solution and also the "Consulta degli anziani" as representative Organisation for 44 associations in the field of elderly care.

Spain: Caminos has a close relationship to the association "Amigos de los Mayores", an NGO that fights against the loneliness of the elderly. As for the Moment the elderly care sector in Spain faces a deep crisis, that came up with the Covid-19 tragedy, they are more than willing to test our Solutions against loneliness.

Lithuania: They already fixed a cooperation with the University of the Third Age (U3A) for piloting Tools and Blended Learning Solutions.

Selection of the participants in the short term staff training: the 14 VET-trainer, acting as head trainers to deliver national dissemination activities and piloting will be selected from partner organizations staff and volunteer supporters. The participants to the training will be assessed according to the profile which will be developed in IO5. We will prioritize selecting a good balance of trainers, related to age, gender and professional experience to foster mutual learning.

Selection of participants in piloting activities: The 60 trainers in VET (HEI) will be sourced through the partners' networks from the start of the project and at initial dissemination activities. The Trainers and lectures will be those with responsibility for training in VET and HEI initial and continuous training.

Depending on the national context these duties may be a formal part of the person's job profile.

Selection of caregivers in piloting: The 220 caregivers and other experts in the field as well as caring relatives (in service and at initial VET-training) as participants in the dissemination and piloting activities will be recruited through the facilitators of the training with the help of the VET and HEI institutions as well as from associated organisations.

Involvement of the elderly people: They will be reached as regular clients by the caregivers

Participants with fewer opportunities: does your project involve participants facing situations that make their participation more difficult?

Yes

How many participants would fall into this category?

20

Which types of situations are these participants facing?

Disability

Health problems

Social obstacles

How will you support these participants so that they will fully engage in the planned activities?

One of the main challenges for elderly people is to face loneliness. Within the project, the outreach elderly caregivers receive tools to diagnose and prevent loneliness and to support the final beneficiaries.

For the baseline research we will ask for feedback from the final beneficiaries. This will be supported by the outreach care team, who visit them at home and ask for feedback on main project ideas.

During pilot phase, the elderly will also be visited and supported at their home places, so that they can fully engage them into testing and using our loneliness preventing tools.

Please describe briefly how and in which activities these persons will be involved.

As part of the piloting process of the loneliness diagnosis and preventive tools, elderly care givers will visit them at home and will support them in using our tool. As a side effect, they may receive additional help through the professional care system

Preparation

Please describe what will be done in preparation by your organisation/group and by your partners/group before the actual project activities take place, e.g. administrative arrangements, communication about the activities, selection of the persons, coaches, involvement of stakeholders, etc.

The coordinator and the partners have already undertaken preparatory activities. These include:

- The agreement about the plan of action, calendar of activities, consistency and complementarity of actions, format of IOs and key milestones
- A stocktaking of previous and current projects in the project field, the outcomes of which can be built on and adapted to strengthen the impact of the project.
- Collation of EU documentation, and research literature about project themes
- Consultation with and commitment from key stakeholder organizations, which will have a strategic role in reaching potential trainees in the project and/or in dissemination and exploitation of projects results.

To further prepare the partnership before activities begin, we foresee to perform the following actions:

- The project coordinator will sign partnership agreements with all other partners. The partnership agreements are very useful because they regulate the administrative procedures between the coordinator and each partner such as reporting and financial arrangements, and ensure timely and well-organized project management. The partnership agreements will be signed during the first month of the project implementation.
- All partners will set up their respective project teams to ensure overall coordination (project manager, financial manager, communication manager from each partner) as soon as the Partnership is informed about the results of the selection process.
- An online partners' meeting will be organized as soon as the grant agreement is signed on behalf of the consortium. Prior to this meeting, the partners will establish a project steering group as a decision-making body for all important processes.

In the last weeks, we organized several meetings, basically online (Skype) within the partnership; and also some "face to face" meetings have been done with some partners.

Management

Funds for Project Management and Implementation

Funds for 'Project Management and Implementation' are provided to all Strategic Partnerships based on the number of participating organisations and duration of the project. The purpose of these funds is to cover diverse expenses that any project may incur, such as planning, communication between partners, small scale project materials, virtual cooperation, local project activities, promotion, dissemination and other similar activities not covered by other types of funding. A partnership may receive a maximum of 2750 EUR of 'Project Management and Implementation cost' per month

Organisation Role	Grant per organisation and per month	Number of Organisations	Grant
Applicant Organisation	500,00 EUR	1	17.000,00 EUR
Partner Organisation	250,00 EUR	6	51.000,00 EUR
Total		7	68.000,00 EUR

Please provide detailed information about the project activities that you will carry out with the support of the grant requested under the item 'Project Management and Implementation'

There is a significant amount of project administration involved in the delivery of EU projects. Each partner will be required to carry out a range of activities to support delivery of the Intellectual Outputs (IOs) and related activity.

Each partner will set up their own internal project administration processes. They will need to plan their own activities in relation to the project timeline/ work plan, as well as plan any additional Actions that the IO lead, or other key activity lead, places on them. Planning time is critical to the effective delivery of the project and will not be underestimated. Partners will also plan Transnational Project

Meetings (both hosting arrangements when hosting a meeting and travel arrangements when attending meetings).

All partners will need to record, report and retain financial information. As part of quarterly monitoring

by Hafelekar, all partners will need to provide reports and related financial evidence (for example, timesheets) so that budget and spend can be monitored throughout project implementation.

As well as financial information, all partners will need to report quarterly on progress. All partners will be expected to complete a short report of activity in that quarter, covering all live IOs, project management activity and dissemination activity.

Key to the wider success of the project will be dissemination. The lead for dissemination (CDPZ) will develop and set up a project website and develop a dissemination plan of action for the project. Each partner will be expected to disseminate the project and its results both internally to their organisation and externally. CDPZ, will coordinate and report on activity but each partner will conduct dissemination activity, including updating their organisation website, press releases, , localised promotional materials, small scale translation, etc.

All partners will also contribute to implementing the centralised dissemination plan for the project, for example, by linking to and promoting the project website. Each partner will be responsible for planning and delivering the Multiplier Events to be held in their country.

All partners will be expected to communicate with each other, as well as liaising with external stakeholders. Some of these stakeholders will form part of project delivery, while others will be interested in the project results. Time spent engaging with these stakeholders will aid Dissemination and will support attendance at the planned Multiplier Events.

The lead partner for quality assurance (MRU), supported by Caminos, will engage and liaise with the External Evaluator throughout the duration of the project. Hafelekar, as project lead, will have added responsibility for liaising with the NA, overall management (including processing claims, audit readiness activities, grant payments, maintaining the risk register, conflict resolution, interim and final reporting, etc.).

Transnational Project Meetings

Transnational project meetings: how often do you plan to meet, who will participate in those meetings, where will they take place and what will be the goal?

The partnership plans to meet approximately every half a year, aligning the six planned Meetings with the IOs development, which will be a cooperative effort and major milestones in the project (M1, M8, M15, M22, M28, M33).

Kick-off meeting in M1 will be organized in St. Pölten (Austria) by the applicant. It will focus on managerial tasks ensuring that the project will proceed smoothly. It will also align with the development of IO1, for which Hafelekar is the main responsible, and the European survey.

The second meeting will take place in Italy in M8. The meeting will be held at CONSULENZA DIREZIONALE premises (Vicenza, North East of Italy) and it will include a half day Multiplier Event with local experts, teachers, students, young people and local authorities to work towards the IO2, for which CONSULENZA DIREZIONALE is responsible.

The third meeting will take place in Spain in M15 at Caminos headquarters near Malaga. Main discussion Points will be the Dissemination of the finalized Network Guide (IO2) and the Definition of online and face to face learning methods and learning contents (IO5).

Meeting no. 4, M23, will be organized in Cyprus, so that it can happen one day before or one day after the Learning Teaching Training Activity C1, also to be conducted in Cyprus. The main discussion of the fourth meeting will be on IO3 and IO4.

Meeting no.5 in M28 will be organized in Hall in Tirol by UMIT to evaluate the piloting Phase of the Blended Learning Solution (IO5) and to improve project results according to Evaluation Feedback.

Final Meeting no.6 in M33 will be organized by the local partner, University "Mykolas Romeris" in Vilnius, with cooperation will all partners. During this meeting one of the main objectives will be to finalize the project activities and to thoroughly discuss next steps; above all in terms of follow up and recommendations for stakeholders and policy makers (to ensure exploitation of results of the project by stakeholders and policy makers).

The External Evaluator will be expected to attend virtually at project meetings to maintain contact with all Partners and to ensure full engagement in the quality assurance process. The Evaluator should present conclusions and recommendations at the final dissemination in Vilnius, which comes together with the project meeting.

Due to efficient Management, it is planned to have only one responsible person per partner at the Meetings, with some very reasonable exemptions:

For the coordinator, we always planned two Meeting participants, as one has to chair the meetings and to supervise the Content related issues, while a second person will be responsible for the minute and the administrative Tasks.

For the Meeting in Cyprus (M22) we planned to have 2 Meeting participants per Country, as we aligned this activity with the Training Event and so each Partner can bring one additional expert to the Meeting and to receive direct Feedback from Training participants, as on this Point we will have the first piloting of both tools and the Curricula.

For the final Meeting in Vilnius (M33) we also planned 2 participants per Country (1 for each Cyprus Organisation) as we aligned this with the Final Dissemination Event in Lithuania. This allows to have in-Depth discussions on sustainability, further implementation and Networks.

Transnational Project Meetings Summary

Please specify the funds requested to organise the planned Transnational Project Meetings.

ID	Leading Organisation	Meeting Title	Country of Venue	Starting Period	No. of Participants	Grant
1	HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)	kick off meeting	Austria	10-2020	8	4.005,00 EUR
2	Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	Second Partner Meeting	Italy	05-2021	9	4.395,00 EUR
3	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	Third Partner Meeting	Spain	12-2021	9	4.950,00 EUR
4	UNIVERSITY OF CYPRUS (E10208585, CY)	Forth Partner Meeting	Cyprus	07-2022	14	7.600,00 EUR
5	UMIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	Fifth Partner Meeting	Austria	01-2023	9	4.395,00 EUR
6	MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	Final dissemination Meeting	Lithuania	06-2023	12	6.490,00 EUR
Total					61	31.835,00 EUR

Transnational Project Meetings Details 1

Meeting Title

kick off meeting

Leading Organisation

HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)

Starting Period

10-2020

Country of Venue

Austria

Transnational Project Meetings Groups

To estimate the distances between places, please use the European Commission's [distance calculator](#)

Id	Sending Organisation	Country of the Sending Organisation	No. of Participants	Distance Band	Grant per Participant	Grant
1	HAFELEKAR UNTERNEHMENSBERATUNG SCHOBBER GMBH (E10061578, AT)	Austria	2	0 - 99 km	0,00 EUR	0,00 EUR
2	UNIT- PRIVATE UNIVERSITÄT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	Austria	1	100 - 1999 km	575,00 EUR	575,00 EUR
3	UNIVERSITY OF CYPRUS (E10208585, CY)	Cyprus	1	>= 2000 km	760,00 EUR	760,00 EUR
4	AGECARE (CYPRUS) LTD (E10152134, CY)	Cyprus	1	>= 2000 km	760,00 EUR	760,00 EUR
5	Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	Italy	1	100 - 1999 km	575,00 EUR	575,00 EUR
6	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	Spain	1	>= 2000 km	760,00 EUR	760,00 EUR
7	MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	Lithuania	1	100 - 1999 km	575,00 EUR	575,00 EUR
Total						4.005,00 EUR

Transnational Project Meetings Details 2

Meeting Title

Second Partner Meeting

Leading Organisation

Consulenza Direzionale di Paolo Zaramella (E10019696, IT)

Starting Period

05-2021

Country of Venue

Italy

Transnational Project Meetings Groups

To estimate the distances between places, please use the European Commission's [distance calculator](#)

Id	Sending Organisation	Country of the Sending Organisation	No. of Participants	Distance Band	Grant per Participant	Grant
1	HAFELEKAR UNTERNEHMENSBERATUNG SCHOBBER GMBH (E10061578, AT)	Austria	2	100 - 1999 km	575,00 EUR	1.150,00 EUR
2	UNIT- PRIVATE UNIVERSITÄT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	Austria	1	100 - 1999 km	575,00 EUR	575,00 EUR
3	UNIVERSITY OF CYPRUS (E10208585, CY)	Cyprus	1	>= 2000 km	760,00 EUR	760,00 EUR
4	AGECARE (CYPRUS) LTD (E10152134, CY)	Cyprus	1	>= 2000 km	760,00 EUR	760,00 EUR
5	Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	Italy	2	0 - 99 km	0,00 EUR	0,00 EUR
6	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	Spain	1	100 - 1999 km	575,00 EUR	575,00 EUR
7	MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	Lithuania	1	100 - 1999 km	575,00 EUR	575,00 EUR
Total						4.395,00 EUR

Transnational Project Meetings Details 3

Meeting Title

Third Partner Meeting

Leading Organisation

ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)

Starting Period

12-2021

Country of Venue

Spain

Transnational Project Meetings Groups

To estimate the distances between places, please use the European Commission's [distance calculator](#)

Id	Sending Organisation	Country of the Sending Organisation	No. of Participants	Distance Band	Grant per Participant	Grant
1	HAFELEKAR UNTERNEHMENSBERATUNG SCHOBBER GMBH (E10061578, AT)	Austria	2	>= 2000 km	760,00 EUR	1.520,00 EUR
2	UNIT- PRIVATE UNIVERSITÄT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	Austria	1	100 - 1999 km	575,00 EUR	575,00 EUR
3	UNIVERSITY OF CYPRUS (E10208585, CY)	Cyprus	1	>= 2000 km	760,00 EUR	760,00 EUR
4	AGECARE (CYPRUS) LTD (E10152134, CY)	Cyprus	1	>= 2000 km	760,00 EUR	760,00 EUR
5	Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	Italy	1	100 - 1999 km	575,00 EUR	575,00 EUR
6	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	Spain	2	0 - 99 km	0,00 EUR	0,00 EUR
7	MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	Lithuania	1	>= 2000 km	760,00 EUR	760,00 EUR
Total						4.950,00 EUR

Transnational Project Meetings Details 4

Meeting Title

Forth Partner Meeting

Leading Organisation

UNIVERSITY OF CYPRUS (E10208585, CY)

Starting Period

07-2022

Country of Venue

Cyprus

Transnational Project Meetings Groups

To estimate the distances between places, please use the European Commission's [distance calculator](#)

Id	Sending Organisation	Country of the Sending Organisation	No. of Participants	Distance Band	Grant per Participant	Grant
1	HAFELEKAR UNTERNEHMENSBERATUNG SCHOBBER GMBH (E10061578, AT)	Austria	2	>= 2000 km	760,00 EUR	1.520,00 EUR
2	UNIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	Austria	2	>= 2000 km	760,00 EUR	1.520,00 EUR
3	UNIVERSITY OF CYPRUS (E10208585, CY)	Cyprus	2	0 - 99 km	0,00 EUR	0,00 EUR
4	AGECARE (CYPRUS) LTD (E10152134, CY)	Cyprus	2	0 - 99 km	0,00 EUR	0,00 EUR
5	Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	Italy	2	>= 2000 km	760,00 EUR	1.520,00 EUR
6	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	Spain	2	>= 2000 km	760,00 EUR	1.520,00 EUR
7	MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	Lithuania	2	>= 2000 km	760,00 EUR	1.520,00 EUR
Total						7.600,00 EUR

Transnational Project Meetings Details 5

Meeting Title

Fifth Partner Meeting

Leading Organisation

UNIT- PRIVATE UNIVERSITÄT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)

Starting Period

01-2023

Country of Venue

Austria

Transnational Project Meetings Groups

To estimate the distances between places, please use the European Commission's [distance calculator](#)

Id	Sending Organisation	Country of the Sending Organisation	No. of Participants	Distance Band	Grant per Participant	Grant
1	HAFELEKAR UNTERNEHMENSBERATUNG SCHOBBER GMBH (E10061578, AT)	Austria	2	100 - 1999 km	575,00 EUR	1.150,00 EUR
2	UNIT- PRIVATE UNIVERSITÄT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	Austria	2	0 - 99 km	0,00 EUR	0,00 EUR
3	UNIVERSITY OF CYPRUS (E10208585, CY)	Cyprus	1	>= 2000 km	760,00 EUR	760,00 EUR
4	AGECARE (CYPRUS) LTD (E10152134, CY)	Cyprus	1	>= 2000 km	760,00 EUR	760,00 EUR
5	Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	Italy	1	100 - 1999 km	575,00 EUR	575,00 EUR
6	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	Spain	1	100 - 1999 km	575,00 EUR	575,00 EUR
7	MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	Lithuania	1	100 - 1999 km	575,00 EUR	575,00 EUR
Total						4.395,00 EUR

Transnational Project Meetings Details 6

Meeting Title

Final dissemination Meeting

Leading Organisation

MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)

Starting Period

06-2023

Country of Venue

Lithuania

Transnational Project Meetings Groups

To estimate the distances between places, please use the European Commission's [distance calculator](#)

Id	Sending Organisation	Country of the Sending Organisation	No. of Participants	Distance Band	Grant per Participant	Grant
1	HAFELEKAR UNTERNEHMENSBERATUNG SCHOBBER GMBH (E10061578, AT)	Austria	2	100 - 1999 km	575,00 EUR	1.150,00 EUR
2	UNIT- PRIVATE UNIVERSITÄT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	Austria	2	100 - 1999 km	575,00 EUR	1.150,00 EUR
3	UNIVERSITY OF CYPRUS (E10208585, CY)	Cyprus	1	>= 2000 km	760,00 EUR	760,00 EUR
4	AGECARE (CYPRUS) LTD (E10152134, CY)	Cyprus	1	>= 2000 km	760,00 EUR	760,00 EUR
5	Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	Italy	2	100 - 1999 km	575,00 EUR	1.150,00 EUR
6	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	Spain	2	>= 2000 km	760,00 EUR	1.520,00 EUR
7	MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	Lithuania	2	0 - 99 km	0,00 EUR	0,00 EUR
Total						6.490,00 EUR

Project Management

How will you ensure proper budget control and time management in your project?

Hafelekar will coordinate the overall management of the project to ensure the effective and efficient achievement of all project aims and activities, within the time designated, according to financial availability and rules. Each partner will be responsible for accomplishing the objectives and tasks assigned within their specific activity.

Project Managers of all partners will coordinate all management activities (operative management, reporting activities, financial activities, organising and leading project meetings, etc.). Project Financial Officers will carry out accounting activities and submit financial statements. Six plenary and different virtual meetings will be organized to allow partners to discuss and review the project management, the progress and the achievement of results and developing tasks. The primary management activities will include the following main tasks:

1. Operative, financial and administrative project management It will include the signature of the contracts between partners and the setting-up of the Steering Committee (SC) composed by one representative for each partner. The SC main tasks will be: setting up working team, making main project decisions, managing the resources to ensure that all project activities and objectives are achieved. The Coordinator will report to the National Agency and manage the costs statements, progress and final report. The task will include the creation of the internal Project Management Handbook in order to provide the Consortium with specific guidelines and tools for project management, in line with the grant agreement and the partnership contracts. It will include a detailed work plan, partners' roles, reporting deadlines, financial rules and internal monitoring procedures and tools. P1 will be responsible to check partners' reports in order to ensure that activities proceed as planned and expenditures are coherent with the action and eligible, directly related to the project activities and fully supported by the required documentation. The project budget has been defined in accordance with the role of the individual partners and their specific contributions in the project; and it has been drafted based upon an itemized budget that allowed to clearly estimating the time requirements for each partner by task and activity. This will thus serve as a reference point to ensure proper budget control and a corresponding time management by each partner. Partner timesheets will be compared against actual outputs and achievements.

2. Monitoring and reporting activities The Coordinator will be in charge of monitoring all the project activities. Monitoring and reporting tools will be designed according to the ERASMUS+ National Agency monitoring instruments, in order to be coherent with the official interim and final reports. Each partner will contribute to progress and final reports and will communicate if any divergences from the project plan occur. Each partner will send every 6 months to the Coordinator the financial tables of costs incurred during the reporting period by the partner, supported by all documents justifying all cost incurred, and the mid-term activity report. Interim payments will be carried out after the Coordinator has checked the costs declared by the Partner and verified that any cost declared corresponds to activities performed and that those activities have been performed with the required level of quality and completeness.

An External Quality Expert, subcontracted by MRU (P6) will be in charge of performing the evaluation of the management efficacy and effectiveness. It is the responsibility for each partner to assure, and for the coordinator to control, that all internal accounting and auditing procedures permit a direct reconciliation of the costs and revenue declared in respect of the project; and with the corresponding accounting statements and supporting documents. It will thus also be assured that all costs are identifiable and verifiable, in particular being recorded in the accounting records and determined according to the applicable accounting standards of the respective country where the partners are established and according to the usual cost accounting practices each partner. The quality assurance and evaluation will be conducted by MRU (P6) they will act as an internal evaluator of the project OUTPUTS, not being directly involved with the production and implementation of the trainings. This work will be shared with the applicant, as the project manager and also as the partner not responsible for producing some IOs. The evaluation will include qualitative and quantitative assessment of the outputs based on criteria well defined and performed by the different partners. Each partner will define a staff member as evaluator, doing regular quality checks. After the achievement of each event, training, meeting, partners will evaluate the project with the concerned target group. Those evaluations will be part of discussion

How will the progress, quality and achievement of project activities be monitored? Please describe the qualitative and quantitative indicators you will use. Please give information about the involved staff, as well as the timing and frequency of the monitoring activities.

There are two essential mechanisms for monitoring and evaluating the quality of the project's activities: internal process Evaluation (MRU responsibility) and external product Evaluation (to be tendered by MRU).

The project processes will be monitored against the GANTT timetable as well as the Partnership satisfaction. We are going to monitor, whether the actions take place in time and reach the planned objectives and outcomes. In partnership satisfaction we will monitor whether the partners feel informed enough and feel competent in the project tasks, what information and help they need. The latter information will be collected through questionnaires after Meetings. In case of not reaching a high Level of contentness, special actions will be implemented to update those partners who need assistance.

The external evaluator will be tendered based on Terms of References set up from MRU with assistance of the coordinator Hafelekar. As a first step, the External Evaluator will set up an Evaluation Design, which has to be followed during project development. We will follow a "critical friend Approach" to receive sufficient Feedback during all steps of the development process and support for the sustainable implementation.

The evaluation will include qualitative and quantitative assessment of the outputs based on criteria well defined and performed by the different partners. Each partner will define a staff member as internal Quality adviser, doing regular quality checks. After the achievement of each event, training, meeting, partners will evaluate the project with the concerned target group. Those evaluations will be part of discussion in the transnational project meetings. At that moment, partners can decide if there is a need for corrective action and how this action should be organized.

The following key project activities and indicators of achievement will be put in place to assess whether and to what extent, the project reaches its objectives and results:

Management & Coordination Activities Milestones:

- 6 project meetings organized
- Progress /Final Reports submitted
- Project website developed and maintained
- Project dissemination plan and materials developed
- Evaluation Report produced

Management performance indicators: establishment of an efficient work plan and appropriate task assignment among partners, explicit instructions clarifying objectives and contents given by Coordinator/Activity leader, the design of a suitable reporting tools, on-going and correct cost certification, regular meeting attendance, as well as collaborative team work and internal communication.

How will you evaluate to which extent the project reached its results and objectives? What indicators will you use to measure the quality of the project's results?

The Evaluation process to assess the quality of products and effectiveness of the training will be mainly related to the level of achievement of expected results, hence of project objectives.

An External Evaluator will be involved, who will work to evaluate and provide feedback on the quality of project Outputs.

The following key project activities and indicators of achievement will be put in place to assess whether and to what extent, the project reaches its objectives and results:

(A) Dissemination performance indicators:

- n. of people reached through the dissemination activities (social media, events at local, national and international level); - n. of press releases, news and articles published;
- n. of project website visitors; media mentions and contributions (local radio, television, newspapers), etc.

(B) Piloting activities

- Pilots implemented all countries.
- At least 90 primary and 300 secondary target persons trained in the pilots.
- At least 30 organisations involved with the project in the piloting countries.
- Piloting activities reported in IO2 and visible in IO3.

Besides quantitative results, the piloting activities will also be evaluated qualitatively based on the surveys and other tools during the pilots and beyond. Quality will be ensured by the internal evaluation partner

ALL DIGITAL and qualitative evaluation will mapping the potential to sustain and promote the results beyond the project partnership and life-time.

(C) Sustainability activities

- Sustainability activities including guidelines on transferability, up scaling and exploitation.
- Final event carried out with participation of at least 25 relevant persons.
- Regional and national and European stakeholders made aware about the possibility to use the project results.
- Virtual and real-life Loneliness Prevention Networks set up as Good Practise by project Partner and replicable at Local, Regional and National Level
- Dialogue with policy makers launched and Policy recommendation addressed to relevant decision makers
- Project results made available under Creative Commons licence.
- Project results (Blended Learning Solution, Digital Tools) embedded in piloting partners training offers and used by Service Providers in the care sector.
- Funding avenues explored and plans for future funding and thus sustainability made.

What are your plans for handling risks which could happen during the project (e.g. delays, budget, conflicts, etc.)?

In order to guarantee an adequate response to the potential threats of the project's success, a risk prevention strategy was identified during the design stage, in which the potential risks that could arise from the project, the possible solutions and the applied methodology. Specific risk log with mitigation actions and the likeliness of the risk will be created at the onset of the project by the lead partner and agreed on by the steering committee (composed by at least one member for each partner).

As during proposal development many countries suffered from CoVid-19 related issues and have been quarantined, we explored strategies, if for the kick off in October there is still no possibility to travel for all Partners in Europe. We already considered the potential usage of Video Conferencing Tools and a rescheduling of kick off Meeting to more regularly, but shorter virtual kick off conferences. For the first months of the project, we would be able to work with few limitations, as desk Research can be carried also with home-office structure. For a longer time of Crisis Situation, we would implement Crisis-responsance strategies, as the coordinator and also some Partner institutions are experts in disaster Management. In relation to any operational or financial risk that may arise during the project: in case a partner encounters problems and difficulties in completing the assigned tasks, in effectively involving the beneficiaries, or in any other aspect that can negatively affect the achievement of the project objectives and the implementation of the activities, the partner will promptly report this to the steering committee, which will mobilize to find the most appropriate solution in order to protect the correct development of the project.

Approximately every half a year the risk log created in the beginning of the project will be discussed and updated during project meetings. In the remaining time, the project log will be open for discussion during the regular online steering committee meetings. The coordinator will apply the following methodology:

RISK PREVENTION

Risk prevention is guaranteed by the following measures: - Provide clear and detailed information before the kick-off meeting and in any other meeting, physical or virtual; - Actively involve partners during decision making, taking into consideration all suggestions and criticisms; - Ensure complete transparency throughout the duration of the project.

PERSONAL INTERACTIONS

Collaboration at the European level is a process based largely on people. Therefore, the most effective remedy for risk prevention is to establish a personal dialogue with those who are at risk of exclusion or who feel put aside. This activity requires careful and sensitive monitoring, by the coordinator, of the behavior of all members involved.

INDEPENDENT ACTIONS

When the personal dialogue between the coordinator and the partners at risk of conflict does not solve the problems, the coordinator will ask an external quality manager to intervene and try to negotiate solutions between the coordinator and the partners or between the conflicting partners. The professionalism of the quality manager will ensure that the interventions are based on the long-term interests of the project.

FORMAL INTERVENTIONS

In the event that none of the above actions is sufficient, the coordinator will open a formal procedure through the direct involvement of the National Agency and, if necessary, will request the support of the Central Executive Agency officers

Implementation

Please explain how will the project activities lead to the achievement of the project objectives and delivery of the planned results.

All the project activities are connected and coherent with the main goals and contents. The system composed by IOs, Multiplier Events and learning/teaching activities is already planned and focused on results (final and interim) achievement. Moreover, quality management and dissemination plan will act as supporting activities for the whole project. Concerning the Intellectual Outputs each partner will be involved, with different level of intensity. The IOs are five, with a specific leader / coordinator, and are already shared in sub-activities and tasks/work packages, with a clear time table too. There are also ten multiplier events (two for each country) with a common topic and similar target group / participants. And the "train the train" week in Cyprus will also permit to set up and define the final versions of tools and training materials, including the ICT contents. Last but not least, MRU will lead the internal evaluation and quality assurance, in cooperation with all partners.

How will you communicate and cooperate with your partners?

Having led a number of EU projects in the past, Hafelekar understands that communication is key to effective project delivery. Therefore, communication will happen regularly throughout the duration of the project, providing plenty of opportunity for all partners to come together (physically and virtually) to report, discuss, plan and progress project activities. It will also include a variety of communication Methods to ensure all partners are able to collaborate effectively.

All of the partners have previous experience of working with at least one of the partners. This means that a level of trust has already been established. Furthermore, partners have corresponded with each other in the development of this proposal and have established formal and informal communications. This provides a solid basis for effective project implementation and will aid any conflict resolution, should that be required.

Three key documents will support the delivery of the project and will enable effective cooperation.

They will set out the roles and responsibilities of all partners, the project objectives, the time plan for delivery and the expected results and outputs.

Firstly, the Grant Agreement (along with the annexed application) will contain the detailed delivery plan, and will set out general roles and responsibilities of all partners (and of the Austrian National Agency).

Secondly, a Consortium Partner Agreement (CPA) will be created between each Partner and Hafelekar (as the coordinator), to outline the specific roles and responsibilities of each party, payment terms, budget, conflict resolution mechanisms, etc.

Thirdly, the project work plan will be the detailed implementation plan that sets out key activities, outputs and results, together with associated timescales. The workplan will be the key tool in supporting implementation. Having been jointly developed by all partners, and fine-tuned in the initial project meeting, it will be key in reinforcing cooperation.

As well as these key documents, the project will have formal structures to support delivery, through which communications and cooperation will occur. The Project Steering Group, made up of representation from each partner, will provide strategic input. All key decisions will be made at this level, along with progress monitoring and reporting. The Project Manager (based at Hafelekar), will liaise with individual partners, as required, as well as reporting to the Project Steering Group at face-to-face and virtual meetings (as covered in the section above). Outside of these two structures

are the IO leads and leads for Quality Assurance and Dissemination. These leads will communicate directly with partners to ensure delivery of each output and activity. These leads will also report to the Project Steering Group.

Communication and cooperation with stakeholders will be of critical importance, not only in shaping the outputs, but in ensuring their sustained use post-project. This will be mostly carried out in two ways.

Firstly, each partner will communicate with their own established networks, including target participants.

Secondly, the project will engage with these same stakeholders directly through the planned Multiplier Events. Two-way communication will seek feedback, ideas and opinions of these important stakeholders.

As lead partner, Hafelekar will use Trello (web-based tool) to support project communication and cooperation between partners. Trello is a tried and tested system that is suitable for this type of project and Partnership.

The 12 planned meetings consist of 6 face-to-face (essential for collaborative working between Transnational partners) and 6 virtual meetings (important to progress project activities) and will enable the Project Steering Group, Project Management Team and activity leads to come together.

These are spread throughout the project duration to coincide with key deliverables and occur in months 1, 3, 8, 10, 12, 15, 17, 19, 22, 26, 28 and 33. The number of meetings, and the balance between face-to-face and virtual meetings, is considered appropriate for a project of 34 months, in terms of both deliverability and value for money.

Throughout the duration of the project, day-to-day communication will be via Trello, email and Skype.

Have you used or do you plan to use eTwinning, School Education Gateway, EPAL or the Erasmus+ Project Results Platform for preparation, implementation or follow-up of your project? If yes, please describe how.

The ERASMUS+ Project Results Platform is a major communication channel for ERASMUS+ projects. Thus, the platform will be used for dissemination purposes. Project Outcomes will also be published on EPAL, the electronic platform for Adult learning in Europe.

Also we will aim to contact relevant similar projects we can effectively liaison with to enrich our and/or their work.

In each partners country there are, already, several e-platforms and tools that will support the follow up and dissemination too. For example something like "learning management systems", but also several platforms in the social media (i.e. Facebook).

We will invite and encourage activities to transfer the material to additional countries/ languages.

Intellectual Outputs

Do you plan to include Intellectual Outputs in your project?

Yes

In case you plan to include Intellectual Outputs please describe them here.

Intellectual Outputs Summary

ID	Leading Organisation	Output Title	Starting Period	Grant
O1	HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)	Country Research reports on loneliness, specification book for diagnostic- and intervention-tools; including Country specific adaptations	10-2020	33.180,00 EUR
O2	Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	Prevent-Loneliness Networks (real-life and virtual) and Policy Recommendations	01-2021	39.024,00 EUR
O3	AGECARE (CYPRUS) LTD (E10152134, CY)	Digital Diagnostic Tool on Identifying Loneliness	03-2021	46.590,00 EUR
O4	UNIVERSITY OF CYPRUS (E10208585, CY)	Digital Tool on Preventing Loneliness	05-2021	42.343,00 EUR
O5	UNIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	Curricula for blended training programme on prevention of	07-2021	42.064,00 EUR
Total				203.201,00 EUR

ID	Leading Organisation	Output Title	Starting Period	Grant
		loneliness		
Total				203.201,00 EUR

Output Title O1

Output Title

Country Research reports on loneliness, specification book for diagnostic- and intervention-tools; including Country specific adaptations

Output Type

Studies / analysis – Research study / report

Start Date (yyyy-mm-dd)

2020-10-01

End Date (yyyy-mm-dd)

2021-05-31

Output Description (including: needs analysis, target groups, elements of innovation, expected impact and transferability potential)

Objectives and Need analysis

The first Intellectual Outcome is dedicated to Progress on the initial Research done for the proposal writing and to use different Methods of desk and field Research to deliver sufficient scientific and applied Knowledge for a high quality delivery of all project outcomes.

IO1 delivers needed data for all other IOs to develop Networks, tools and blended learning Solutions according to the requirements of the regional and national target groups.

For IO2 (Loneliness Networks) we Need data on existing networks, on good examples from Coping strategies related to the loneliness issue and legal and educational Frameworks in the Partner countries.

For IO3 (Digital loneliness Identification tool) a qualitative Research has to be done to identify concrete Needs of the Health Care Sector for Elderly People, different challenges in elderly care homes and mobile care, perceived loneliness situations of elderly and existing Tools to measure and identify loneliness.

For IO4 (Digital Intervention Tools) the Needs of the elderly and the feasibility of support from the care sector has to be analysed as again an up to date Survey on used digital Tools.

For IO5 (Blended Learning) we need to identify main learning gaps according to the phenomena "loneliness", we have to Research on didactical issues according the Provision develop blended learning strategies for gerontological Basics on loneliness as well as the practical Training on using our Tools in daily Business in the Health care sector.

Target Groups

The Primary target Group for this intellectual output can be seen as all project partners and associate partners involved in the development of project Outcomes. Additionally, the Research will inform all relevant stakeholder of the project (VET-Providers, Health and Educational Policy makers, Communities, Caregivers) about relevant aspects of loneliness.

Elements of Innovation

The innovative element is the applied Research on the Topic of loneliness and the local, regional and national contextualisation. As there are many scientific researches on the

phenomenology "loneliness" and the Impact, few applied knowledge about concrete identification and measurement as well as practical Coping strategies are available, which Focus on the relation between professional caregivers and elderly People.

expected Impact

Their will be a huge Impact on the development and local customisation of the Networks, Tools and the blended learning Programme. We will also evaluate the possibility of creating articles to be published in scientific Journals.

Transferability

The transferability is clearly shown for VET-Providers in their existing Training Programmes as well as for communities and Policy makers as evidence based Grounding for further development of Tools and Methods to overcome loneliness.

Please describe the division of work, the tasks leading to the production of the intellectual output and the applied methodology

This activity will be coordinated and led by Hafelekar, with the scientific co-lead and supervision of MRU.

The research has to be done by all partners, while Hafelekar will have main responsibility for Austria and AgeCare will have main responsibility for Cyprus.

Concept notes, research questions and templates will be drafted and developed by Hafelekar, then supervised by MRU. This will be the base for research alignment in all partner countries. Hafelekar will facilitate the discussion process on the National outcomes and do comparative analysis as well feedback (together with MRU) on contributions delivered by partners.

The responsibility of National Reports is with partners, while Hafelekar will take over the responsibility for common transnational reports and executive summaries. Working language will be English, Executive Summaries and Main outcomes of transnational research will be translated in all partner languages, important parts of National reports will be translated to the respective language.

Steps to be taken:

O1-A1 Development of desk research templates and field research methodology (focus group / interview questions) These will be done by Hafelekar, with Supervision from MRU.

Acceptance and approval by all partners at virtual meeting.

O1-A2 Carrying out National desk research reports and compilation to a summary report: Defined research questions for the development of all IOs will be answered by all responsible partners, discussion and feedback facilitated by Hafelekar and MRU)

O1-A3 National Focus Groups and/ or interviews with national stakeholders in each country (10 person reached per country): To receive real-life evidence for the requirements of our forthcoming outputs we will also organise focus groups and interviews. The main focus here will be the needs of different stakeholders for the specification of the IOs. We will develop research designs for each of the need analysis of the IOs, where respective IO-leaders will have a supporting role in the research design and a coordinating role in organising and analysing "their" respective need analysis.

O1-A4 Compilation of national field research reports and editing of summary report for all countries

O1-A5 Specification Set for other IOs (IO2-IO5)

O1-A6 Adaptations according to National Needs

O1-A7 Feasibility check by other IO leads

O1-A8 Finalization of National Country reports

O1-A9 Design and translation of main findings to all partner languages, important National issues to National languages.

Quality Assurance will be carried out by MRU internally and also by the External Evaluator in the role of a critical friend.

Leading Organisation

HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)

Media

Internet

Text File

Participating Organisations

AGECARE (CYPRUS) LTD (E10152134, CY) ASOCIACION CAMINOS -
ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL
(E10030595, ES) Consulenza Direzionale di Paolo Zaramella (E10019696, IT)
MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT) UMIT- PRIVATE
UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN,
MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)
UNIVERSITY OF CYPRUS (E10208585, CY)

Languages

German English Greek Italian Spanish Lithuanian

Intellectual Output Budget

Please justify why specific grant for managers or administrative support staff is required for the development of the Intellectual Output in addition to what is already covered by Project Management and implementation grant.

10 Administrative days are needed for Editorial and layout work of the various reports.

Please specify the staff resources which you need to produce the Intellectual Output.

Id	Organisation	Managers	Teachers/Trainers/Researchers	Technicians	Administrative Support Staff	Grant
1	HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)	0,00 EUR	11.568,00 EUR	0,00 EUR	1.570,00 EUR	13.138,00 EUR
2	AGECARE (CYPRUS) LTD (E10152134, CY)	0,00 EUR	3.288,00 EUR	0,00 EUR	0,00 EUR	3.288,00 EUR
3	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	0,00 EUR	3.836,00 EUR	0,00 EUR	0,00 EUR	3.836,00 EUR
4	Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	0,00 EUR	5.992,00 EUR	0,00 EUR	0,00 EUR	5.992,00 EUR
5	MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	0,00 EUR	2.664,00 EUR	0,00 EUR	0,00 EUR	2.664,00 EUR
6	UNIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	0,00 EUR	2.892,00 EUR	0,00 EUR	0,00 EUR	2.892,00 EUR
7	UNIVERSITY OF CYPRUS (E10208585, CY)	0,00 EUR	1.370,00 EUR	0,00 EUR	0,00 EUR	1.370,00 EUR
Total		0,00 EUR	31.610,00 EUR	0,00 EUR	1.570,00 EUR	33.180,00 EUR

Intellectual Output Budget Details E10061578

Organisation		Country of the Organisation			
HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)		Austria			
Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	48	0	10	58
Grant per Day	294,00 EUR	241,00 EUR	0,00 EUR	157,00 EUR	
Grant	0,00 EUR	11.568,00 EUR	0,00 EUR	1.570,00 EUR	13.138,00 EUR

Intellectual Output Budget Details E10152134

Organisation		Country of the Organisation			
AGECARE (CYPRUS) LTD (E10152134, CY)		Cyprus			

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	24	0	0	24
Grant per Day	0,00 EUR	137,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	3.288,00 EUR	0,00 EUR	0,00 EUR	3.288,00 EUR

Intellectual Output Budget Details E10030595

Organisation	Country of the Organisation
ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	Spain

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	28	0	0	28
Grant per Day	0,00 EUR	137,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	3.836,00 EUR	0,00 EUR	0,00 EUR	3.836,00 EUR

Intellectual Output Budget Details E10019696

Organisation		Country of the Organisation			
Consulenza Direzionale di Paolo Zaramella (E10019696, IT)		Italy			
Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	28	0	0	28
Grant per Day	0,00 EUR	214,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	5.992,00 EUR	0,00 EUR	0,00 EUR	5.992,00 EUR

Intellectual Output Budget Details E10191520

Organisation		Country of the Organisation			
MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)		Lithuania			

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	36	0	0	36
Grant per Day	0,00 EUR	74,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	2.664,00 EUR	0,00 EUR	0,00 EUR	2.664,00 EUR

Intellectual Output Budget Details E10209122

Organisation	Country of the Organisation
UNIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	Austria

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	12	0	0	12
Grant per Day	0,00 EUR	241,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	2.892,00 EUR	0,00 EUR	0,00 EUR	2.892,00 EUR

Intellectual Output Budget Details E10208585

Organisation		Country of the Organisation			
UNIVERSITY OF CYPRUS (E10208585, CY)		Cyprus			
Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	10	0	0	10
Grant per Day	0,00 EUR	137,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	1.370,00 EUR	0,00 EUR	0,00 EUR	1.370,00 EUR

Output Title O2

Output Title	Prevent-Loneliness Networks (real-life and virtual) and Policy Recommendations
Output Type	Services / structures – Cooperation, networking (including network creation and strategies) and peer-learning activities
Start Date (yyyy-mm-dd)	2021-01-01
End Date (yyyy-mm-dd)	2023-07-31

Output Description (including: needs analysis, target groups, elements of innovation, expected impact and transferability potential)

Objectives:

Based on the findings of IO1 this IO serves partners to create „Loneliness Networks“ in their countries and to deliver a final guide based on practical examples on how to create such a network most efficiently in different countries. Thus, it documents and provides recommendations on how to build a Network of relevant stakeholders – private and public parties, depending on how social measures for the final end users are organized in each country. The guide provides information on how to involve the networks in the country, how to receive feedback for quality control and how to provide them guidance in the implementation and motivate them for multiplying and sustainable use of the outcomes of the project.

Needs Analysis

Social Networks can be seen as most effective tool in preventing loneliness. In many cases, these are generated automatically through Family members, neighbors and Friends. In case, they are lacking or not as strong as needed, a professional support is needed. How to organise this, how to connect volunteers, neighbors and even social care System is a crucial competence, which is needed in various situations. By connecting relevant Stakeholders at local and regional Level we will set up Good practice in supporting individual elderly People. The Policy recommendations will demonstrate needed Framework for successful strategies for relevant stakeholder at organisational, local and regional Level how to Prevent loneliness.

Target groups: decisionmakers in health care organisations, Participants of regional/national key players and decision makers in health and care services (depending on the national structure of these sectors)

Elements of innovation:

This IO starts with the first multiplier event which aims at involving national/regional key players (government, municipalities, organizations providing health and care services,...). This events serves to identify interested parties in participating actively in these national/regional networks by one representative each.

Those participants will form control panels expected to provide feedback during the development and implementation of the IOs in order to guarantee their feasibility and usefulness in practice. In this form they guarantee that the tools are in the required quality for the implementation in each country and on the other hand, key players for sustainable use and long term implementation are already involved during the project lifetime.

expected Impact

Successfully implemented Networks, initiated from Partner institutions can already have strong Impact at local Level and could be duplicated with huge Impact related to low resources needed.

Transferability:

The results, as well as the methodology to create local networks is highly transferable. The project partners will provide good practise by starting their own local networks and this can be blueprinted easily with the supporting material provided by the project outcomes.

Please describe the division of work, the tasks leading to the production of the intellectual output and the applied methodology

This activity will be coordinated by Consulenza Direzionale (Italy) as leader and Asociación Caminos (Spain) as co-leader; the national activities will be carried out by all other partners. The coordinator Hafelekar has an extended role to bring in his rich expertise on regional development and the guidance of change processes and therefor supervise the development of the methodological approach. All partners have roles in contributing to the single steps and for implementation at National level as well as customizing handbook content and policy recommendations to National requirements and also being responsible for translation work (UMIT for German).

Steps to be taken:

IO2-A1: Identification of local/regional/national key players and Invitation of them to the Control panels (might be in the ME 1 or online session); Each national/regional network shall involve at least 5 Key players (e.g. from community, mobile care, elderly homes, volunteer organisations, health sector, churches)

IO2-A2: Set up of National Advise Panels – Creating a Meeting Structure (Goals, timeline) and Agenda for Each Meeting

IO2-A3: Evaluation of the Draft Versions and seeking actively areas of implementation within their installations, feed back adaptation needs for their specific use. Each national network will evaluate the implementation of the tools with at least 50 elderly people, both through social media and real support. Each Member of the Control Panel is responsible to report back to the national partner.

IO2-A4: The final network guide will be compiled by the IO leaders, with the support of all partners. The guide (a sort of handbook) will, concretely, reply to the following questions: how to build up a local network (virtual and concrete)? What are the main actual steps and process? How to monitor the network activities? How to maintain network activities in the middle term (also after EU grant)? How to run networks (i.e. through a management small team)? Etc.

IO2-A5: Feedback of partners (how to adapt local networks; how to consider specific local needs; if applicable, how to adapt existing local networks to specific project contents; Etc.)

IO2-A6: Final guide with recommendations for network creation. This document, a sort of “policy recommendation framework”, will be write down by IO leaders, with the help of all partners; it will composed by a common part (mail project outcomes, shared contents, local authorities role, etc.) plus some specific inputs at local level (that should consider for example regional legislations, level of digitalization, existing good practices, the level of institutional involvements, etc.).

IO2-A7: Writing policy recommendations for relevant decision makers at institutional, local and regional level

IO2-A8: Proofreading, Translations in all project languages by project partners (Umit for German)

The implementation within project Lifetime and the handbook will be evaluated by the External Evaluator.

Leading Organisation

Consulenza Direzionale di Paolo Zaramella (E10019696, IT)

Media

Internet

Social Media

Website

Participating Organisations

AGECARE (CYPRUS) LTD (E10152134, CY) ASOCIACION CAMINOS -
ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL
(E10030595, ES) HAFELEKAR UNTERNEHMENSBERATUNG SCHOBBER GMBH
(E10061578, AT) MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT) UMIT-
PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN,
MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)
UNIVERSITY OF CYPRUS (E10208585, CY)

Languages

English German Greek Lithuanian Spanish Italian

Intellectual Output Budget

Please specify the staff resources which you need to produce the Intellectual Output.

Id	Organisation	Managers	Teachers/Trainers/Researchers	Technicians	Administrative Support Staff	Grant
1	Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	0,00 EUR	10.272,00 EUR	0,00 EUR	0,00 EUR	10.272,00 EUR
2	AGECARE (CYPRUS) LTD (E10152134, CY)	0,00 EUR	3.836,00 EUR	0,00 EUR	0,00 EUR	3.836,00 EUR
3	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	0,00 EUR	5.480,00 EUR	0,00 EUR	0,00 EUR	5.480,00 EUR
4	HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)	0,00 EUR	11.568,00 EUR	0,00 EUR	0,00 EUR	11.568,00 EUR
5	MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	0,00 EUR	2.368,00 EUR	0,00 EUR	0,00 EUR	2.368,00 EUR
6	UNIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	0,00 EUR	3.856,00 EUR	0,00 EUR	0,00 EUR	3.856,00 EUR
7	UNIVERSITY OF CYPRUS (E10208585, CY)	0,00 EUR	1.644,00 EUR	0,00 EUR	0,00 EUR	1.644,00 EUR
Total		0,00 EUR	39.024,00 EUR	0,00 EUR	0,00 EUR	39.024,00 EUR

Intellectual Output Budget Details E10019696

Organisation		Country of the Organisation			
Consulenza Direzionale di Paolo Zaramella (E10019696, IT)		Italy			
Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	48	0	0	48
Grant per Day	280,00 EUR	214,00 EUR	162,00 EUR	131,00 EUR	
Grant	0,00 EUR	10.272,00 EUR	0,00 EUR	0,00 EUR	10.272,00 EUR

Intellectual Output Budget Details E10152134

Organisation		Country of the Organisation			
AGECARE (CYPRUS) LTD (E10152134, CY)		Cyprus			

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	28	0	0	28
Grant per Day	0,00 EUR	137,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	3.836,00 EUR	0,00 EUR	0,00 EUR	3.836,00 EUR

Intellectual Output Budget Details E10030595

Organisation	Country of the Organisation
ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	Spain

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	40	0	0	40
Grant per Day	0,00 EUR	137,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	5.480,00 EUR	0,00 EUR	0,00 EUR	5.480,00 EUR

Intellectual Output Budget Details E10061578

Organisation	Country of the Organisation
--------------	-----------------------------

HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)	Austria
---	---------

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	48	0	0	48
Grant per Day	0,00 EUR	241,00 EUR	0,00 EUR	157,00 EUR	
Grant	0,00 EUR	11.568,00 EUR	0,00 EUR	0,00 EUR	11.568,00 EUR

Intellectual Output Budget Details E10191520

Organisation	Country of the Organisation
--------------	-----------------------------

MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	Lithuania
--	-----------

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	32	0	0	32
Grant per Day	0,00 EUR	74,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	2.368,00 EUR	0,00 EUR	0,00 EUR	2.368,00 EUR

Intellectual Output Budget Details E10209122

Organisation	Country of the Organisation
UNIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	Austria

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	16	0	0	16
Grant per Day	0,00 EUR	241,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	3.856,00 EUR	0,00 EUR	0,00 EUR	3.856,00 EUR

Intellectual Output Budget Details E10208585

Organisation		Country of the Organisation			
UNIVERSITY OF CYPRUS (E10208585, CY)		Cyprus			
Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	12	0	0	12
Grant per Day	0,00 EUR	137,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	1.644,00 EUR	0,00 EUR	0,00 EUR	1.644,00 EUR

Output Title O3

Output Title	Digital Diagnostic Tool on Identifying Loneliness
Output Type	Open / online / digital education – Other
Start Date (yyyy-mm-dd)	2021-03-01
End Date (yyyy-mm-dd)	2023-07-31

Output Description (including: needs analysis, target groups, elements of innovation, expected impact and transferability potential)

This IO, led by AgeCare with UCY's contribution, will develop the DigiAging diagnostic tool aiming to identify and (gradually) measure loneliness. The development of this tool will be based both on end-user and technology experts in order to ensure the development of a tool compliant with older adults' needs. More specifically, the theoretical structure of the tool will be developed by AgeCare and the technical development and implementation will be conducted by UCY.

The development of the tool will be based on five main elements: a) Results of user requirements and country-specific specifications collected through the activities of IO1 and IO2, b) expert knowledge regarding older adults' demands, needs, as well as, limitations and restrictions, c) expert knowledge on caregivers', healthcare professionals' and care organizations' routines and competencies, d) Recent quantitative and qualitative data obtained through literature review, e) Standardized tools and instruments for the identification of loneliness in modern settings. After all partners agree to the tool's specifications, UCY will proceed to the technical development of the tool.

After the baseline analysis of system specifications based on users' needs, Agecare will create the theoretical design of the Diagnostic Tool taken under account the following objectives:

- 1) Multiparametric assessment of loneliness based on various and diverse criteria (i.e., demographic, social, personal, etc.)
- 2) Reliable assessment of the risk of developing loneliness based on standardized tools such as the UCLA loneliness scale (Allen & Oshagan, 1995).
- 3) User-friendly and efficient evaluation of loneliness taking under account the limitations of both older adults and healthcare professionals in modern institutions.

Please describe the division of work, the tasks leading to the production of the intellectual output and the applied methodology

AgeCare will lead the conceptual development, while UCY will be responsible for the technical development of the diagnostic tool.

Hafelekar, as expert in Social Innovation processes will guide the whole development process with their expertise in the role of key accounts and to feedback on important milestones of the development process.

The design of the structure of the tool will be conducted in the following steps and tasks:

- 1) O3-A1: Loneliness diagnostic tool Specifications Report: During this task, AgeCare will draft the specifications but all partners will assist in the process in terms of interpreting the

results of the tasks IO1-A1 and IO1-A3 for their respective countries. In this way, AgeCare for the concept and UCY as a technical expert will be able to better understand the user requirements in order to compile the tool's specifications. More specifically, the report will be based on: Identification of the demographic, personal, health, social, financial and other risk factors contributing to the prevalence of loneliness among older adults. Research shows that several demographic factors such as widowhood, not having a confidant to share important information with, absence of children, etc. can be risk factors for loneliness.

2) Exploration of technological instruments and gateways which could be appropriate for older adults with a wide range of characteristics

3) Definition of end-user requirements and limitations based on the results of IO1, i.e., decreased attention span, visual and hearing acuity with age, need for high contrast screens in technological instruments, etc.

O3-A2 Multiparametric assessment instruments: This task aims to define the instruments which should be incorporated in the DigiAging tool in order to assess the risk of developing loneliness. Those tools can be both standardized and unstandardized, qualitative and quantitative in order to measure loneliness in a holistic manner. The instruments will aim to measure loneliness from a social, personal, and demographic, i.a. perspective.

O3-A3 Development of diagnostic tool: AgeCare will be responsible for the methodology and the specifications of the user interfaces, UCY for the technical development. We will ensure that the first version of the tool will be available before the TtT Training to be contacted in Cyprus during June or July 2022. In specific, technical implementation of the tool will be completed by the end of April 2022, so that during May 2022 AgeCare has the time to internally test the tool (using AgeCare staff). By the time of the training, AgeCare and UCY will ensure that the tool is ready and functioning for the purposes of the training.

O3-A4 Finetuning of the diagnostic tool after internal evaluation and user feedback: Any feedback of the partners will be considered by UCY, who will update the tool. UCY plans to utilize the feedback from the usage of the tool during the E6-E10 Stakeholder meetings, where small-scale workshops will be conducted, to further update the tool. The consortium ensures that by the end of the project, the tool will be fully functional and free from any problems.

Main tasks:

- Management, assessment planning and design, scientific and expert analysis, feedback provision: AgeCare
- Technical realization, development and fine-tuning: UCY
- Contributions, specifications, feedback, review of assessment plan: All partner
- Monitoring, checking and approval by Hafelekar and MRU
- Product Evaluation by External Evaluator

Leading Organisation

AGECARE (CYPRUS) LTD (E10152134, CY)

Media

Software
Interactive Resource

Participating Organisations

ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES) Consulenza Direzionale di Paolo Zaramella (E10019696, IT) HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT) MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT) UMIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND

Languages

TECHNIK GMBH (E10209122, AT) UNIVERSITY OF CYPRUS (E10208585, CY)

German English Greek Italian Spanish Lithuanian

Intellectual Output Budget

Please specify the staff resources which you need to produce the Intellectual Output.

Id	Organisation	Managers	Teachers/Trainers/Researchers	Technicians	Administrative Support Staff	Grant
1	AGECARE (CYPRUS) LTD (E10152134, CY)	0,00 EUR	7.535,00 EUR	0,00 EUR	0,00 EUR	7.535,00 EUR
2	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	0,00 EUR	2.466,00 EUR	0,00 EUR	0,00 EUR	2.466,00 EUR
3	Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	0,00 EUR	4.280,00 EUR	0,00 EUR	0,00 EUR	4.280,00 EUR
4	HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)	0,00 EUR	13.255,00 EUR	0,00 EUR	0,00 EUR	13.255,00 EUR
5	MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	0,00 EUR	1.776,00 EUR	0,00 EUR	0,00 EUR	1.776,00 EUR
6	UNIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	0,00 EUR	2.892,00 EUR	0,00 EUR	0,00 EUR	2.892,00 EUR
7	UNIVERSITY OF CYPRUS (E10208585, CY)	0,00 EUR	5.206,00 EUR	9.180,00 EUR	0,00 EUR	14.386,00 EUR
Total		0,00 EUR	37.410,00 EUR	9.180,00 EUR	0,00 EUR	46.590,00 EUR

Intellectual Output Budget Details E10152134

Organisation		Country of the Organisation			
AGECARE (CYPRUS) LTD (E10152134, CY)		Cyprus			
Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	55	0	0	55
Grant per Day	0,00 EUR	137,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	7.535,00 EUR	0,00 EUR	0,00 EUR	7.535,00 EUR

Intellectual Output Budget Details E10030595

Organisation		Country of the Organisation			
ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)		Spain			

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	18	0	0	18
Grant per Day	0,00 EUR	137,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	2.466,00 EUR	0,00 EUR	0,00 EUR	2.466,00 EUR

Intellectual Output Budget Details E10019696

Organisation	Country of the Organisation
Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	Italy

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	20	0	0	20
Grant per Day	0,00 EUR	214,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	4.280,00 EUR	0,00 EUR	0,00 EUR	4.280,00 EUR

Intellectual Output Budget Details E10061578

Organisation		Country of the Organisation			
HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)		Austria			
Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	55	0	0	55
Grant per Day	0,00 EUR	241,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	13.255,00 EUR	0,00 EUR	0,00 EUR	13.255,00 EUR

Intellectual Output Budget Details E10191520

Organisation		Country of the Organisation			
MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)		Lithuania			

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	24	0	0	24
Grant per Day	0,00 EUR	74,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	1.776,00 EUR	0,00 EUR	0,00 EUR	1.776,00 EUR

Intellectual Output Budget Details E10209122

Organisation	Country of the Organisation
UNIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	Austria

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	12	0	0	12
Grant per Day	0,00 EUR	241,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	2.892,00 EUR	0,00 EUR	0,00 EUR	2.892,00 EUR

Intellectual Output Budget Details E10208585

Organisation		Country of the Organisation			
UNIVERSITY OF CYPRUS (E10208585, CY)		Cyprus			
Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	38	90	0	128
Grant per Day	0,00 EUR	137,00 EUR	102,00 EUR	0,00 EUR	
Grant	0,00 EUR	5.206,00 EUR	9.180,00 EUR	0,00 EUR	14.386,00 EUR

Output Title O4

Output Title	Digital Tool on Preventing Loneliness
Output Type	Open / online / digital education – Other
Start Date (yyyy-mm-dd)	2021-05-01
End Date (yyyy-mm-dd)	2023-07-31

Output Description (including: needs analysis, target groups, elements of innovation, expected impact and transferability potential)

This IO, led by UCY, will utilize ICT technologies and frameworks to implement a loneliness prevention tool, coined as intervention tool: based on the results of the diagnostic tool for a particular elderly person, i.e. the elderly's level of loneliness, the tool will attempt to reduce the level of loneliness of the elderly user through various interaction activities of the elderly with the tool.

Thus, the target group of the intervention tool are elderly people themselves. To facilitate this, appropriate User Interfaces (UIs) need to be developed for elderly people: appropriate font types and sizes, appropriate colors, large size of menus and other will be considered. Special attention will be given so that the tool will be easy to use for elderly people, as well as elderly people-friendly (user-friendly).

There exist many possible implementations for the intervention tool: from chatting services where elderly can chat instantly with communities of elderly, their family or caregivers, get-together applications for elderly to meet up with other elderly or others, applications for searching and finding entertainment assets, such as movies and TV shows, games where elderly can play together, etc.

Moreover, more specialized services for loneliness exist, such as Replika (<https://replika.ai/about/story>) where people can create a profile and are offered a space where they can safely share their thoughts, feelings, beliefs, experiences, memories, dreams, it is a "private perceptual world."

The final decision about the types of services to be included in the intervention tool will be decided based on the outcomes of IO1-A1 in terms of the baseline research on loneliness in the consortium countries, the analysis of the outcomes of the national Focus Groups and/or interviews with national stakeholders in each country in O1-A3, and also based on the diagnostic tool's specifications report.

UCY will utilize its experience through its participation in the AAL project CVN (<http://www.connectedvitality.eu/>), during which a video communication network, coined 'The ConnectedVitality Network', was developed, enabling immobile senior citizens to organize their social network and choose the activity and select levels of social interaction according to their individual needs, abilities and chosen lifestyle. The loneliness intervention tool to be designed and developed in this IO will draw from the experience of UCY on the previous

work developed in CVN and other relevant projects.

Please describe the division of work, the tasks leading to the production of the intellectual output and the applied methodology

UCY will lead the technical development of the diagnostic and intervention tools. Hafelekar, as expert in Social Innovation processes will guide the whole development process with their expertise in the role of key accounts and to feedback on important milestones of the development process.

Firstly, the tool's specifications report will be drafted by UCY, based on: i. the outcomes of IO1-A1 in terms of the baseline research on loneliness in the consortium countries, ii. the analysis of the outcomes of the national Focus Groups and/or interviews with national stakeholders in each country in O1-A3, and iii. based on the diagnostic tool's specifications report.

After all partners agree to the tool's specifications, UCY will proceed to its development.

Huge emphasis will be given so that the tool is user friendly and specifically addressed to elderly people. AgeCare as expert organization for the target group and Hafelekar, as expert in Social Innovation processes, will guide the whole development process with their expertise in the role of key accounts and to feedback on important milestones of the development process.

Steps to be taken

O3-A1: Loneliness intervention tool Specifications Report: During this task, UCY will draft the specifications but all partners will assist in the process in terms of interpreting the results of the tasks IO1-A1 and IO1-A3 for their respective countries. In this way, UCY as a technical expert will be able to better understand the user requirements in order to compile the specifications report.

O3-A2 Development of an intervention tool: UCY will develop the tool. We will ensure that the first version of the tool will be available before the TtT-Training to be contacted in Cyprus during June or July 2022. In specific, technical implementation of the tool will be completed by the end of April 2022, so that during May 2022 UCY has the time to internally test the tool (using UCY staff, together with AgeCare). By the time of the training, UCY will ensure that the tool is ready and function at 100% for the purposes of the training.

O3-A3 Updates to the intervention tool after internal evaluation and user feedback: This task starts in May 2022, right after the completion of the development of the first version of the tool, and continues until the end of the project. Any feedback of the partners will be considered by UCY, who will update the tool. UCY plans to utilize the feedback from the usage of the tools during the E6-E10 Stakeholder meetings, where small-scale workshops will be conducted, to further update the tools. The consortium ensures that by the end of the project, the tool will be fully functional and free from any problems.

Main tasks:

- Management, planning, development, editing: UCY, supported by AgeCare and Hafelekar
- Contributions, specifications, feedback: All partner
- Monitoring, checking and approval by Hafelekar and UMIT
- Product Evaluation by External Evaluator

Leading Organisation

UNIVERSITY OF CYPRUS (E10208585, CY)

Media

Internet

Text

Website

Participating Organisations

AGECARE (CYPRUS) LTD (E10152134, CY) ASOCIACION CAMINOS -
ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL
(E10030595, ES) Consulenza Direzionale di Paolo Zaramella (E10019696, IT)
HAFELEKAR UNTERNEHMENSBERATUNG SCHÖBER GMBH (E10061578, AT)
MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT) UNIT- PRIVATE
UNIVERSITÄT FÜR GESUNDHEITSWISSENSCHAFTEN,
MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)

Languages

German English Greek Italian Spanish Lithuanian

Intellectual Output Budget

Please specify the staff resources which you need to produce the Intellectual Output.

Id	Organisation	Managers	Teachers/Trainers/Researchers	Technicians	Administrative Support Staff	Grant
1	UNIVERSITY OF CYPRUS (E10208585, CY)	0,00 EUR	5.206,00 EUR	9.180,00 EUR	0,00 EUR	14.386,00 EUR
2	AGECARE (CYPRUS) LTD (E10152134, CY)	0,00 EUR	3.288,00 EUR	0,00 EUR	0,00 EUR	3.288,00 EUR
3	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	0,00 EUR	2.466,00 EUR	0,00 EUR	0,00 EUR	2.466,00 EUR
4	Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	0,00 EUR	4.280,00 EUR	0,00 EUR	0,00 EUR	4.280,00 EUR
5	HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)	0,00 EUR	13.255,00 EUR	0,00 EUR	0,00 EUR	13.255,00 EUR
6	MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	0,00 EUR	1.776,00 EUR	0,00 EUR	0,00 EUR	1.776,00 EUR
7	UMIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	0,00 EUR	2.892,00 EUR	0,00 EUR	0,00 EUR	2.892,00 EUR
Total		0,00 EUR	33.163,00 EUR	9.180,00 EUR	0,00 EUR	42.343,00 EUR

Intellectual Output Budget Details E10208585

Organisation		Country of the Organisation			
UNIVERSITY OF CYPRUS (E10208585, CY)		Cyprus			
Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	38	90	0	128
Grant per Day	0,00 EUR	137,00 EUR	102,00 EUR	0,00 EUR	
Grant	0,00 EUR	5.206,00 EUR	9.180,00 EUR	0,00 EUR	14.386,00 EUR

Intellectual Output Budget Details E10152134

Organisation		Country of the Organisation			
AGECARE (CYPRUS) LTD (E10152134, CY)		Cyprus			

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	24	0	0	24
Grant per Day	0,00 EUR	137,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	3.288,00 EUR	0,00 EUR	0,00 EUR	3.288,00 EUR

Intellectual Output Budget Details E10030595

Organisation	Country of the Organisation
ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	Spain

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	18	0	0	18
Grant per Day	0,00 EUR	137,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	2.466,00 EUR	0,00 EUR	0,00 EUR	2.466,00 EUR

Intellectual Output Budget Details E10019696

Organisation		Country of the Organisation			
Consulenza Direzionale di Paolo Zaramella (E10019696, IT)		Italy			
Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	20	0	0	20
Grant per Day	0,00 EUR	214,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	4.280,00 EUR	0,00 EUR	0,00 EUR	4.280,00 EUR

Intellectual Output Budget Details E10061578

Organisation		Country of the Organisation			
HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)		Austria			

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	55	0	0	55
Grant per Day	0,00 EUR	241,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	13.255,00 EUR	0,00 EUR	0,00 EUR	13.255,00 EUR

Intellectual Output Budget Details E10191520

Organisation	Country of the Organisation
MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	Lithuania

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	24	0	0	24
Grant per Day	0,00 EUR	74,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	1.776,00 EUR	0,00 EUR	0,00 EUR	1.776,00 EUR

Intellectual Output Budget Details E10209122

Organisation		Country of the Organisation			
UNIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)		Austria			
Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	12	0	0	12
Grant per Day	0,00 EUR	241,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	2.892,00 EUR	0,00 EUR	0,00 EUR	2.892,00 EUR

Output Title O5

Output Title	Curricula for blended training programme on prevention of loneliness
Output Type	Course / curriculum – Pilot course / module
Start Date (yyyy-mm-dd)	2021-07-01
End Date (yyyy-mm-dd)	2023-07-31

Output Description (including: needs analysis, target groups, elements of innovation, expected impact and transferability potential)

AIM:

Aim of IO5 is the development of a blended learning solution to provide the competences needed for caregivers, to support elderly in preventing and coping with loneliness. It is plan to develop the Concept and the Training materials for a 16 hours blended learning Training, with around 8 -12 hours face to face, 4-6 hours online Training and additional self learning Content.

As IO3 and IO4 provide identification and intervention tools, the usage of these tools will be a main subject of the blended learning solution, together with applied knowledge in gerontology in relation to health and social Impact on loneliness to individuals and at community level.

Needs Analysis

As our initial Research for the proposal writing demonstrate, there is a huge demand on practical knowledge for caregivers related to loneliness. The experience based Approach (application of Tools framed by Background knowledge on loneliness) is a highly needed Addition to existing initial and further educational Training programmes for caregivers.

Target Group

The target groups are VET-Educators in the elderly care sector as trainers, caregivers (nurses, social workers, care assistants) as participants of the Training Programmes and elderly people as well as relatives as final beneficiaries of the learning outcomes .

Elements of Innovation:

Based on the specification set in the Initial Research and Needs Analysis (IO1), the development of the diagnostic tool (IO3) and the intervention tool (IO4), we will develop a modular 16-hour blended learning training course. The learning outcomes consist in the usage of the diagnostic tool (target group: caregivers to interview elderly people), the introduction and explanation of the intervention tool (target Group for advise: caregivers, for individual usage of final beneficiaries, the elderly people) as well as scientific gerontologic information on

the prevalence of loneliness, prevention and intervention strategies and other relevant input for caregivers.

Expected impact:

The training curricula (online and face to face) lays out the usage and application of the developed tools and the exploitation of the research on loneliness for initial and continuous VET purposes in the care sector. The short term joint staff training will be used to Train the trainer seminars are held according to the Ponzi scheme. First we offer transnational training in Germany, followed by national "Mini" Pilot trainings in all the partner countries aligned with the Multiplier Events.

Please describe the division of work, the tasks leading to the production of the intellectual output and the applied methodology

UMIT has the main responsibility for curricula development and preparation of the face to face learning contents, University of Cyprus will be responsible for the online part (tutorials on the applications of the tools) of the blended learning system. Hafelekar as an expert organisation in blended learning solutions will supervise the development of the didactic concept and has therefor a special role in the development of this IO.

Activities:

- O5-A1: set up of training concept, informed by specifications (IO1) and development of tools (IO3)
- O5-A2: Definition of profiles for train the trainer and VET-participants
- O5-A3: Curricula development, based on the definition of the learning outcomes
- O5-A4: Definition of online and face to face learning methods and learning contents
- O5-A5: Development of online and face to face learning materials (trainer guide, seminar documents, online modules)
- O5-A6: Piloting and Evaluation at short term joint staff training in Cyprus, training event for Head Coaches for each country
- O5-A7: Dissemination&Evaluation events and National pilots in each partner country
- O5-A8: . Continual improvement based on feedback and assessment of pilot phase

Main tasks:

- development of curricula and face to face contents: UMIT
- development of online contents, online availability: Universtiy of Cyprus
- supervision of the development of didactical approach: Hafelekar
- Contributions, pilots, feedback: all partners
- Monitoring, checking and approval by MRU and Hafelekar
- Product Evaluation by External Evaluator

Leading Organisation

UMIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN,
MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)

Media

Internet

Text

Website

Participating Organisations

AGECARE (CYPRUS) LTD (E10152134, CY) ASOCIACION CAMINOS -
ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL
(E10030595, ES) Consulenza Direzionale di Paolo Zaramella (E10019696, IT)
HAFELEKAR UNTERNEHMENSBERATUNG SCHÖBER GMBH (E10061578, AT)
MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT) UNIVERSITY OF
CYPRUS (E10208585, CY)

Languages

German English Greek Italian Lithuanian Spanish

Intellectual Output Budget

Please specify the staff resources which you need to produce the Intellectual Output.

Id	Organisation	Managers	Teachers/Trainers/Researchers	Technicians	Administrative Support Staff	Grant
1	UNIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	0,00 EUR	13.255,00 EUR	0,00 EUR	0,00 EUR	13.255,00 EUR
2	AGECARE (CYPRUS) LTD (E10152134, CY)	0,00 EUR	2.740,00 EUR	0,00 EUR	0,00 EUR	2.740,00 EUR
3	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	0,00 EUR	3.288,00 EUR	0,00 EUR	0,00 EUR	3.288,00 EUR
4	Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	0,00 EUR	5.136,00 EUR	0,00 EUR	0,00 EUR	5.136,00 EUR
5	HAFELEKAR UNTERNEHMENSBERATUNG SCHOBBER GMBH (E10061578, AT)	0,00 EUR	13.255,00 EUR	0,00 EUR	0,00 EUR	13.255,00 EUR
6	MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	0,00 EUR	1.924,00 EUR	0,00 EUR	0,00 EUR	1.924,00 EUR
7	UNIVERSITY OF CYPRUS (E10208585, CY)	0,00 EUR	2.466,00 EUR	0,00 EUR	0,00 EUR	2.466,00 EUR
Total		0,00 EUR	42.064,00 EUR	0,00 EUR	0,00 EUR	42.064,00 EUR

Intellectual Output Budget Details E10209122

Organisation		Country of the Organisation			
UMIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)		Austria			
Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	55	0	0	55
Grant per Day	0,00 EUR	241,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	13.255,00 EUR	0,00 EUR	0,00 EUR	13.255,00 EUR

Intellectual Output Budget Details E10152134

Organisation		Country of the Organisation			
AGECARE (CYPRUS) LTD (E10152134, CY)		Cyprus			

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	20	0	0	20
Grant per Day	0,00 EUR	137,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	2.740,00 EUR	0,00 EUR	0,00 EUR	2.740,00 EUR

Intellectual Output Budget Details E10030595

Organisation	Country of the Organisation
ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	Spain

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	24	0	0	24
Grant per Day	0,00 EUR	137,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	3.288,00 EUR	0,00 EUR	0,00 EUR	3.288,00 EUR

Intellectual Output Budget Details E10019696

Organisation		Country of the Organisation			
Consulenza Direzionale di Paolo Zaramella (E10019696, IT)		Italy			
Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	24	0	0	24
Grant per Day	0,00 EUR	214,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	5.136,00 EUR	0,00 EUR	0,00 EUR	5.136,00 EUR

Intellectual Output Budget Details E10061578

Organisation		Country of the Organisation			
HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)		Austria			

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	55	0	0	55
Grant per Day	0,00 EUR	241,00 EUR	0,00 EUR	157,00 EUR	
Grant	0,00 EUR	13.255,00 EUR	0,00 EUR	0,00 EUR	13.255,00 EUR

Intellectual Output Budget Details E10191520

Organisation	Country of the Organisation
MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	Lithuania

Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	26	0	0	26
Grant per Day	0,00 EUR	74,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	1.924,00 EUR	0,00 EUR	0,00 EUR	1.924,00 EUR

Intellectual Output Budget Details E10208585

Organisation		Country of the Organisation			
UNIVERSITY OF CYPRUS (E10208585, CY)		Cyprus			
Category of Staff	Managers	Teachers/Trainers/Researchers	Technicians	Administrative support staff	Total
No. of Working Days	0	18	0	0	18
Grant per Day	0,00 EUR	137,00 EUR	0,00 EUR	0,00 EUR	
Grant	0,00 EUR	2.466,00 EUR	0,00 EUR	0,00 EUR	2.466,00 EUR

Multiplier Events

Do you plan to include Multiplier Events in your project?

Yes

Multiplier Events Summary

ID	Leading Organisation	Event Title	Starting Period	Grant
E1	HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)	Awareness Raising on Loneliness and discussion of coping strategies	04-2021	2.500,00 EUR
E2	AGECARE (CYPRUS) LTD (E10152134, CY)	Awareness Raising on Loneliness and discussion of coping strategies	04-2021	2.500,00 EUR
E3	Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	Awareness Raising on Loneliness and discussion of coping strategies	04-2021	2.000,00 EUR
E4	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	Awareness Raising on Loneliness and discussion of coping strategies	04-2021	2.000,00 EUR
E5	MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	Awareness Raising on Loneliness and discussion of	04-2021	2.000,00 EUR
Total				23.000,00 EUR

ID	Leading Organisation	Event Title	Starting Period	Grant
		coping strategies		
E6	UNIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	Disseminate tools and innovative approaches for elderly	09-2022	2.500,00 EUR
E7	UNIVERSITY OF CYPRUS (E10208585, CY)	Disseminate tools and innovative approaches for elderly	09-2022	2.500,00 EUR
E8	Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	Disseminate tools and innovative approaches for elderly	09-2022	2.000,00 EUR
E9	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	Disseminate tools and innovative approaches for elderly	09-2022	2.000,00 EUR
E10	MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	Final Dissemination Event together with Project Meeting	05-2023	3.000,00 EUR
Total				23.000,00 EUR

Grant support for Multiplier Events can only be asked for if the project intends to produce substantial Intellectual Outputs. Other dissemination activities will be supported via the grant item Project Management and Implementation.

Multiplier Event Details E1

Event Title

Awareness Raising on Loneliness and discussion of coping strategies

Country of Venue

Austria

Start Date (yyyy-mm-dd)

2021-04-01

End Date (yyyy-mm-dd)

2021-06-30

Event Description (Including : Targets groups and objectives)

Aim of this multiplier event is to raise awareness in local communities, healthcare organization and stakeholders regarding the prevalence of loneliness and its impact on older adults' mental, psychological and physical functioning. The content of the event will be based on the analyses and Country Reports of IO1. Finally, this event will act as the kick off to establish local loneliness networks and launch the activities of IO2.

Target groups are caregivers, nurses, HE and VET teachers in elderly care sector as well as policy makers and caring relatives.

The length of this event is planned around half a day.

Intellectual Outputs Covered

Country Research reports on loneliness,
specification book for diagnostic- and intervention-tools; including Country specific adaptations

Prevent-Loneliness Networks (real-life and virtual) and Policy Recommendations

Leading Organisation

HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)

Participating Organisations

UNIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)

Multiplier Event Budget

ID	Organisation	Country of the Organisation	Local Participants	Foreign Participants	Grant per Local Participant	Grant per Foreign Participant	Grant
1	HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)	Austria	25	0	100,00 EUR	200,00 EUR	2.500,00 EUR
Total							2.500,00 EUR

Multiplier Event Details E2

Event Title

Awareness Raising on Loneliness and discussion of coping strategies

Country of Venue

Cyprus

Start Date (yyyy-mm-dd)

2021-04-01

End Date (yyyy-mm-dd)

2021-06-30

Event Description (Including : Targets groups and objectives)

Aim of this multiplier event is to raise awareness in local communities, healthcare organization and stakeholders regarding the prevalence of loneliness and its impact on older adults' mental, psychological and physical functioning. The content of the event will be based on the analyses and Country Reports of IO1. Finally, this event will act as the kick off to establish local loneliness networks and launch the activities of IO2.

Target groups are caregivers, nurses, HE and VET teachers in elderly care sector as well as policy makers and caring relatives.

The length of this event is planned around half a day.

Intellectual Outputs Covered

Country Research reports on loneliness,
specification book for diagnostic- and intervention-tools; including Country specific adaptations

Prevent-Loneliness Networks (real-life and virtual) and Policy Recommendations

Leading Organisation

AGECARE (CYPRUS) LTD (E10152134, CY)

Participating Organisations

UNIVERSITY OF CYPRUS (E10208585, CY)

Multiplier Event Budget

ID	Organisation	Country of the Organisation	Local Participants	Foreign Participants	Grant per Local Participant	Grant per Foreign Participant	Grant
1	AGECARE (CYPRUS) LTD (E10152134, CY)	Cyprus	25	0	100,00 EUR	200,00 EUR	2.500,00 EUR
Total							2.500,00 EUR

Multiplier Event Details E3

Event Title

Awareness Raising on Loneliness and discussion of coping strategies

Country of Venue

Italy

Start Date (yyyy-mm-dd)

2021-04-01

End Date (yyyy-mm-dd)

2021-06-30

Event Description (Including : Targets groups and objectives)

Aim of this multiplier event is to raise awareness in local communities, healthcare organization and stakeholders regarding the prevalence of loneliness and its impact on older adults' mental, psychological and physical functioning. The content of the event will be based on the analyses and Country Reports of IO1. Finally, this event will act as the kick off to establish local loneliness networks and launch the activities of IO2.

Target groups are caregivers, nurses, HE and VET teachers in elderly care sector as well as policy makers and caring relatives.

The length of this event is planned around half a day.

Intellectual Outputs Covered

Country Research reports on loneliness,
specification book for diagnostic- and intervention-tools; including Country specific adaptations

Prevent-Loneliness Networks (real-life and virtual) and Policy Recommendations

Leading Organisation

Consulenza Direzionale di Paolo Zaramella (E10019696, IT)

Multiplier Event Budget

ID	Organisation	Country of the Organisation	Local Participants	Foreign Participants	Grant per Local Participant	Grant per Foreign Participant	Grant
1	Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	Italy	20	0	100,00 EUR	200,00 EUR	2.000,00 EUR
Total							2.000,00 EUR

Multiplier Event Details E4

Event Title

Awareness Raising on Loneliness and discussion of coping strategies

Country of Venue

Spain

Start Date (yyyy-mm-dd)

2021-04-01

End Date (yyyy-mm-dd)

2021-06-30

Event Description (Including : Targets groups and objectives)

Aim of this multiplier event is to raise awareness in local communities, healthcare organization and stakeholders regarding the prevalence of loneliness and its impact on older adults' mental, psychological and physical functioning. The content of the event will be based on the analyses and Country Reports of IO1. Finally, this event will act as the kick off to establish local loneliness networks and launch the activities of IO2.

Target groups are caregivers, nurses, HE and VET teachers in elderly care sector as well as policy makers and caring relatives.

The length of this event is planned around half a day.

Intellectual Outputs Covered

Country Research reports on loneliness,
specification book for diagnostic- and intervention-tools; including Country specific adaptations

Prevent-Loneliness Networks (real-life and virtual) and Policy Recommendations

Leading Organisation

ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)

Multiplier Event Budget

ID	Organisation	Country of the Organisation	Local Participants	Foreign Participants	Grant per Local Participant	Grant per Foreign Participant	Grant
1	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	Spain	20	0	100,00 EUR	200,00 EUR	2.000,00 EUR
Total							2.000,00 EUR

Multiplier Event Details E5

Event Title

Awareness Raising on Loneliness and discussion of coping strategies

Country of Venue

Lithuania

Start Date (yyyy-mm-dd)

2021-04-01

End Date (yyyy-mm-dd)

2021-06-30

Event Description (Including : Targets groups and objectives)

Aim of this multiplier event is to raise awareness in local communities, healthcare organization and stakeholders regarding the prevalence of loneliness and its impact on older adults' mental, psychological and physical functioning. The content of the event will be based on the analyses and Country Reports of IO1. Finally, this event will act as the kick off to establish local loneliness networks and launch the activities of IO2.

Target groups are caregivers, nurses, HE and VET teachers in elderly care sector as well as policy makers and caring relatives.

The length of this event is planned around half a day.

Intellectual Outputs Covered

Country Research reports on loneliness,
specification book for diagnostic- and intervention-tools; including Country specific adaptations

Prevent-Loneliness Networks (real-life and virtual) and Policy Recommendations

Leading Organisation

MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)

Multiplier Event Budget

ID	Organisation	Country of the Organisation	Local Participants	Foreign Participants	Grant per Local Participant	Grant per Foreign Participant	Grant
1	MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	Lithuania	20	0	100,00 EUR	200,00 EUR	2.000,00 EUR
Total							2.000,00 EUR

Multiplier Event Details E6

Event Title

Disseminate tools and innovative approaches for elderly

Country of Venue

Austria

Start Date (yyyy-mm-dd)

2022-09-01

End Date (yyyy-mm-dd)

2023-01-31

Event Description (Including : Targets groups and objectives)

The Austrian partner UMIT will organize the multiplier event "Dissemination tools and innovative approaches for elderly" in Tyrol.

It will bring together at least 25 relevant experts and practitioners from Austria.

The aim of the workshop, which will take the form of various brainstorming activities including focus groups, will be organized for supporting the partnership to disseminate project outcomes and contents.

This will be the best way to map the existing best practices, educational resources and map ways, in which these can be taken forward towards the goals of the project.

There will be also the project digital tools and curricula / training paths presentation as a teaser for further National Implementation and sustainability activities.

The length of this workshop is planned between half-day and full-day.

Intellectual Outputs Covered

Prevent-Loneliness Networks (real-life and virtual) and Policy Recommendations

Digital Diagnostic Tool on Identifying Loneliness

Digital Tool on Preventing Loneliness

Curricula for blended training programme on prevention of loneliness

Leading Organisation

UMIT- PRIVATE UNIVERSITÄT FÜR GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHE INFORMATIK UND TECHNIK GMBH (E10209122, AT)

Participating Organisations

HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)

Multiplier Event Budget

ID	Organisation	Country of the Organisation	Local Participants	Foreign Participants	Grant per Local Participant	Grant per Foreign Participant	Grant
1	UNIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	Austria	25	0	100,00 EUR	200,00 EUR	2.500,00 EUR
Total							2.500,00 EUR

Multiplier Event Details E7

Event Title

Disseminate tools and innovative approaches for elderly

Country of Venue

Cyprus

Start Date (yyyy-mm-dd)

2022-09-01

End Date (yyyy-mm-dd)

2023-01-31

Event Description (Including : Targets groups and objectives)

The University of Cyprus, together with AgeCare will organize the multiplier event "Dissemination tools and innovative approaches for elderly".

It will bring together at least 25 relevant experts and practitioners from Cyprus.

The aim of the workshop, which will take the form of various brainstorming activities including focus groups, will be organized for supporting the partnership to disseminate project outcomes and contents.

This will be the best way to map the existing best practices, educational resources and map ways, in which these can be taken forward towards the goals of the project.

There will be also the project digital tools and curricula / training paths presentation as a teaser for further National Implementation and sustainability activities.

The length of this workshop is planned between half-day and full-day.

Intellectual Outputs Covered

Prevent-Loneliness Networks (real-life and virtual) and Policy Recommendations

Digital Diagnostic Tool on Identifying Loneliness

Digital Tool on Preventing Loneliness

Curricula for blended training programme on prevention of loneliness

Leading Organisation

UNIVERSITY OF CYPRUS (E10208585, CY)

Participating Organisations

AGECARE (CYPRUS) LTD (E10152134, CY)

Multiplier Event Budget

ID	Organisation	Country of the Organisation	Local Participants	Foreign Participants	Grant per Local Participant	Grant per Foreign Participant	Grant
1	UNIVERSITY OF CYPRUS (E10208585, CY)	Cyprus	25	0	100,00 EUR	200,00 EUR	2.500,00 EUR
Total							2.500,00 EUR

Multiplier Event Details E8

Event Title

Disseminate tools and innovative approaches for elderly

Country of Venue

Italy

Start Date (yyyy-mm-dd)

2022-09-01

End Date (yyyy-mm-dd)

2023-01-31

Event Description (Including : Targets groups and objectives)

The Italian partner will organize the multiplier event "Dissemination tools and innovative approaches for elderly".

It will bring together at least 25 relevant experts and practitioners from Italy.

The aim of the workshop, which will take the form of various brainstorming activities including focus groups, will be organized for supporting the partnership to disseminate project outcomes and contents.

This will be the best way to map the existing best practices, educational resources and map ways, in which these can be taken forward towards the goals of the project.

There will be also the project digital tools and curricula / training paths presentation as a teaser for further National Implementation and sustainability activities.

The length of this workshop is planned between half-day and full-day.

Intellectual Outputs Covered

Prevent-Loneliness Networks (real-life and virtual) and Policy Recommendations

Digital Diagnostic Tool on Identifying Loneliness

Digital Tool on Preventing Loneliness

Curricula for blended training programme on prevention of loneliness

Leading Organisation

Consulenza Direzionale di Paolo Zaramella (E10019696, IT)

Multiplier Event Budget

ID	Organisation	Country of the Organisation	Local Participants	Foreign Participants	Grant per Local Participant	Grant per Foreign Participant	Grant
1	Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	Italy	20	0	100,00 EUR	200,00 EUR	2.000,00 EUR
Total							2.000,00 EUR

Multiplier Event Details E9

Event Title

Disseminate tools and innovative approaches for elderly

Country of Venue

Spain

Start Date (yyyy-mm-dd)

2022-09-01

End Date (yyyy-mm-dd)

2023-01-31

Event Description (Including : Targets groups and objectives)

The Spanish partner will organize the multiplier event "Dissemination tools and innovative approaches for elderly".

It will bring together at least 25 relevant experts and practitioners from Spain.

The aim of the workshop, which will take the form of various brainstorming activities including focus groups, will be organized for supporting the partnership to disseminate project outcomes and contents.

This will be the best way to map the existing best practices, educational resources and map ways, in which these can be taken forward towards the goals of the project.

There will be also the project digital tools and curricula / training paths presentation as a teaser for further National Implementation and sustainability activities.

The length of this workshop is planned between half-day and full-day.

Intellectual Outputs Covered

Prevent-Loneliness Networks (real-life and virtual) and Policy Recommendations

Digital Diagnostic Tool on Identifying Loneliness

Digital Tool on Preventing Loneliness

Curricula for blended training programme on prevention of loneliness

Leading Organisation

ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)

Multiplier Event Budget

ID	Organisation	Country of the Organisation	Local Participants	Foreign Participants	Grant per Local Participant	Grant per Foreign Participant	Grant
1	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	Spain	20	0	100,00 EUR	200,00 EUR	2.000,00 EUR
Total							2.000,00 EUR

Multiplier Event Details E10

Event Title

Final Dissemination Event together with Project Meeting

Country of Venue

Lithuania

Start Date (yyyy-mm-dd)

2023-05-01

End Date (yyyy-mm-dd)

2023-07-15

Event Description (Including : Targets groups and objectives)

The Lithuanian Partner will organize the final Dissemination Event "Digital tools and innovative approaches for elderly combatting loneliness".

It will bring together at least 25 relevant experts (it is planned to include 5 foreign experts) and practitioners.

The aim of the conference is to disseminate the projects Outcomes and to build up sustainable Networks in combatting loneliness for elderly people.

It is also a possibility to disseminate our blended Training Programme.

The length of this workshop is planned between half-day and full-day.

Intellectual Outputs Covered

Prevent-Loneliness Networks (real-life and virtual) and Policy Recommendations

Digital Diagnostic Tool on Identifying Loneliness

Digital Tool on Preventing Loneliness

Curricula for blended training programme on prevention of loneliness

Leading Organisation

MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)

Multiplier Event Budget

ID	Organisation	Country of the Organisation	Local Participants	Foreign Participants	Grant per Local Participant	Grant per Foreign Participant	Grant
1	MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	Lithuania	20	5	100,00 EUR	200,00 EUR	3.000,00 EUR
Total							3.000,00 EUR

Learning, Teaching, Training Activities

Do you plan to include transnational Learning, Teaching or Training activities in your project?

Yes

Activities Summary

In case you plan to include Learning, Teaching or Training Activities please encode them here.

ID	Activity Title	Leading Organisation	Activity Type	Field	Starting Period	No. of Participants	No. of Accompanying Persons	Grant
C1	TRAIN THE TRAINER PROGRAM	UNIVERSITY OF CYPRUS (E10208585, CY)	Short-term joint staff training events	VET	06-2022	14	0	12.120,00 EUR
Total								12.120,00 EUR

Activity Details (C1)

In this section, you are asked to provide details about this specific activity.

The section consists of two parts: Activity Details and Groups of Participants.

In the first part (Activity Details) you are asked to provide information about the planned activity as a whole (e.g. its venue, duration, etc.), to define the activity's lead organisation, and to list the other participating organisations. The lead organisation is typically the one hosting the activity in its premises. In case you decide to organise the activity outside of the lead organisation's premises, you must respect the detailed rules provided in the Programme Guide and you need to provide an explanation for this choice as part of the activity description. The other participating organisations are all project partners who will send their participants to take part in the activity. Adding a partner organisation to the list of participating organisations will allow you to ask funding for their participants in the second part of this section.

In the second part (Groups of Participants) you are asked to provide some details about the participants who will take part in this activity. The main purpose of this section is to calculate the budget that the project will receive for the participants' travel, individual support and other expenses. The participants are organised in groups for easier calculation. Each group and its budget are linked to their sending organisation.

Note on short-term joint staff training events:

Please take note that the purpose of this type of activity is joint learning and exchange between the participants, as explained in the Programme Guide. The purpose of the activity is not to discuss and manage the project itself. While the involved staff members may discuss project management issues before or after joint staff training events, such discussions cannot form the core part of the event and do not count towards the minimum eligible duration. If staff from project partners needs to meet to discuss project management issues only, then funds for Transnational Project Meetings should be used to pay for their expenses.

Field

VET

Activity Type

Short-term joint staff training events

Activity Title

TRAIN THE TRAINER PROGRAM

Activity Description (including profile of participants per organisation, goals and results of the activity)

The training of partners will take place in June or July 2021 in Nicosia, Cyprus, at the premises of UCY. The concrete dates for the training will be determined during the second Meeting in Italy, as will be taken into consideration the work schedule of the hosting partner, as well as the availability of the rest of the partners. The training activity primarily aims for UCY to train all partners on the digital tools they have developed in IO3 and IO4, namely the loneliness identification and loneliness prevention tools. The training is very important, as the participants will need to understand how the tools function, and how they can train others in using them. Training people to use a digital tool is one thing, but training them up to a level to be able to train themselves somebody else is something else. In specific, it is a more difficult task and we believe partners will need to spend the five days of the training in using the tools during a hands-on experience, and understanding how it would be best to train others in using the tools.

Moreover, a second aim of the training is for UMIT to train partners on the content of the face to face training. Therefore, training will be led together by UCY, AgeCare and UMIT. UCY and AgeCare will prepare beforehand a training agenda in which participants will be able to be informed of any pre-requisites for the training, as well as read learning material needed to be studied before the TtT. In this manner, participating organizations will understand before hand the training requirements and decide to send the appropriate people to the training activity. Eventually, each partner organisation will be responsible for the selection of participants for the training from their teams. The final number to be selected should be 14, 2 participants per partner organisation.

5 day Training preliminary agenda:**Day 1:**

- participants presentation and background (including their local/national network);
- Teambuilding
- Blended learning Curricula
- Prior learnings and prerequisites of participants
- Basic knowledge on loneliness
- Brief presentation of the Tools by UCY and AgeCare
- Q&A Session to answer to participants' questions

Day 2:

- Presentation of the diagnostic tool (loneliness identification tool) by AgeCare
- Q&A Session to answer to participants' questions
- Participants experience the tools under the supervision of UCY participants and technical staff of the University

Day 3:

- Presentation of the intervention tool (loneliness prevention tool) by UCY
- Q&A Session to answer to participants' questions
- Participants experience the tools under the supervision of UCY participants and technical staff of the University

Day 4:

- Loneliness – prevalence and consequences
- Loneliness an social isolation, network theories
- Intervention strategies

Day 5:

- Didactical sessions on blended learning
- Training of participants by AgeCare and UCY staff on how to train others with the tools
- Hands-on experience of participants on how to train others with the tools. As training subjects students of UCY will be used.
- How to replicate the tools in users' day by day work.
- Transfer into National dissemination events

Feedback: The participants will be asked to fill in feedback forms during the training and sign the respective attendance lists. The immediate feedback will ask for their general assessment on the training organisation and the topics touched.

Leading Organisation

UNIVERSITY OF CYPRUS (E10208585, CY)

Participating Organisations

AGECARE (CYPRUS) LTD (E10152134, CY)

ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)

Consulenza Direzionale di Paolo Zaramella (E10019696, IT)

HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)

MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)

UNIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)

Duration (days)

5

Country of Venue

Cyprus

Starting Period

06-2022

Groups of Participants

In the following table, please define the groups of participants who will require funding to participate in this activity. Participants who do not require funding (for example local participants) do not need to be specified in this part.

ID	Sending Organisation	Distance Band	Duration (days)	No. of Participants	No. of Accompanying Persons	Grant
1	AGECARE (CYPRUS) LTD (E10152134, CY)	10-99 km	5	2	0	1.100,00 EUR
2	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	2000-2999 km	7	2	0	2.204,00 EUR
3	Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	2000-2999 km	7	2	0	2.204,00 EUR
4	HAFELEKAR UNTERNEHMENSBERATUNG SCHOBBER GMBH (E10061578, AT)	2000-2999 km	7	2	0	2.204,00 EUR
5	MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	2000-2999 km	7	2	0	2.204,00 EUR
6	UNIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	2000-2999 km	7	2	0	2.204,00 EUR
7	UNIVERSITY OF CYPRUS (E10208585, CY)	0-9 km	0	2	0	0,00 EUR
Total						12.120,00 EUR

Group of Participants 1 Activity C1 (Short-term joint staff training events - TRAIN THE TRAINER PROGRAM)

Sending Organisation - Country		Country of Venue		
AGECARE (CYPRUS) LTD (E10152134, CY) - Cyprus		Cyprus		
Activity Type	Duration (days)	No. of Participants	No. of Accompanying Persons	Total No. of Participants and accompanying persons
Short-term joint staff training events	5	2	0	2

Group of Participants Budget

To estimate the distances between places, please use the European Commission's [distance calculator](#)

Travel

If you expect to support participants or accompanying persons for whom the standard travel grant is not sufficient (e.g. due to geographical remoteness, cleaner, lower carbon emission means of transport), you may request a reimbursement of costs based on real cost of travelling.

In this case, the maximum amount that can be requested under this budget category is 80% of the actual travel cost.

The justification for requesting exceptional costs for expensive travel needs to include a short description of the expected itinerary and the reasons why exceptionally high costs are expected. The costs can be considered exceptionally high only if the standard travel grant does not cover at least 70% of the actual travel costs (for more details, please consult the Programme Guide). During project implementation, an exceptional costs travel grant may be replaced by a standard travel grant if the incurred costs are lower than estimated.

Please be aware that you may not combine the standard travel grant and the exceptional costs for expensive travel for the same person. Any single participant or accompanying person may only receive one type of travel grant.

Distance Band	No. of Persons	Grant per Participant	Total Travel Grant
10-99 km	2	20,00 EUR	40,00 EUR

Individual Support			
No. of Participants	Duration per Participant (days)	Grant per Participant	Total (for Participants)
2	5	530,00 EUR	1.060,00 EUR
No. of Accompanying Persons	Duration per Accompanying Person (days)	Grant per Accompanying Person	Total (for Accompanying Persons)
0	0	0,00 EUR	0,00 EUR
Total Individual Support Grant			1.060,00 EUR

Group of Participants 2 Activity C1 (Short-term joint staff training events - TRAIN THE TRAINER PROGRAM)				
Sending Organisation - Country		Country of Venue		
ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES) - Spain		Cyprus		
Activity Type	Duration (days)	No. of Participants	No. of Accompanying Persons	Total No. of Participants and accompanying persons
Short-term joint staff training events	5	2	0	2

Group of Participants Budget

To estimate the distances between places, please use the European Commission's [distance calculator](#)

Travel

If you expect to support participants or accompanying persons for whom the standard travel grant is not sufficient (e.g. due to geographical remoteness, cleaner, lower carbon emission means of transport), you may request a reimbursement of costs based on real cost of travelling.

In this case, the maximum amount that can be requested under this budget category is 80% of the actual travel cost.

The justification for requesting exceptional costs for expensive travel needs to include a short description of the expected itinerary and the reasons why exceptionally high costs are expected. The costs can be considered exceptionally high only if the standard travel grant does not cover at least 70% of the actual travel costs (for more details, please consult the Programme Guide). During project implementation, an exceptional costs travel grant may be replaced by a standard travel grant if the incurred costs are lower than estimated.

Please be aware that you may not combine the standard travel grant and the exceptional costs for expensive travel for the same person. Any single participant or accompanying person may only receive one type of travel grant.

Distance Band	No. of Persons	Grant per Participant	Total Travel Grant
2000-2999 km	2	360,00 EUR	720,00 EUR

Individual Support

No. of Participants	Duration per Participant (days)	Grant per Participant	Total (for Participants)
2	7	742,00 EUR	1.484,00 EUR
No. of Accompanying Persons	Duration per Accompanying Person (days)	Grant per Accompanying Person	Total (for Accompanying Persons)
0	0	0,00 EUR	0,00 EUR
Total Individual Support Grant			1.484,00 EUR

Group of Participants 3 Activity C1 (Short-term joint staff training events - TRAIN THE TRAINER PROGRAM)

Sending Organisation - Country		Country of Venue		
Consulenza Direzionale di Paolo Zaramella (E10019696, IT) - Italy		Cyprus		
Activity Type	Duration (days)	No. of Participants	No. of Accompanying Persons	Total No. of Participants and accompanying persons
Short-term joint staff training events	5	2	0	2

Group of Participants Budget

To estimate the distances between places, please use the European Commission's [distance calculator](#)

Travel

If you expect to support participants or accompanying persons for whom the standard travel grant is not sufficient (e.g. due to geographical remoteness, cleaner, lower carbon emission means of transport), you may request a reimbursement of costs based on real cost of travelling.

In this case, the maximum amount that can be requested under this budget category is 80% of the actual travel cost.

The justification for requesting exceptional costs for expensive travel needs to include a short description of the expected itinerary and the reasons why exceptionally high costs are expected. The costs can be considered exceptionally high only if the standard travel grant does not cover at least 70% of the actual travel costs (for more details, please consult the Programme Guide). During project implementation, an exceptional costs travel grant may be replaced by a standard travel grant if the incurred costs are lower than estimated.

Please be aware that you may not combine the standard travel grant and the exceptional costs for expensive travel for the same person. Any single participant or accompanying person may only receive one type of travel grant.

Distance Band	No. of Persons	Grant per Participant	Total Travel Grant
2000-2999 km	2	360,00 EUR	720,00 EUR

Individual Support			
No. of Participants	Duration per Participant (days)	Grant per Participant	Total (for Participants)
2	7	742,00 EUR	1.484,00 EUR
No. of Accompanying Persons	Duration per Accompanying Person (days)	Grant per Accompanying Person	Total (for Accompanying Persons)
0	0	0,00 EUR	0,00 EUR
Total Individual Support Grant			1.484,00 EUR

Group of Participants 4 Activity C1 (Short-term joint staff training events - TRAIN THE TRAINER PROGRAM)				
Sending Organisation - Country		Country of Venue		
HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT) - Austria		Cyprus		
Activity Type	Duration (days)	No. of Participants	No. of Accompanying Persons	Total No. of Participants and accompanying persons
Short-term joint staff training events	5	2	0	2

Group of Participants Budget

To estimate the distances between places, please use the European Commission's [distance calculator](#)

Travel

If you expect to support participants or accompanying persons for whom the standard travel grant is not sufficient (e.g. due to geographical remoteness, cleaner, lower carbon emission means of transport), you may request a reimbursement of costs based on real cost of travelling.

In this case, the maximum amount that can be requested under this budget category is 80% of the actual travel cost.

The justification for requesting exceptional costs for expensive travel needs to include a short description of the expected itinerary and the reasons why exceptionally high costs are expected. The costs can be considered exceptionally high only if the standard travel grant does not cover at least 70% of the actual travel costs (for more details, please consult the Programme Guide). During project implementation, an exceptional costs travel grant may be replaced by a standard travel grant if the incurred costs are lower than estimated.

Please be aware that you may not combine the standard travel grant and the exceptional costs for expensive travel for the same person. Any single participant or accompanying person may only receive one type of travel grant.

Distance Band	No. of Persons	Grant per Participant	Total Travel Grant
2000-2999 km	2	360,00 EUR	720,00 EUR

Individual Support

No. of Participants	Duration per Participant (days)	Grant per Participant	Total (for Participants)
2	7	742,00 EUR	1.484,00 EUR
No. of Accompanying Persons	Duration per Accompanying Person (days)	Grant per Accompanying Person	Total (for Accompanying Persons)
0	0	0,00 EUR	0,00 EUR
Total Individual Support Grant			1.484,00 EUR

Group of Participants 5 Activity C1 (Short-term joint staff training events - TRAIN THE TRAINER PROGRAM)

Sending Organisation - Country		Country of Venue		
MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT) - Lithuania		Cyprus		
Activity Type	Duration (days)	No. of Participants	No. of Accompanying Persons	Total No. of Participants and accompanying persons
Short-term joint staff training events	5	2	0	2

Group of Participants Budget

To estimate the distances between places, please use the European Commission's [distance calculator](#)

Travel

If you expect to support participants or accompanying persons for whom the standard travel grant is not sufficient (e.g. due to geographical remoteness, cleaner, lower carbon emission means of transport), you may request a reimbursement of costs based on real cost of travelling.

In this case, the maximum amount that can be requested under this budget category is 80% of the actual travel cost.

The justification for requesting exceptional costs for expensive travel needs to include a short description of the expected itinerary and the reasons why exceptionally high costs are expected. The costs can be considered exceptionally high only if the standard travel grant does not cover at least 70% of the actual travel costs (for more details, please consult the Programme Guide). During project implementation, an exceptional costs travel grant may be replaced by a standard travel grant if the incurred costs are lower than estimated.

Please be aware that you may not combine the standard travel grant and the exceptional costs for expensive travel for the same person. Any single participant or accompanying person may only receive one type of travel grant.

Distance Band	No. of Persons	Grant per Participant	Total Travel Grant
2000-2999 km	2	360,00 EUR	720,00 EUR

Individual Support			
No. of Participants	Duration per Participant (days)	Grant per Participant	Total (for Participants)
2	7	742,00 EUR	1.484,00 EUR
No. of Accompanying Persons	Duration per Accompanying Person (days)	Grant per Accompanying Person	Total (for Accompanying Persons)
0	0	0,00 EUR	0,00 EUR
Total Individual Support Grant			1.484,00 EUR

Group of Participants 6 Activity C1 (Short-term joint staff training events - TRAIN THE TRAINER PROGRAM)				
Sending Organisation - Country		Country of Venue		
UMIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT) - Austria		Cyprus		
Activity Type	Duration (days)	No. of Participants	No. of Accompanying Persons	Total No. of Participants and accompanying persons
Short-term joint staff training events	5	2	0	2

Group of Participants Budget

To estimate the distances between places, please use the European Commission's [distance calculator](#)

Travel

If you expect to support participants or accompanying persons for whom the standard travel grant is not sufficient (e.g. due to geographical remoteness, cleaner, lower carbon emission means of transport), you may request a reimbursement of costs based on real cost of travelling.

In this case, the maximum amount that can be requested under this budget category is 80% of the actual travel cost.

The justification for requesting exceptional costs for expensive travel needs to include a short description of the expected itinerary and the reasons why exceptionally high costs are expected. The costs can be considered exceptionally high only if the standard travel grant does not cover at least 70% of the actual travel costs (for more details, please consult the Programme Guide). During project implementation, an exceptional costs travel grant may be replaced by a standard travel grant if the incurred costs are lower than estimated.

Please be aware that you may not combine the standard travel grant and the exceptional costs for expensive travel for the same person. Any single participant or accompanying person may only receive one type of travel grant.

Distance Band	No. of Persons	Grant per Participant	Total Travel Grant
2000-2999 km	2	360,00 EUR	720,00 EUR

Individual Support

No. of Participants	Duration per Participant (days)	Grant per Participant	Total (for Participants)
2	7	742,00 EUR	1.484,00 EUR
No. of Accompanying Persons	Duration per Accompanying Person (days)	Grant per Accompanying Person	Total (for Accompanying Persons)
0	0	0,00 EUR	0,00 EUR
Total Individual Support Grant			1.484,00 EUR

Group of Participants 7 Activity C1 (Short-term joint staff training events - TRAIN THE TRAINER PROGRAM)

Sending Organisation - Country		Country of Venue		
UNIVERSITY OF CYPRUS (E10208585, CY) - Cyprus		Cyprus		
Activity Type	Duration (days)	No. of Participants	No. of Accompanying Persons	Total No. of Participants and accompanying persons
Short-term joint staff training events	5	2	0	2

Group of Participants Budget

To estimate the distances between places, please use the European Commission's [distance calculator](#)

Travel

If you expect to support participants or accompanying persons for whom the standard travel grant is not sufficient (e.g. due to geographical remoteness, cleaner, lower carbon emission means of transport), you may request a reimbursement of costs based on real cost of travelling.

In this case, the maximum amount that can be requested under this budget category is 80% of the actual travel cost.

The justification for requesting exceptional costs for expensive travel needs to include a short description of the expected itinerary and the reasons why exceptionally high costs are expected. The costs can be considered exceptionally high only if the standard travel grant does not cover at least 70% of the actual travel costs (for more details, please consult the Programme Guide). During project implementation, an exceptional costs travel grant may be replaced by a standard travel grant if the incurred costs are lower than estimated.

Please be aware that you may not combine the standard travel grant and the exceptional costs for expensive travel for the same person. Any single participant or accompanying person may only receive one type of travel grant.

Distance Band	No. of Persons	Grant per Participant	Total Travel Grant
0-9 km	2	0,00 EUR	0,00 EUR

Activity Budget

Travel	Exceptional Cost for Expensive Travel	Individual Support	Linguistic Support	Total
3.640,00 EUR		8.480,00 EUR		12.120,00 EUR

Background Information

What is the added value of these Learning, Teaching or Training activities (including long-term activities) with regards to the achievement of the project objectives?

The Training is very important for achieving the project objectives. As the project aims at “Supporting the uptake of innovative approaches and digital technologies” through developing tools to identify loneliness and intervene against it, as well as increasing the use of digital media for training of caregivers, the training of the trainers on the aforementioned tools is considered crucial. The tools, together with the 16-hour blended learning training course implemented in the project, aim to enhance the skills of caregivers in initial and continuous professional development; this process of skills enhancement can only begin from the proper training of the partners which will train the caregivers back in their home countries. This is the reason why the consortium thinks it is imperative for this TtT to be conducted in the suggested length (5 days).

How will you select, prepare and support participants and ensure their safety? Please describe the practical arrangements including training, teaching or learning agreements, if applicable.

In terms of practical organization of this activity, UCY will prepare an infopack for participants in advance, to help with travel and accommodation arrangements. The activity will be conducted in English as the default language for communication between the partner organizations.

To enhance the impact of this activity beyond the participants, a summary document will be prepared (led by UCY and with inputs from all partners), highlighting key learnings and examples of best practice. This will contain all needed learning materials for the face-to-face part of the training and for the online-Course.

This will be produced initially in English and then translated to all partner languages and made available on the project website and circulated both within the partner organizations and among the wider project network (e.g. links via project newsletter). Partners will be encouraged to actively share the information and examples they learned about with their colleagues. All resources used for the activity – presentations, handouts etc., will be shared among partners via the project online repository, and the most relevant documents will be made available on-line (in English).

Participants are partners in the project, participating in the activities from the beginning.

Please also describe the arrangements for recognition or validation of the learning outcomes of the participants in Learning, Teaching or Training activities. Will your project make use of European instruments like Europass, ECVET, Youthpass, ECTS etc. or any national instruments/certificates?

All learning objectives for the TtT-programme will be defined according to the ECVET-Standards (European Credit system for Vocational Education and Training) as main transparency tool for VET-education in Europe.

We will also map the learning outcomes against the respective NQFs to fit the requirements of EQF (European Qualification Framework) as General frameworks for the Validation and recognition of the learning Outcomes.

All partners already got wide experiences with these tools, thanks to several EU projects (most of them are Erasmus plus KA2); so, they could disseminate and involve local authorities, Stakeholders and training bodies (VETs, HEIs, training providers).

Moreover, in some participant countries we will also, at least, aware and inform/involve our local authorities (i.e. the regional departments for training and or labour) about this trans-national learning activity in Cyprus.

For example, the Italian partner (CONSULENZA DIREZIONALE) is cooperating with some local partner that are dealing with validation processes, but also directly the regional authority.

Last but not least, the three involved universities (UMit from Austria, UCY von Cyprus and MRU from Lithuania) plan to implement the Curricula into their VET-related further education Programmes (for "In-Service" staff in elderly care) as well as in their initial education Programmes at Bachelor and/or master Degree Level.

This approach will also guarantee a strong and direct recognition and validation of the project learning outcomes.

Special Costs

In this section, you may request budget for types of expenses that are funded based on their actual cost. For more detailed information on what can be supported, please consult the Programme Guide or request advice from your National Agency.

Special Needs Support

ID	Organisation	Country of the Organisation	No. of Participants With Special Needs	Description and Justification	Requested Grant
Total					0,00 EUR

Exceptional Costs

ID	Organisation	Country of the Organisation	Description and Justification	Requested Grant (75% of Expected real cost)
1	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	Spain	Translation-support for IO1-IO5	900,00 EUR
2	Consulenza Direzionale di Paolo Zaramella	Italy	Translation-support for IO1-IO5	900,00 EUR
Total				14.000,00 EUR

ID	Organisation	Country of the Organisation	Description and Justification	Requested Grant (75% of Expected real cost)
	(E10019696, IT)			
3	AGECARE (CYPRUS) LTD (E10152134, CY)	Cyprus	Translation-support for IO1-IO5	900,00 EUR
4	UNIT- PRIVATE UNIVERSITAT FUER GESUNDHEITSWISSENSCHAFTEN, MEDIZINISCHEINFORMATIK UND TECHNIK GMBH (E10209122, AT)	Austria	Translation-support for IO1-IO5	1.200,00 EUR
5	MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	Lithuania	Cost of External Evaluation. External evaluation is required to provide independent advice, and act as a critical friend in the development process. The key role is to ensure the quality of the products and advise for sustainable implementation of the results.	3.000,00 EUR
6	MYKOLO ROMERIO UNIVERSITETAS (E10191520, LT)	Lithuania	Video production, audio voice over	900,00 EUR
7	ASOCIACION CAMINOS - ASOCIACION PARA EL INTERCAMBIO EDUCACION Y DESARROLLO SOCIAL (E10030595, ES)	Spain	Video production, audio voice over	900,00 EUR
8	Consulenza Direzionale di Paolo Zaramella (E10019696, IT)	Italy	Video post production, audio voice over	900,00 EUR
9	MYKOLO ROMERIO UNIVERSITETAS	Lithuania	Translation-support for IO1-IO5	900,00 EUR
Total				14.000,00 EUR

ID	Organisation	Country of the Organisation	Description and Justification	Requested Grant (75% of Expected real cost)
	(E10191520, LT)			
10	UNIVERSITY OF CYPRUS (E10208585, CY)	Cyprus	Video production (footage and postproduction), audio voice over	1.500,00 EUR
11	HAFELEKAR UNTERNEHMENSBERATUNG SCHOBER GMBH (E10061578, AT)	Austria	Video production (footage and postproduction), audio voice over	2.000,00 EUR
Total				14.000,00 EUR

Follow-up

Impact

What is the expected impact on the participants, participating organisations, target groups and other relevant stakeholders?

On local, National and European policy makers:

The project will enhance (also) digital skills of experts/trainers for age management, to foster their employability and entrepreneurial competences.

By setting up the digital tools / courses, we will strengthen educators with new competences to reinforce their teaching practice on communication and digital skills, leading to earners developing stronger skills.

It will reach digital competence centers of several EU countries, and provide evidence-based for policy making, offering a bottom-up solution to support educators and learners in the Youth sector.

Many digital competence centers and e-facilitators all over Europe will be reached through the website, partners online newsletter and channels, multiplier events and the digital tools and the Guidelines (final training programs and recommendations).

Also, policymakers, EU Commission, HEs and scientific research centers will be informed About project results.

Sustainability is guaranteed by embedding the project training course and toolkit in the training offers of project partners and potentially of other competence centers across Europe.

In more details::

On local and regional levels in testing phases / countries, the project will have impact on:

- Staff members and respective experts/stakeholders of their own organisation (around 400),
- Staff members and respective experts/stakeholders of organizations in their immediate network, e.g. in Italy thorough several stakeholders in the field of elderly care centers, or at university Level through the "age management department).
- VET and adult education policy makers, funding authorities and programme responsible for planning new respective projects, education offers to elderly etc.

Each partner, also thanks to its stakeholder network and associated partners, will strongly promote the interim and final project results, through traditional (website, press release, emails, etc) and "digital" ways (i.e. social media).

The communication target group will be focused, above all, to relevant stakeholders, at local and national level, because the project "ambition" is basically linked with new way to train experts and workers in the field of elderly policies.

On other organizations:

The expected impact of the methodology on the modernization and increasing the quality of Services of non-formal training providers and other competence centers working with elderly needs around Europe is high.

Each partner will promote the project results to its member organizations.

Many of them already similar trainings, but others have more limited training offers. Proposing them a methodology together with a toolkit and recommendations on how to implement the project will help them to become more innovative and to better align their training programs to the needs of the labour market.

The follow up activities coordinator will also set up a set of indicators (in a qualitative and quantitative approach) with a KPI logic.

We should also add, in term of concrete impacts:

- 10/15 staff members during the "train the trainers" week activities, planned in Cyprus;
- at least 150/200 direct visitors in our social platforms and web.
- at least 25 organisations trained by our Blended Learning Solution who also apply the digital tools
- Implementation of Blended Learning Solution and usage of Digital Tools in all Partner countries

What is the desired impact of the project at the local, regional, national, European and/or international levels?

At local, regional, national level:

- Professionalization of workers/trainers and institutions in relation to offers modern and digital skills provision targeted at learners,
- Professionalization of workers/trainers and institutions in relation to offers of employability skills provision targeted at learners,
- Integration of validated innovative training models into existing programs of education, in HEs and VETs providers too;
- Enhancement of educational resources available to people/trainers/experts entering the job market, thus enhancing their employability and social prospects,
- Improvement of business environment for companies / bodies / elderly care centers in gaining access to better prepared workers and in supporting the creation of i.e. start-ups or new innovative services.

Impact at European level:

The desired impact of the project at European level will be also guaranteed by the contribution of a range of highly relevant partners from different countries, through the following main actions:

- The creation of cross-sectorial synergies of expertise in the project field, enabling the configuration of a much richer programme of activities and results for the benefit of educators,
- The development of a Toolkit for e-facilitators will contribute to the EU goal of strengthening the professional profile of the Educators through the development of an innovative didactical methodology, which includes the exchange and sharing of experiences and resources between different countries,
- A wide EU dissemination approach with the aim of advising and enrolling further countries to make use of the project's results.

The long-term desired impact of the project on the European level is that organizations working with experts/workers for elderly are recognised as innovative trainings hubs, capable of catching up with the latest developments in teaching digital skills as transversal skills in an accessible way to their specific target groups.

The project will also raise awareness among education and training organizations, civil Society organizations and policy-makers About the importance of developing digital and communication skills to foster employability and professional development.

The project will also provide evidence-based for policy making at European level, offering Policy recommendations based on the experience in no. 5 involved countries.

Moreover, the project online platform and communities of users containing training course materials will be promoted at local, national and international level. Key stakeholders will be reached, firstly, as

part of the Partners' own multi-stakeholder networks which are already very extensive (see some specific paragraphs in the application form).

This online environment will lead to the creation of (i) a professional network of trainers and other stakeholders interested in applying open technologies, (ii) an evolving repository of case studies and

good practices in the field, and (iii) an environment for sharing experiences, developing competences and, indeed, working together.

How will you measure the previously mentioned impacts?

- At least 220 experts involved through the project workshops / multiplier events.
 - innovative tools and APPs designed and implemented in no. 5 countries.
 - At least 150 primary and 250 secondary target persons aware and involved in the project activities.
- Many more reached as a part of dissemination/promotion/sustainability activities throughout Europe.
- At least 25 organisations (no. 5 per country) informed and involved with the project

Dissemination and Use of Project's Results

You are requested to make plans for the dissemination of your project results. Please provide answers to the questions below.

What will be the target groups of your dissemination activities inside and outside your partnership?

Please define in particular your target audience(s) at local/regional/national/EU level and motivate your choice.

The target groups for our dissemination activities are, mainly:

- INSIDE OUR PARTNERSHIP: all the staff members of each partner, including the closed network (i.e. associated partners; each partner is able to involve at least 2 or 3 of them, in their single Regions or Country).

As written in the participating organizations part, all partners have a strong commitment at local level, due to several projects and initiatives made also in the project topic. In particular, the universities are able, directly, to involve students, trainers and experts that are working in their organizations.

- OUTSIDE OUR PARTNERSHIP: each partner has also a wide external network, composed by: stakeholders, local institutions, local volunteers associations, health districts, elderly care centers (that include for example social workers, doctors and nurses), VETs and HEs bodies, experts in the project field (general practitioners, nurses, social workers, etc) but also ICT / e-tools and e-platforms consultants.

At European level:

- Educators (training providers) working with elderly people in the non-formal sector. The dissemination activities aimed at them will raise their awareness on the project methodology and training course, which are intended to help them implement the training in their organizations.
- each partner members and stakeholders will be addressed by dissemination activities, mainly by i.e. annual network events, platforms and other regular communication channels.
- European policy makers will be kept informed on the project progress and results and dissemination towards them will be aimed at raising their awareness about the topic of the project and its results.

Policy representatives will be invited to participate at the project multiplier event.

At national level:

- all partners (in particular the four Universities) have a wide network of stakeholders also at national level. So, these target groups will get all the interim and final results and project outcomes.

At local/regional level:

- each partner is very active in its region/district, including also experts/consultants and trainers that are working on elderly case issues and connected ICT contents;
- there are also several local/regional associated partners (see the specific paragraph) that for sure will be informed about project outcomes.

Which activities will you and your partner carry out in order to share the results of your project beyond your partnership?

The dissemination activities will be implemented throughout the duration of the project.

CONSULENZA DIREZIONALE will develop a communication and dissemination plan in line with the pre-established objectives, coordinating with the project leader and project partners in order to make communication more effective even at the level of European networking.

- The communication plan will be divided into the following sections:

- Message: what information will be disseminated.
- Audience (target groups): to whom information will be disseminated.
- Purpose: why the information will be disseminated to certain users.
- Method: methods for disseminating information.
- Timing: times for information dissemination.
- Evaluation: monitoring the impact and effectiveness of dissemination activities.

The communication plan aims to achieve the following objectives by running activities both online and offline:

- Disseminate information both on the project in general and on specific activities and products developed within it, highlighting its added value and innovation.
- Strengthen and expand the involvement and participation of the target systems/groups.
- Facilitate and strengthen relations between the project partners in order to achieve the expected results.
- Provide a "brand" to the project through the development of a visual identity that becomes familiar and therefore easily and immediately recognized.
- Publicize the funding by the European Commission and what it is doing to develop the skills of young people.

Dissemination activities that will take place throughout the project lifecycle will include:

- Creating a general dissemination plan (M1 and M2).
- Definition of single (regional/national) specific dissemination contents (M3)
- Creating a project identity and website (M2, M3).
- Setting up social media channels (from M3 to M5).
- Drawing up a list of events appropriate for dissemination of the project (M6)
- Utilizing all the tools set up by the project as well as those available to partners (from M6 to the project ending).
- Utilizing existing networks and channels and identifying and building/joining new ones from M6 to the project ending)..
- Setting up and following reporting procedures (M8, M16, M24)
- Ensuring timeliness, effectiveness and quality (from M20 to the project ending).

University of Cyprus will strongly support CONSULENZA DIREZIONALE by dissemination activities at their local, regional and national levels as well as through channels and networks available to them on European level.

In practice, activity leader will plan and implement the following dissemination channels:

- project web site;
- Facebook general page; plus specific sections in different country languages. The target will be at least 100 fans per country. In Facebook page there will be: project basic information, videos, tutorials, texts and all the useful information; news and videos will be up-to date at least two times per month;
- there will be also several Whatapps groups, made for single partner and country (for example at local level with volunteer associations, just for up-to date them about project

progresses);

- no. 5 numbers of project newsletter, in several languages. All the news will be post also in different social media channels (web, Facebook, LinkedIn, etc.);
- as written above, all the project information and results/tools (interim and finals) will be shared with local/regional and national associated partners too.

Who will be responsible for the dissemination activities within your partnership and which specific expertise do they have in this area? What resources will you make available to allow for the proper implementation of your dissemination plans?

The dissemination activities will be coordinated by CONSULENZA DIREZIONALE (Italy) with support of the project Coordinator and, partially, with the other partners.

The responsibilities of CONSULENZA DIREZIONALE as dissemination leader include:

- drafting the dissemination plan,
- designing the project logo and project visual identity (project templates etc.),
- development and maintenance of the project website,
- monitoring and coordination of the scheduled project dissemination activities at local and national level. It will supervise the timeline for the dissemination activities and every 6 month partners will report the achieved results of the implemented dissemination activities to the dissemination templates,
- design the project leaflet in English and project languages in cooperation with the partners (each partner will translate and print the leaflet),
- produce contents of the leaflet and project website in collaboration with all project partners.

All project partners will actively contribute to dissemination activities. They have been selected also for their experience and success in dissemination activities, for their networks and key contacts that can support the transfer, mainstreaming and multiplier effect in the adult education sector.

Each partner, based on its networks and thanks to the participation in other national and EU projects, has a well-founded valorization strategy and a sound capacity to promote project's results.

Each of them will make available at least 1 experienced internal resource to implement the project dissemination plan.

CONSULENZA DIREZIONALE will be responsible also for the dissemination activities at European level.

It disposes of a wide network from all around Europe, among which it will regularly spread information about the project progress and how they can be involved.

CONSULENZA DIREZIONALE will use its dissemination and communication channels, including the website, newsletter and its online community site and social media channels – Facebook (over 2,500 fans), Twitter (1985 followers), etc..

An interesting way to evaluate and show the dissemination results is the combination of tools such as video-interviews with statistical data of questionnaires.

Through the project website and a social profile we could evaluate the link between the institution / company demands of the qualitative offers and the ability to link (through i.e. coaches/teachers) and the main project actors.

You can see the snapshots of the various players involved (i.e. through video-interviews). Videointerviews and statistical data can be published on the project website/social; and, after that, can be shared for dissemination through traditional media (i.e. newspapers and television) and/or used by all public/private entities that deal with young people.

Everything can be considered as a “starting point for discussion” and “laboratories” within the no. 5 involved countries.

And, in the future, as experimentation of the same model for next projects, in a view of concrete sustainability after the EU grant.

CONSULENZA DIREZIONALE will ensure all the dissemination activities (in term of planning, timetable, support to all partners, implementation and monitoring / follow up) thanks to Mrs Ana Laura Benachio. She will be in charge of the mentioned activities. She has a wide experience in communication, dissemination and above social media marketing (4 years ago she got a Master degree in these topics). Mrs Benachio also got a degree in "education and training for elderly people; so she is able to manage didactical and pedagogical methodologies and tools, in line with project goals and contents.

CONSULENZA DIREZIONALE will also prepared a detailed dissemination report that, each 6 months, will be filled in by each partner / country. This document is useful, not only for reporting dissemination activities, but also for monitoring and improving them, month by month.

CONSULENZA DIREZIONALE will lead all these activities; anyway, each partner/country will ensure the implementation phases (and monitoring / follow up too) finding and involving one person, responsible for local dissemination activities.

Erasmus+ has an open access requirement for all materials developed through its projects. If your project is producing intellectual outputs/tangible deliverables, please describe how you intend to ensure free access for the public to a digital form of this material. If you intend to put any limitation on the use of the open licence, please specify the reasons, extent and nature of this limitation.

The Intellectual outputs produced as well as other materials gathered and produced will be available publically in a digital form under Creative Commons license, thus making them available to as wide an audience as possible.

How will you ensure that the project's results will remain available and will be used by others?

Use by others will be ensured by communication and later sustainability planning and carrying out the planned activities.

As a part of IO4 we will explore future funding to continuously revise and update the methodology, which would require less resources once the basis is there. We will look for public donors such as EU programs, but also private funding. In fact, the project topics / skills are highly likely to be priority area for both public and private donors in the future, which leads us to think that there is high potential for securing resources.

If relevant, please provide any other information you consider appropriate to give a full understanding of your dissemination plan and its expected impact (e.g. how you have identified which results are most relevant to disseminate; how you will ensure the involvement of all partners; how you see synergies with other stakeholders, etc.)

In addition to providing details in the application on the various elements and in the dissemination plan, we would like to stress that dissemination will be a common and deeply integrated process among the partners, each of which has rich and unique networks available and multiple experiences in disseminating and communicating as a part of European projects.

Strong emphasis will be put on the existing networks, partnerships, groups and already running events and campaigns, as that is the most effective starting point for any new product.

All countries do also directly involve several associated partners in the project; this emphasis on existing partnerships and networks will copy that model.

Sustainability

What are the activities and results that will be maintained after the end of the EU funding, and how will you ensure the resources needed to sustain them?

The strategy to achieve sustainability of project result will include activities aiming at attracting attention of the key stakeholders, diffusing project outcomes and supporting the community.

- The last IO5 "Blended Learning Solution on prevention of loneliness" will also include guidelines on transferability and up scaling of project results and outline how the outcomes can be exploited at both national and European level.

- At a national level, each partner will be responsible to contact the key stakeholders and end users in order to share experiences, methodologies used and results of the project.

Similarly, each Partner will act as a national project agent, responsible for the dissemination of project related activities and facilitation of take-up of results in its country. At a European level, links will be established between project website and popular web portals like LLL-P etc. The project partners thanks to their consolidated networks and key contacts will support the transfer, mainstreaming and multiplier effect in the education, training, social and institutional sectors of project outcomes.

For Austria, the Partner UMIT is already planning to provide a further Training Programme for "In Service Nurses", where the Blended Learning Solution can be used as an Independent offer or as a modul for more Extended Training. For the "loneliness Network" it is planned to build up on the results of the Interreg-Care project, where Care and Case Management is already implemented in two Pilot regions and where project results fits perfectly to their community care Concept.

For Italy, it is planned to cooperate with "Vita Sicura" ("safe life") that involves nowadays over 20 members (municipality, associations, cooperatives, some social workers, etc.).

This Institution also launched the "register of fragility", with over 10,000 elderly (over 75). It is composed by elderly people (self-sufficient persons or not) that need some services (social aids, transportation, health support, meals delivery, etc.).

So, at local / regional level, we can ensure a strong project impact, connecting our outcomes with this institutions project and also further develop some contents like: digital tools, blended training paths, care givers and social workers strong involvement, etc.).

For Cyprus we also planned the following activities for maintenance of local loneliness networks in the long-term through:

- a. Dissemination of electronic/hardcopy informative material on loneliness and Digi-Ageing project in regular time points

- b. Organization of information days

- c. Collaboration with them for the identification of new cases at risk and the administration of the intervention tool

- 2) Incorporation of the loneliness screening and assessment tool into Materia Group's regular practices regarding case management:

- a. Implementation of the loneliness screening and assessment tool for every new patient along with the regular nursing, cognitive and physiotherapeutic assessment

- b. Introduction of patients at risk to the loneliness intervention tool with the support of healthcare professionals and caregivers

- c. Maintenance of loneliness screening/assessment and intervention for discharged patients in order to provide better care of older people in the community

- 3) Continuous dissemination of the Digi-Ageing tool after project completion at a local and European level by reaching relevant stakeholders through social networks, face-to-face contacts, and sharing of electronic or hardcopy material, i.a.

For Lithuania and Spain also clear sustainability plans are also designed, based on the Loneliness preventing Networks (IO2) and the Blended Learning Solution (IO5) as well as on the usage of the Tools itself. The final Dissemination Events will be used as kick off for sustainability activities for all Partners.

- The project results will be made available under Creative Commons license, thus ensuring longterm availability and reuse.

- Moreover, project partners will embed the methodology in their training offers (or in connection with their partners, stakeholders and associated bodies) which is the surest way to maintain the project results.

For that reasons, there is a high potential that partners will re-use the project results in their Training offer.

- Future funding will be sought to continuously revise and update the methodology, which would require less resources once the basis is there.

We will look for public donors such as EU programs, but also private funding.

Digital tools and communication skills focused on elderly people needs are highly likely to be priority area for both public and private donors in the future, which leads us to think that there is high potential for securing resources.

Annexes

The maximum size of a file is 15 MB and the maximum total size is 100 MB.

The maximum number of all attachments is 100.

Please download the Declaration on Honour, print it, have it signed by the legal representative and attach.

File Name	File Size (kB)
Digi_Ageing_declaration_of_honour_Hafelekar.PDF	1,880

Please download the Mandates, print them, have them signed by the legal representatives and attach them here.

File Name	File Size (kB)
Digi_Ageing_Mandates_all partners.PDF	6,617

Please attach any other relevant documents.

File Name	File Size (kB)
Digi-Ageing Workplan.pdf	150
Total Size (kB)	8,647

Checklist

Before submitting your application form to the National Agency, please make sure that:

- ☒ It fulfils the eligibility criteria listed in the Programme Guide.
- ☒ All relevant fields in the application form have been completed.
- ☒ You have chosen the correct National Agency of the country in which your organisation is established. Currently selected NA is: AT01 OeAD – OeAD (Österreichische Austauschdienst)-GmbH

Please also keep in mind the following:

Mandates of each partner to the applicant, signed by both parties, should be submitted as an annex to the application form. If the application is approved for funding, signed mandates will be considered as a condition for signature of the grant agreement.

The documents proving the legal status of the applicant must be uploaded in the Erasmus and European Solidarity Corps platform (for more details, see Part C of the Programme Guide - 'Information for applicants').

The grant exceeds 60 000 EUR. If the applicant organisation is not a public body or an international organisation, please do not forget to upload the necessary documents to give proof of your financial capacity in the Erasmus and European Solidarity Corps platform (for more details, see the section 'Selection Criteria' in Part C of the Programme Guide).

Data Protection Notice

PROTECTION OF PERSONAL DATA

The application form will be processed electronically. All personal data (such as names, addresses, CVs, etc.) will be processed pursuant to Regulation (EC) No 45/2001 on the protection of individuals with regard to the processing of personal data by the EU institutions and bodies and on the free movement of such data. Any personal data requested will only be used for the intended purpose, i.e. the processing of your application in accordance with the specifications of the call for proposals, the management of the administrative and financial aspects of the project if eligible and the dissemination of results through appropriate Erasmus+ IT tools. For the latter, as regards the details of the projects' contact persons, an unambiguous consent will be requested.

For the full description of the collected personal data, the purpose of the collection and the description of the processing, please refer to the Specific Privacy Statement (see link below) associated with this form. http://ec.europa.eu/programmes/erasmus-plus/documents/epluslink-eforms-privacy_en.htm



I agree with the Specific Privacy Statement on Data Protection

Submission History

Version	Submission Time	Submitted by	Submission ID	Submission Status
1	22-04-2020 21:50:07	paul.schober@hafelekar.at	1651009	Submission OK